Lesson: Aesthetics and Creative Expression & Language and Literacy

(Pre-Field Trip Activity)

Age Group:	4 Years Old, Nursery
Class Size:	23 (When implementing, the class is to be broken down into half)
Theme:	Five Senses
Topic:	Vision Check (Senses: Sight)
Duration:	50 Minutes
Venue:	Nursery Classroom
Lesson Objectives:	 At the end of the lesson, children will be able to: Participate in a class discussion and talk about the occupation of an optometrist, the purpose and function of glasses through verbal communication. Decorate their own glasses using the glasses templates and art materials provided such as color pencils, crayons and colour markers.
Learning Dispositions:	Sense of Wonder and Curiosity
Environmental Set-Up:	The lesson will be conducted at the Circle time area of the classroom. The children will be seated on the floor during tune-in, class discussion and closure. However, the children will be split into two groups of four and take turns to do the artwork and learning centre activities. The first group of four will engage in the lesson activity first while seated on the chairs and table while the other groups will engage in the learning centre activities that were picked by the teacher on the playing pod mat.

Materials needed for the lesson are mahjong paper, illustrations of optical shop, glasses, optical instruments (Autorefractor, vision test occluder), eye chart, one blurred and clear pictures to illustrate how the vision of a person who needs glasses and after wearing glasses, glasses templates, color pencils, crayons, shredded colored paper, sprinkles (Refer to Annex D).

Procedures (50 minutes)

Tune in/ Circle time (10 minutes)

- 1. The teacher gathers the children to sit in front of her in the open space of the classroom.
- 2. Teacher to sing the greeting song (Good Morning/ Good Afternoon song), the Days of the Week song, and the Months of the Year song. Afterward, the teacher to write the day on the whiteboard.
- 3. Teacher to pick a boy and a girl (one group at a time) to stand in front of the class to count the number of boys or girls respectively and represent the number of boys and girls with tally marks.
- 4. Everyone will count along while the child counts and draws the tally marks.
- 5. After the child finishes writing the tally marks, teacher to write the numeral next to the tally marks to associate numeral and quantity.
- 6. Carry on the same process for the other groups (boys/girls/teachers).
- 7. Teacher to ask the children if they know what glasses or spectacle, and tell them that they will be learning and finding more about glasses.

Main activity (30 minutes)

- 1. Teacher to ask the children to think of people who wear glasses and predict why they have to wear glasses. Write down the children's answers on the whiteboard/ mahjong paper with their name.
- 2. Afterward, teacher shows a blurred and clear picture to the children and explained how each picture represents what a person sees when they do not wear glasses, and how the glasses helped them see clearly.
- 3. Teacher to then ask the children if they know where and who do people in need of glasses go or find to have their eyesight checked before making their glasses.
- 4. Afterward, the teacher shows visual aids of the optical shop, the different optical instruments, and glasses which can be found in an optical shop.
- 5. Teacher to explain what an optometrist does, the names of the instruments, glasses and its functions.
- 6. Teacher to engage in a class discussion with the children whereby the children are encouraged to state their opinions.

Questions to ask:

- Can you look around and spot anyone wearing glasses?
- Do you know why people wear glasses?
- How do glasses help people who need them? Does it allow them to see clearly?
- Do you know where people check their eyes before making their glasses?
- How do you think the optometrist checks a person's eyesight?

- 7. Teacher to move on to the lesson activity demonstration whereby the children will be designing and decorating their own glasses with the provided template and art materials.
- 8. Teacher to allocate the first group of children to be seated on the chair and table for the artwork while the second group of children will be given the learning centre activities to be involved in.
- 9. Each group will take about 10 minutes.

Closure (10 minutes)

- 1. Before ending the lesson, the teacher to emphasize the importance of taking care of the eyes
- 2. Teacher to summarize the lesson by having a discussion with the children on what was taught and what the children have learned from today's lesson.
- 3. Teacher to then informs the children that they will be visiting the optometrist on Thursday as their field trip.