

Marion County Community Mental Health Centers

Indianapolis City County Council

Public Safety and Criminal Justice Committee

August 26, 2020



Marion County's 4 Mental Health Centers

Adult and Child Health



Aspire Indiana



Community Health Network

[Gallahue Community Mental Health Center]



Sandra Eskenazi Mental Health Center [formerly Midtown]



PIKE

WASHINGTON

LAWRENCE


Aspire
Indiana™


Community
Health Network

WAYNE

CENTER

ESKENAZI
HEALTH

WARREN

DECATUR

PERRY

FRANKLIN


ADULT & CHILD
HEALTH

Marion County Mental Health Centers are certified by the Division of Mental Health and Addictions (DMHA) to provide a continuum of services for consumers needing behavioral health and/or addictions treatment, as follows:

1. Individualized treatment planning to enhance coping skills and symptom management
2. 24-hour-a-day crisis intervention services
3. Case management to fulfill individual needs – including assertive case management
4. Outpatient services
 - A. Intensive outpatient services
 - B. Substance abuse services
 - C. Counseling and treatment
5. Acute Stabilization including detoxification
6. Residential services
7. Day treatment
8. Family support
9. Medication evaluation and monitoring
10. Services to prevent unnecessary and inappropriate treatment and hospitalization and the deprivation of a person's liberty



We believe that...

Behavioral health is an essential component of health service systems and community-wide strategies that work to improve the health status.

- **Prevention Works**
- **Treatment is Effective**
- **People Recover from Mental and Substance Use Disorders**



Marion County Funding for CMHCs

- Indiana Code 12-29-2-2: County governments shall fund community mental health centers based on a formula established under Section B of that Code chapter.
- County funding under IC 12-29-2-2 is not a taxing levy, but rather a statutorily required funding levy that is adjusted annually by the statewide assessed value growth quotient
- On May 5, 2019 Gov. Holcomb signed HEA 1427 which included changes to the funding formula the Department of Local Government Finance (DLGF) uses to calculate each county's annual contribution to the community mental health center(s).
- Calendar year 2019 Marion County funding for community mental health was \$4,844,067

Funding for CMHCs

- County government funding plays a vital role in the ability of community mental health centers to provide mental health and substance use services within local communities
- The mental health centers combine Marion County funding with state funds received from the FSSA Division of Mental Health and Addiction (DMHA) to provide the federal matching rate under the Medicaid Rehabilitation Option (MRO) program, subject to intergovernmental transfer requirements.
- Every **\$1** Marion County provides generates **\$3** in MRO services (unique to CMHCs) for indigent, Medicaid, and HIP 2.0 Marion County residents with serious mental illness and/or addictions
- Household Income Limits at 100% of the Federal Poverty Level
 - Single Individual: \$12,760 Medicaid, \$17,608 HIP 2.0
 - Single Parent, Two Children: \$21,720, \$29,973 for HIP 2.0
- To offset gaps in funding, the 4 mental health centers continuously pursue grants to supplement state, county and federal dollars.

50+ Grants, including:

- City of Indianapolis (HUD) Continuum of Care - multiple grants for rental assistance and other expenses
- SAMHSA: Zero Suicides for Indiana Youth
- State Opioid Response Grant (SOR)
- VA: Supportive Services for Veteran Families (SSVF) Program
- PATH - homeless outreach and engagement in services
- DMHA (SAMHSA) PATH: Outreach to homeless individuals with serious mental illness and/or substance use disorder
- Health and Hospital Corporation of Marion County (HRSA) Ryan White Part A: Rapid HIV testing for homeless individuals.
- Neonatal Abstinence Syndrome Grant
- PBHCI- Caring for the Whole Person
- SAMHSA CABHI: Collaborative project to reduce the number of homeless people with mental health and/or substance use issues
- DMHA PARC Program and Network: advancement in the treatment of individuals in the early stages of schizophrenia and other psychotic illnesses
- DMHA Integrated Care Entity - supports integration of primary and behavioral health services to high-risk and high-need individuals
- Anthem - Blue Triangle Project - Private funding to engage, house and support homeless Anthem MCE patients
- WIPA (Work Incentives Planning Assistance)

