



Pollen Supplement

1 portion pollen supplement feed (I use UltraBee from Mann Lake)

1.5 portion 1:1 sugar syrup (i.e. 1 cup water, 1 cup white granulated sugar)

1 capful apple cider vinegar

1 tblsp vegetable oil

Mix all together, should be soft and pliable, like cookie dough

Once mixed, place a fist sized amount on one end of a sheet of baking paper, fold over the paper and use a rolling pin, large glass or bottle to roll the patty into an even size.

Pierce several holes in the parchment paper with your hive tool and place the parcel on top of your brood frames, in the centre of the box.

Replace the lid and allow the bees to enjoy.