



# 2019 CYC COOKE SUNDAY SERIES NOR and SAILING INSTRUCTIONS

1. **Rules:** Racing will be governed by The Racing Rules of Sailing (RRS), except as modified by these Sailing Instructions.
2. **Eligibility:** The Cooke Sunday Series is open to Rhodes 19 and Town Class boats that are duly registered with their respective fleets and to all other fleets. If other fleets wish to participate, these sailing instructions will be amended with appropriate start times and instructions.
3. **Notice to Competitors:** Notices to competitors will be posted in the window of the CYC Jr sailing room.
4. **Changes to these Instructions:** Changes to these instructions will be posted per #3 above before noon on the day they will take effect and shall be signaled by displaying an “L” flag from the CYC yardarm.
5. **Schedule:** Races are scheduled for Series 1 (June 16, 23 & 30, July 14) and Series 2 (July 21, August 4, 11 & 25). There will be no make-up race for any cancelled races within the Sunday Series.

6. **Start Times:**

10:21 AM	2:00 PM*	Warning (Yellow shape + audible)
10:23 AM	2:02 PM*	Yellow removed – no sound
10:24 AM	2:03 PM*	Prep (BLUE shape + audible)
10:26 AM	2:05 PM*	Blue removed – no sound
10:27 AM		Start Rhodes 19 (Red shape + audible)
10:29 AM		Red removed – no sound
10:30 AM	2:06 PM*	Start Town Class (Red shape + audible)

\*Denotes scheduled Sunday afternoon races – July 21 Skippers Race – August 4 Kids Race

7. **General Recall:** The General Recall of a class will be signaled by two sounds from the siren after the start, posting of the “**First Repeater**” signal pennant and an announcement will be made on Channel 78. A recalled class will re-start on the next start sequence. (Changes RRS 29.2)
8. **Audible Signals:** All starting, first-place finishing, changed and shortened course signals will be with a siren except as indicated in 10.3 below.
9. **Start/Finish Line:** The start and finish line will be formed by a line between a red ball (Racing Mark “O”) and an orange plank on the CYC Race Committee Booth Railing. Mark “O” will *not* be displayed in the course description. **The time limit for Sunday races will be at the discretion of the Race Committee; approximately two hours.**
10. **Course Instructions:** The racing area is as shown on the attached chart. Applicable race marks will be posted at the Race Committee booth, as read from your **left** to your **right**. An attempt will be made to announce the race course on Channel 78. Except as noted in 10.3, a mark shall be passed on the side farthest from the next mark. In the case of a single mark course, it shall be rounded to port.
  - 10.1 **Course Restrictions:** Racers shall **NOT** proceed between Cat Island and Cat Island Rock --- or between Eagle Island and Nun #6 to the northwest of Eagle Island.
  - 10.2 **Twice around** courses will be indicated with the posting of code flag “**T**” along with the posted course marks. Mark “**O**” will not be posted but must be **rounded**, unless the course has been shortened at Mark “O” by the posting of code flag “**S**”.
  - 10.3 **Change of Course:** Code flag “**C**” shall be posted when a change of course is required for a second circuit of the race. A short blast of an air horn will call your attention to the *new* mark(s) to be rounded. The *new* mark(s) shall be posted before this signal is given. This will be the only use of the air horn. Mark “**O**” shall be rounded as if the course had not been changed. The new mark(s) shall be rounded in the same manner as the previous course mark(s) (Passed on the side farthest from the next mark) and if the second circuit is a single mark, it shall be passed on the same side as mark “O” was passed.
11. **Protests:** Protests will be the responsibility of the MTCA and the outcome will be communicated to the CYC race committee.
12. **Scoring and Prizes:** The race finishing order of will be posted for approximately seven days at the CYC Race Committee booth window. Scoring and prizes will be the responsibility of the individual classes.
13. **Safety Equipment:** Each boat must carry the safety equipment prescribed by the Coast Guard, VHF radio, suitable anchor and enough line for the sailing area, towline (32+ feet), paddle, and compass. All fiberglass boats older than 20 years are required to carry fixed flotation to float 400 pounds.
14. **Communications:** Emergency conditions, race course information and/or requests for assistance **shall** be reported to the Corinthian race booth on VHF Channel 78. *All* race participants are *required* to monitor **Channel 78** for OCS (On Course Side; aka, over early) and for racing safety. When a boat is OCS code flag “**X**” will be posted and an attempt will be made to notify all OCS boats on VHF **Channel 78**.

**(Note: See course chart attached)**