ZEROSuicide
IN HEALTH AND BEHAVIORAL HEALTH CARE



Evidence-Based Practices

- Acceptance & Commitment Therapy (ACT)
- Be Proud Be Responsible
- Cognitive Behavioral Therapy (CBT)
- Columbia Suicide Severity Rating Scale
- Coordinated Specialty Care for Early Psychosis
- Counseling for Access to Lethal Means (CALM)
- Dialectical Behavior Therapy (DBT)
- Eye Movement Desensitization & Reprocessing (EMDR)
- High Fidelity Wraparound
- Housing First
- Illness management recovery
- Integrated Dual Diagnosis Treatment
- Living in Balance
- Matrix
- Medication Assisted Treatment (MAT)
- Metacognitive Therapy
- Moral Reconciliation Therapy
- Motivational Interviewing
- myStrength
- Parent child interaction treatment (PCIT)
- PEARLS- Older adult skills training program
- Psychopharmacology
- Schema Therapy
- Seeking Safety
- Seven Challenges
- Social Cognition and Interaction Training (SCIT)
- Supported Employment Services
- Tobacco Cessation Treatment
- Trauma Focused Cognitive Behavioral Therapy
- Whole Health Action Management (WHAM)



40+ Research Projects, including:

- Randomized Controlled Trial of Treatment for Internalized Stigma in Schizophrenia
- Improving the Delivery of Care for Patients With Drug Addiction
- Implementing Wearable Technologies as Novel Therapeutic Tools for Serious Mental Illness
- Mobile Enhancement of Motivation in Schizophrenia: A Pilot trial of a Personalized Text Message Intervention for Motivation Deficits
- Improving population and clinical health with integrated services and advanced analytics
- Ecological Momentary Assessment of Speech and Social Functioning in Serious Mental Illness
- Cortical Activation and Cognitive Performance During Repetitive Transcranial Magnetic Stimulation in First-Episode Psychosis: A Pilot Study
- The clinical effectiveness and cost-effectiveness of Lamotrigine in borderline personality disorder
- A closer look: Social media's effects and special consideration on body dysmorphic disorder
- When EPS strikes: Characteristics of patients experiencing extrapyramidal symptoms related to antipsychotic therapy
- Dangers of rapid dosing: A case of dose-dependent drug-induced liver injury from Duloxetine
- Valproic acid monotherapy in pregnancy and major congenital malformations
- Transitioning from methadone to naltrexone in a stable patient in recovery
- Comparison of prescribing patterns of atypical antipsychotics and monitoring parameters between primary care providers and psychiatrists in a pediatric population

Housing First Services Provided by CMHCs



- Anthem Safe Haven Project
- HUD Scattered Site Housing
- Homeless & Housing Resource Team
- PATH
- Blue Triangle Safe Haven Project
- Professional Blended Street Outreach Team
- Indy Continuum of Care
- Pour House
- Pauley Glover Apartments
- Sunshine House Cooperative Living
- Marcy Village Cluster Homes
- Horizon House
- Outreach, Inc.
- SSVF
- Transitional Age Youth Housing

200+ Community Involvement Outreach Events, including:

- Allies of Indiana
- Bosma Enterprises Supported Employment Training
- Concerned Clergy
- Domestic Violence Network Advocates Training
- DCS provider fairs
- Dress For Success
- Drug Free Marion County
- Employment Advisory Council
- IIAC (Indiana Interagency Autism Coordinating Council)
- IMPD
- INARF - Indiana Association of Rehabilitation Facilities
- IARCA (Indiana Association of Resources and Child Advocacy)
- Indiana Black Expo Summer Celebration
- Minority Health Fair
- Indiana AIDS Walk
- Indiana School for the Deaf
- Indy Pride Festival
- Irvington Farmer's Market
- Lutheran Child & Family Services / Sharing Place Supporter
- Marion County Health Dept. - Back to School Event
- Marion County System of Care
- Marion County Trauma Informed Care Symposium
- Marion County CIT Training
- Mental Health America – Indiana Chapter
- Mental Health First Aid
- Midwest Foodbank / Gleaners Supporter
- NAMI
- Out of Darkness Walk
- Urban League School – Culture of Healing
- United Way of Central Indiana
- Youth Mental Health First Aid
- Zero Suicide Project

Number of Staff Employed in Marion County

Adult and Child Health	323
Aspire Indiana	186
Community Health Network	1212
Sandra Eskenazi Mental Health Center	361

