

Live For More Worksheet

"Emptiness is life without freedom. Emptiness is living chained by fear, fear of loss, of death. I say we break those chains. We are machine men with machine minds, machine lives... I live for the dream that my children will be born free. That they will be what they like. That they will own the land their father gave them.

You must live for more."

-Eo O'Lykos

Introduction

We often find ourselves confined by the chains of fear and routine, living lives that feel mechanical and unfulfilling. It is time to break those chains and strive for a life filled with purpose.

To embark on the quest to find your Dream, begin by asking yourself the four essential questions:

What do I love?

What can I be paid for?

What am I good at?

How can I be of Service to Others?

This worksheet is designed to help you embark on a quest to discover your true calling, the Dream that will make your life worth living. By exploring and reflecting on the four essential questions below, you will uncover the path to a more fulfilling and meaningful existence.

What do I love?

What do I never get bored of?

When do I feel happiest?

What did I love to do as a child?

If I was financially secure, what would I do with my time?

If I could be the best at one thing, what would it be?

What could I talk about for hours on end?

What am I good at?

What skills do I spend time practicing?

If I had to teach something, what would I teach?

What do I excel at even when I'm not trying?

Is there something I would like to be good at?

What makes me feel good about myself?

What can I get paid for?

What have I been paid for before?

Which jobs, positions, or tasks spark my interest?

What work would I be doing if I could do anything?

What products or services do people need?

Look to the marginal and ignored. Is there an opportunity only I can see?

How Can I Be of Service to Others?

What do the people in my immediate society need?

How can I contribute positively to those around me?

What can I do or offer that would bring meaning to others?

If I could get a message across to a large group of people, what would my message be?

What would I like to see people do more of or differently?

So... How Can I Live for More?

When we can find a thread of connection between what we love, what we're good at, what we can be paid for, and how we can be of service to others aligns, we've discovered the first whispers of The Dream—the culminating idea that can reshape our entire world.

Finding our Dream is an unfolding quest to understand what truly drives us, where our skills lie, how we can turn our passion into a profession, and how we can be of service to the world around us. Remember, discovering your Dream is just the beginning. Making The Dream real is not a race but a lifelong journey. Take your time, be patient, and enjoy the process of uncovering your unique way to Live for More.

The Dream: A Quick Reference

Passion

Passion = What you love + What you're good at

Profession

Profession = What you're good at + What you can be paid for

Mission

Mission = What you love + How you can be of service to others.

Vocation

What you can be paid for + How you can be of service to others

**The Dream = My Passion + My Mission + My Profession
+ My Vocation**