

SUN

MON

TUES

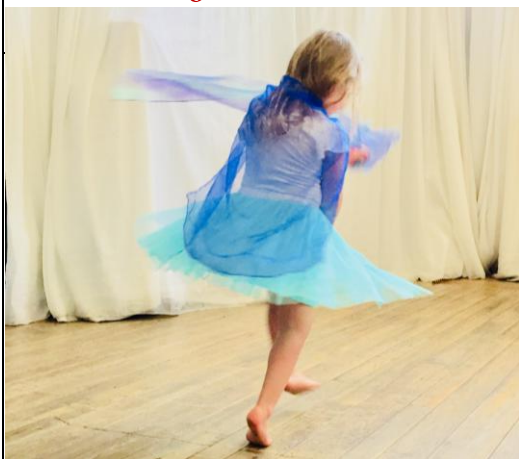
WED

THURS

FRI

SAT

# May 2020



## Art from the Heart

with Karen Putnam



### Birthday Parties, Classes & Events

are presented with kindness  
to encourage participation of  
all ages & abilities.

Ages 4 months-104 years "young" are  
invited to dance, paint & play!



Additional dates/info visit website:

[www.ARTfromtheHEARTwithKaren.com](http://www.ARTfromtheHEARTwithKaren.com)

artfrom\_theheart@hotmail.com

Call/Text: (805) 966-9078

**Every WED at  
Momentum  
Dance Studio**



**WED. MAY 6  
10 - 10:45 am  
Momentum**

316 State Street, 93101

**WED. MAY 13  
10 - 10:45 am  
Momentum**

316 State Street, 93101

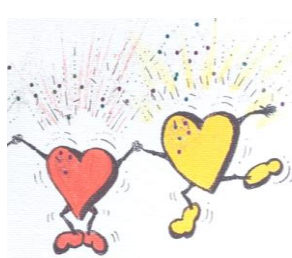
**WED. MAY 20  
10 - 10:45 am  
Momentum**

316 State Street, 93101

**WED. MAY 27  
10 - 10:45 am  
Momentum**

316 State Street, 93101

**Thursday Afternoons**  
*Stay w/child or  
drop off only with  
advanced reservation*



**THURS. MAY 7  
3 - 4:30 pm**

**Multigenerational**  
Maravilla Assisted Living  
5486 Calle Real, 93111

**THURS. MAY 14  
3 - 4:30 pm**

**Multigenerational**  
Samarkand Skilled Nursing  
2550 Treasure Drive, 93105

**THURS. MAY 21  
3 - 4:30 pm**

Outside location TBA

**Last day of  
current session:**

**THURS. MAY 28  
3 - 4:30 pm**

**Multigenerational**  
Samarkand Heritage Court  
2550 Treasure Drive, 93105