Workforce Development

Training programs established by the Mental Health Centers to strengthen staffing and behavioral health career opportunities:

- Bachelor's Degree Internships
- Nursing/Medical Assistant Preceptorship
- Clinical Masters Degree Internships (MSW, MHC, MFT, CAC)
- Advanced Practice Registered Nurse
- Pre-Doctoral and Post-Doctoral Internships in Psychology
- Addiction Psychiatry Fellowship

This data includes adults with severe mental illness, individuals with chronic addiction, and children with severe emotional disturbances eligible in the State of Indiana Hoosier Assurance Plan (HAP)

Unduplicated Persons (HAP) Served During SFY 2020

Adult and Child Health	5,737
Aspire Indiana	2,247
Community Health Network	6,539
Sandra Eskenazi Mental Health Center	10,642
Total	25,165

Unduplicated Persons Served in Marion County (HAP)

	Adult & Child Health	Aspire Indiana	Community	Sandra Eskenazi	Total
SMI	1600	1091	1196	4060	7947
CA	366	239	496	1280	2381
Co-occurring	1249	652	930	3618	6449
SED	2522	265	3917	1684	8388
Total	5737	2247	6539	10,642	25,165

SMI = Serious Mental Illness

CA = Chronic Addiction

Co-occurring = Both Mental Health and Addictions Diagnosis

SED = Serious Emotional Disturbance

FY20 Total Marion County Unduplicated Persons Served, Including Non-HAP Eligible

Adult and Child Health	8571
Aspire Indiana	3830
Community Health Network	25,399
Sandra Eskenazi Mental Health Center	10,642
Total	50,512

Number of Clinic Locations/Sites in Marion County

Adult and Child Health	6
Aspire Indiana	7
Community Health Network	15
Sandra Eskenazi Mental Health Center	8

Marion County Inpatient Beds

Adult and Child Health	0*
Aspire Indiana	0*
Community Health Network	195
Sandra Eskenazi Mental Health Center	30

***Inpatient services provided through arrangement with Community Hospital North**

Marion County Residential / Group Home / Foster Care Beds

	Adult & Child Health	Aspire Indiana	Community	Sandra Eskenazi	Total
Group Home	0	10	42	10	
Cluster	28	112	59	22	
Residential	18	92	113	45	
Shelter	0	0	26	0	
Foster Care	149	0	0	0	
Total	195	214	240	75	

Mental health centers are located in and provide ongoing assessment and treatment at the following number of Marion County SCHOOLS:

Adult and Child Health	49
Aspire Indiana	2
Community Health Network	88
Sandra Eskenazi Mental Health Center	19

FY20: Charity Care Provided

Adult and Child	\$2,240,000
Aspire Indiana	\$2,853,286
Community Health Network	\$4,052,229
Sandra Eskenazi Mental Health Center	\$8,162,668

Actions Being Taken to Keep Patients Safe

- Rely on virtual services, when appropriate
- Medical screening of patients prior to building entry
- Social distancing, require masks, implemented changes to waiting rooms and physical environments
- Frequent environmental cleaning
- Quarantine and isolation rooms in residential sites
- Mobile Services Unit (MOVID) to provide nursing and assessment services to individuals affected by Covid unable to come to the clinic
- Safe Recovery Site established to provide housing, medical assessment and linkage to resources to persons who are homeless and COVID positive.
 - Total Clients: 396
 - Connected to Housing: 12
 - Linked to Primary Care: 157
 - Linked to Behavioral Health: 59

Actions Being Taken to Keep Staff Safe

- Staff transitioned to home offices, when applicable
- Promoted flexible work hours, whenever possible
- Social distancing, masks, ongoing medical monitoring in place for staff permitted to work in CMHC buildings.
- Training on Covid-19 health and safety protocols, including quarantining of persons believe to have been in contact with a Covid positive person
- All meetings held virtually
- Crisis support counseling offered to employees who have been negatively impacted by Covid

Responding to Covid-19: CMHC's Shift to Telehealth

	Telehealth Visits	Persons Served
Adult and Child Health	42,722	3857
Aspire Indiana	9718	1772
Community Health Network	79,114	9952
Sandra Eskenazi MHC	36,917	5785

Questions/Comments



**Thank you for your support of
Community Mental Health Services**