



## CAROLINE'S HARVEST

### 3 - Day Esther Fast

#### Breaking Generational Curses

#### Day 1

##### **Repentance**

*“Create in me a clean heart, O God, and renew a steadfast spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me.”*

(Psalm 51:10 - 11)

**\*\*Anoint your head and the back of your neck with oil each day of the fast. (Olive oil or any oil you have that has been prayed over by you, sanctifying it for this use.)**

Enter His gates with thanksgiving and His courts with praise. (Psalm 100:4)

Begin the fast with a time of:

##### **Thanksgiving**

##### **Praise**

##### **Worship**

Recite confession of who we are in Jesus Christ/Yeshua HaMaschiach (Page 127 in Prayer Book)

Invite the Holy Spirit to lead and guide you in the fast, highlighting any areas that you require assistance in order to receive your breakthrough.

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We war to break every stronghold, generational curse, or demonic assignment against us and our families with the ‘Word of God’ therefore, let us establish aboveall a scriptural basis for our prayers.

Here are some scriptures to assist in building faith for deliverance and breakthrough. You may also personalise them to include your own scriptures.



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**Joel 2:32**, - “And it shall come to pass, that whoever calls on the name of the Lord, shall be saved (delivered).”

**Hebrews: 4:12** - “For the Word of God is living and powerful, and sharper than any two edged sword, piercing even to the division of the soul and spirit, and of joints and marrow, and is a discernor of the thoughts and intents of the heart.”

**2 Corinthians 10:3-6** – “For though we walk in the flesh, we do not war according to the flesh. For the weapons of our warfare are not carnal, but mighty in God for the pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ, and being ready to punish all disobedience when your obedience is fulfilled.”

**Galatians 3:13** – “Christ has redeemed us from the curse of the Law, having become a curse for us (for it is written, “Cursed is everyone who hangs on a tree”), that the blessing of Abraham might come upon the Gentiles in Christ Jesus, that we might receive the promise of the Spirit through faith.”

**Matthew 3:10** – “And even now the ax is laid to the root of the trees. Therefore, every tree which does not bear good fruit is cut down and thrown into the fire.”

**1 John 1:9** – “If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.”

**Psalms 66:18**, “If I regard iniquity in my heart, the Lord will not hear.”

**Ezekiel 36:25-30** – see Holy Bible

**Psalms 24:3-5** – “Who may ascend into the hill of the Lord? Or who may stand in His holy place? He who has clean hands and a pure heart, who has not lifted up his soul to an idol, nor sworn deceitfully.”



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**Read Psalm 51 out loud** – David's Prayer of Repentance.

**Next Step: Identify areas of sin in your life that must be pruned according to the Word of God such as:**

Pride

Envy

Jealousy

Bitterness/Resentment

Unforgiveness

Unloving

Idolatry

Freemasonry

Strife

Anger/wrath

Lust

Control

Rebellion

Disobedience

Stubbornness

Wrong attitudes

Mocking spirit

Occult – including witchcraft, sorcery, necromancy, etc.

Adultery

Addictions

**\*\*Ask the Holy Spirit to reveal to you any unconfessed sins** (see Page 52 in Prayer book)

### **Prayer Book for Prayers**

Forgiveness of sins on pages 42 & 56

Prayer to let go of bitterness or resentment can be found on page 93.



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Day 2

### **The Believer's Authority**

*“Behold, I give you authority to trample on serpents and scorpions,  
and over all power of the enemy, and nothing  
by any means hurt you.”*

Luke 10:19

Enter His gates with thanksgiving and His courts with praise. (Psalm 100:4)

Begin day two fast with a time of:

**Thanksgiving**

**Praise**

**Worship**

**Anoint your head with oil.**

Decree Psalm 91

Read Authority prayer on Page 54 in red Prayer book.

During the day of Fast:

1. Meditate on the Word
2. Be Persistent
3. Ask the Holy Spirit of help, take over



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4. Endeavour to spend time in Thanksgiving, praise and worship

**\*\*Trust God in the waiting**

5. Pick a time where you won't be distracted

6. Be still and listen – prayer is two ways. Listen to what He says to your heart. Be quiet and try to hear, avoid distractions

7. Have a journal and write out what you perceive. Disregard every negative thought and feeling.

8. End your time with praise

9. Declare victory! My *victory* today is certain!

### **Establish a scriptural basis:**

Luke 10:17-19

Matthew 18:18-20

Matthew 16:17 – 19

Mark 16:17-18, 20

Ephesians 1:17-22

Colossians 2:14-15

Colossians 1:13-14

2 Timothy 4:18

2 Corinthians 5:17-18

Ephesians 2:46

### **Prayers to recite in Prayer book:**

To claim authority over the enemy (page 55)

We do not wrestle against flesh and blood (page 56)

Stronghold prayers (page 95)



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Binding & Loosing Prayer (page 67)

Prayer Against Hurtful Words (page 117)

### **Next Step: Identify the spirits blocking your breakthrough**

**Some include:**

**Jezebel – Witchcraft and Control**

**Python – Destroyer – Poverty**

**Lust – Sexual immorality**

**Infirmary – Illness/Disease(s)**

**Whoredom - Ashtoreth (Ishtar) Goddess of Fertility and War**

**Serpent spirits**

**Spirit of Death – Suicide**

### **Next Step: Enter the Courts of Heaven**

Present your previous day's repentance as a record to Jesus the Mediator of the New Covenant in order to nullify any word snares, curses, generational curses, etc. so that the enemy does not have a 'legal right' to attack you and your family. Present your "legal case" to the Lord asking Him, as your Mediator to the Father in Heaven to acquit you, according to His word in Isaiah 43:25-26.

