



Functional Capacity Evaluations (FCE)

WorkWell's FCE is a comprehensive functional test designed to objectively measure the maximum safe functional abilities of a client across a broad range of physical capabilities for recommendations for return to work/other activities and activities of daily living. The FCE is standardized with a flexible design which can be customized. With our Job Specific format, a functional test is designed to test Job Specific tasks. A Job Match Grid clearly identifies whether a client is able to perform the specific critical demands of the job. The FCE includes a 1-day 3 hour full body CORE FCE, UE, LE, 2-part FCE, as well as additional formats.

The WorkWell FCE is research/evidence based, with an international team of researchers dedicated to best practice. Please contact us for a Research compendium.

WorkWell developed the "**Kinesiophysical**" method which has been recommended world-wide. The kinesiophysical approach is based on physical movement and uses objective scoring criteria.

WorkWell Systems identified criteria related to physiologic effort level for all activities included in the FCE. Effort level is based on physiologic criteria that is observed and documented during performance.

Physical musculoskeletal and physiologic findings are correlated with functional abilities and limitations to explain limitations as well as identify solutions. The kinesiophysical approach utilizes the medical/kinesiological knowledge of specific professionals, physical and occupational therapists.

WorkWell's FCE adheres to the American Physical Therapy Association (APTA) FCE Recommended Practice Guidelines. It is performed by PTs and OTs and is considered an evaluation.

If you would like more information regarding FCE's, please call our office at 801-685-9212.

