



Prayer of Repentance

Repentance should be *lifestyle* for every believer and disciple of Jesus Christ. It is said, that even a righteous person sins seven times a day, and that all have fallen short of the glory of God. (Romans 3:23) 1 John 1:8 says, “*If we say that we have no sin, we deceive ourselves and the truth is not in us,*” and 1 John 1:9 says, “*If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.*” Therefore, each day, we should humbly approach our Lord Jesus, and Father God in heaven to confess our sins and be cleansed by His precious blood.

If we choose not to confess your sins, and remain in pride (pride is of the devil – see Job 41:34), God will not take part in any darkness because He is light, there is no darkness/shadow in Him. 1 John 1:6-7 puts it this way, “*If we say that we have fellowship with Him, and walk in darkness, we lie and do not practice the truth. But if we walk in the light as He is the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin.*”

Repentance is not a word. It a conscious decision on our part to *turn* away from sin – to do a 180 degree turn. The Greek word “Metanoia” means a change of mind and heart, a commitment to a new way of life. If someone hurts you and they say they have ‘repented’, make sure you see the ‘fruits’ of that repentance.

In conclusion, let us choose to grow spiritually and *not* say that we have ‘arrived,’ like many Christians do. Father God wants to draw our attention to those things in our character which are not of Him. He cares more about our character than our comfort and His Word says, He chastens whom He loves. Don’t despise the chastening – for He loves you.

When we walk in the light, and confess our sins, He is faithful to forgive us and cleanse us of all unrighteousness. What an awesome God we serve! Thank You, Jesus.

Remember:

King Saul sinned and preserved his image (thereby losing the throne).

King David sinned and preserved his intimacy with God (thereby not losing his throne).

God is always testing the ‘heart and the mind’ He’s not interested in external looks or rituals, He’s after your heart and wants to cleanse you of all unrighteousness for He is full of lovingkindness and mercy.



Psalm 51 is known as David's - prayer of repentance. As the Angels of the Lord hearken to His Word, recite this Psalm out loud in your sacred time with the Lord:

1 Have mercy upon me, O God according to your lovingkindness; according to the multitude of Your tender mercies, blot out my transgressions.

2 Wash me thoroughly from my iniquity, and cleanse me from my sin.

3 For I acknowledge my transgressions, and my sin is always before me.

4 Against You, You only, have I sinned and done this evil in Your sight – that You may be found just when You speak and blameless when You judge.

5 Behold, I was brought forth in iniquity, and in sin my mother conceived me.

6 Behold, You desire truth in the inward parts, and in the hidden part You will make me to know wisdom.

7 Purge me with hyssop, and I shall be clean; wash me and I shall be whiter than snow.

8 Make me hear joy and gladness, that the bones you have broken may rejoice.

9. Hide Your face from my sins, and blot out all my iniquities.

10 Create in me a clean heart, O God and renew a steadfast spirit within me.

11 Do not cast me away from Your presence, and do not take Your Holy Spirit from me.

12 Restore to me the joy of Your salvation, and uphold me by Your generous Spirit.

13 Then I will teach transgressors Your way, and sinners shall be converted to You.

14 Deliver me from the guilt of bloodshed, O God, the God of my salvation, and my tongue shall sing aloud of Your righteousness.

15 O Lord, open my lips and my mouth shall show forth Your praise.

16 For You do not desire sacrifice, or else I would give it; You do not delight in burnt offering.

17 The sacrifices of God are a broken spirit, a broken and a contrite heart – these, O God, You will not despise.

18 Do good in Your good pleasure to Zion; build the walls of Jerusalem.



19 Then, You shall be pleased with the sacrifices of righteousness, with burnt offering and whole burnt offering; then they shall offer bulls on Your altar.

Prayer time:

Quietly, in your sacred space with the Lord, confess your sins to Him. You can say, “search my heart O Lord, and show me if there is any wicked way in me,” and He will show you!

Once, the Holy Spirit shows you, repent of it. If necessary, go to those who you have harmed or wronged and ask for their forgiveness (Matthew 5:23). Remember, God *resists* the proud, but gives grace to the humble.

Finally, choose a trusted, God – fearing friend to share your sin(s) with, so that he or she may pray for you. For it is written in the Book of James 5:16, “*Confess your trespasses to one another, and pray for one another, that you may be healed.*”

Healing comes when we pray for one another. Ensure it is a friend who is trustworthy!

I hope that this prayer has blessed you!