SUN MON **TUES WED THURS** FRI SAT Winter/Spring **Thursday Afternoons** Every Stay w/child or Wednesday Jan & Feb 2020 **Session:** drop off only with Momentum advanced reservation Jan. 30-May 28 **Dance Studio** FRI. JAN 31, 2020 THURS. JAN 30, 2020 10 - 11 am 3 - 4:30 pm **MOVING** into the Samarkand Skilled Nursing Multigenerational 2550 Treasure Drive, 93105 Samarkand Heritage Court **NEW YEAR with...** 3:30 - 4:30 pm 2550 Treasure Drive, 93105 Maravilla Assisted Living MOMENTUM 5486 Calle Real, 93111 **THURS. FEB 6** New WED, FEB 5 316-A Art from 3 - 4:30 pm 10 - 10:45 am doors Multigenerational Momentum the Heart Maravilla Assisted Living are 5486 Calle Real, 93111 316 State Street, 93101 open with Karen Putnam for us **WED. FEB 12** THURS, FEB 13 Valentine's Day 10 - 10:45 am 3 - 4:30 pm FRI. FEB 14, 10:30 - 11 am in Momentum Multigenerational **Santa Barbara Library** Birthday Parties, 2020 Samarkand Skilled Nursing 40 E. Anapamu, 93102 316 State Street, 93101 Classes & Events 2550 Treasure Drive, 93105 **FREE EVENT** are presented with kindness to encourage participation of **WED. FEB 19** all ages & abilities. ♥ ♥ 10 - 10:45 am **Momentum** Ages 4 months-104 years "young" are invited to dance, paint & play! 316 State Street, 93101 **THURS. FEB 27** WED. FEB 26 Additional dates/info visit website: 3 - 4:30 pm

Multigenerational

Samarkand Brandel Hall

2550 Treasure Drive, 93105

10 - 10:45 am

Momentum

316 State Street, 93101

www.ARTfromtheHEARTwithKaren.com

artfrom\_theheart@hotmail.com

Call/Text: (805) 966-9078