**Next Step: Leave the Courts of Heaven & Bind and Loose – (Reference: Prayers that Rout Demons by John Eckhardt)**



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### **Next Step: Make a Declaration**

#### **Example:**

“I decree in the name of Jesus and His authority that every stronghold, generational curse, witchcraft or other demonic assignment of the enemy against my life is hereby nullified, void and canceled over me and my family. Every demon spirit is aborted, uprooted, pulled down, nullified and canceled in the mighty name of Jesus Christ of Nazareth for it is written in Colossians 1: 13 – *“He has delivered from the power of darkness and conveyed us into the Kingdom of the Son of His love, in whom we have redemption through His blood, the forgiveness of sins.” We are seated with Christ far above principalities, powers, above demonic kingdoms and thrones in heavenly places.* Thank You, Jesus!”

and

**Timothy 4:18** - “The Lord shall deliver me from every evil work and preserve me for His heavenly Kingdom.” 2

**2 Corinthians 5:17 – 18** - “Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold all things have become new.”

**Deuteronomy 9:3** says, “Therefore, understand today, that the Lord your God is He who goes over before you as a consuming fire. He will destroy them and bring them down before you; so you shall drive them out and destroy them quickly, as the Lord has said to you.”

**Deuteronomy 33:27** – “The eternal God is your refuge, and underneath are the everlasting arms; He will thrust out the enemy from before you, and will say, ‘Destroy’!”



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**Scriptures for purification of strongholds:**

**1 Corinthians 6:17** – “But he/she who is joined to the Lord is one spirit with Him.”

**Isaiah 54:14** – “We will be kept far from oppression and terror shall not come near us.”

**Isaiah 54:5** – Our Maker is our husband.

**1 John 4:4** – He who is in you is greater than he (enemy) who is in the world.

**Ezekiel 37:23** – “I will deliver them from all their dwelling places in which they have sinned and cleanse them. Then they shall be My people and I shall be their God.”

**Isaiah 9:4** – “For you have broken the yoke of his burden and the staff of his shoulder, the rod of his oppressor as in the day of Midian.”

**Isaiah 10:27** – “It shall come to pass in that day, that his burden will be taken away from your shoulder, and his yoke from your neck, and the yoke will be destroyed because of the anointing oil.”



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Day 3

### **Generational Blessing**

*Divine Reveral of Every Curse, Generational Curse over you and your family*

*“Now it shall come to pass, if you diligently obey the voice of the Lord Your God, to observe carefully all His commandments which I command you today, that the Lord Your God will set you high above all the nations of the earth. And all these blessings shall come upon you and overtake you, because you obey the voice of the Lord Your God.”*

Deuteronomy 28:1-2

**We begin by:**

**Anoint your head and back of neck with oil.**

Entering His gates with thanksgiving and His courts with praise. (Psalm 100:4)

**Thanksgiving**

**Praise**

**Worship**

During the day of Fast:

1. Meditate on the Word
2. Be Persistent
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4. Endeavour to spend time in Thanksgiving, praise and worship

**\*\*Trust God in the waiting**

5. Pick a time where you won't be distracted

6. Be still and listen – prayer is two ways. Listen to what He says to your heart. Be quiet and try to hear, avoid distractions

7. Have a journal and write out what you perceive. Disregard every negative thought and feeling.

8. End your time with praise

9. Declare victory! My *victory* today is certain!

### **Establish a scriptural basis:**

**1 Corinthians 15:57** – “But thanks be to God who gives us the victory through our Lord Jesus Christ.”

**Romans 8:37 - 39** – Yet in all these things we are more than conquerors through Him who loved us. For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God, which is in Christ Jesus our Lord.”

**Isaiah 64:4 – 5** – “For since the beginning of the world, Men have not heard nor perceived by the ear, nor has the eye seen any God besides You, who acts for the one who waits for Him. You meet him who rejoices and does righteousness, who remembers You in Your ways.”

**Isaiah 22:22** – “The key of the House of David I will lay on His shoulder; so He shall open and no one shall shut; and He shall shut, and no one shall open.”



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Prayer book:

Thank You for Your promises prayer (page 69)

Declarations: (page 125)

God's Promise to Bless Me (page 119)

Healing Prayers (page 98 – 100)

Healing Affirmations (page 130)

Word of Provision prayer (page 132)

### **Next Step: Make Declarations**

Lord we ask you to shut every door to the demonic realm that we may have opened through sin and unrighteousness. Your Word says in Isaiah 22:22, that you will shut the door and no one, not even the “loser” himself will be able to open it. We ask you to open the doors that you have for us, including divine appointments, new opportunities, jobs, relationships, etc. and shut every door on any relationship which is not for our highest good in Jesus' mighty name.

“Again, I say to you that if two of you agree on earth concerning anything that they ask, it will be done for them by My Father in heaven. For where two or three are gathered together in My name, I am there in the midst of them.” (Matthew 18:19 – 20)

We decree and declare that this deliverance is permanent in Jesus' mighty name and has now been replaced with a generational blessing in Jesus' mighty and undefeated name! We have the victory through Jesus Christ of Nazareth. No weapon, nor demonic assignment, nor word curses or smear campaign ever formed against me or my family shall prosper in Jesus' mighty name, and You Lord shall condemn every false tongue that rises up against me in judgment. This is the heritage of the servants of the Lord, and their righteousness is from Me, says the Lord.” (Isaiah 54:17)

Amen and amen!



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\*\* Remain positive in your confessions (speech). Watch out for anger, jealousy, strife, envy, competition, etc. Avoid all negative confessions, try not to worry, do not complain, murmur, forgive people and yourself quickly.

Don't reverse your Victory!

God bless you and Shalom,  
Caroline