

## TRAUMATIC LOSS 10-WEEK SUPPORT GROUP

This 10-week group is for adult survivors of traumatic loss.

Each week, we introduce different topics related to your grief journey. Through education, activities, group engagement, and support, you will have an opportunity to connect with others on the same journey. Professionally trained and experienced facilitators lead these groups that strive to cultivate a safe, supportive healing environment.

All are welcome, regardless of ethnic, cultural, and faith backgrounds. Groups generally meet for two hours which includes time for peer socialization.

## **WEDNESDAYS** | 6 P.M. - 8 P.M.

This support group will begin on Wednesday, August 16, 2023 and will continue for 10 consecutive weeks.

## **MORROW COUNTY HOSPITAL**

Conference Room C 651 Mt Gilead Rd Mt Gilead, OH 43338

## REGISTRATION

Pre-registration & a one-time group readiness assessment is required. Scan the code to complete an online interest form. Register by August 9, 2023.





