



Motor Vehicle Accidents

The National Highway Traffic Safety Administration (NHTSA) estimates that 3,335,800 people are injured in auto accidents in the U.S. each year. While no two car accidents are the same, neither are injuries. Though they differ in severity from case to case, there are some car accident injuries that are more common than others.

Below are the top ten auto accident injuries.



Connective-Tissue Injury

Connective Tissue Injury is the most common of car accident injuries and at times, can be very serious. Because neck and back stiffness can often be a sign of other injuries we recommend that anyone who is feeling the symptoms of connective-tissue injury seek medical attention immediately.

Head Trauma

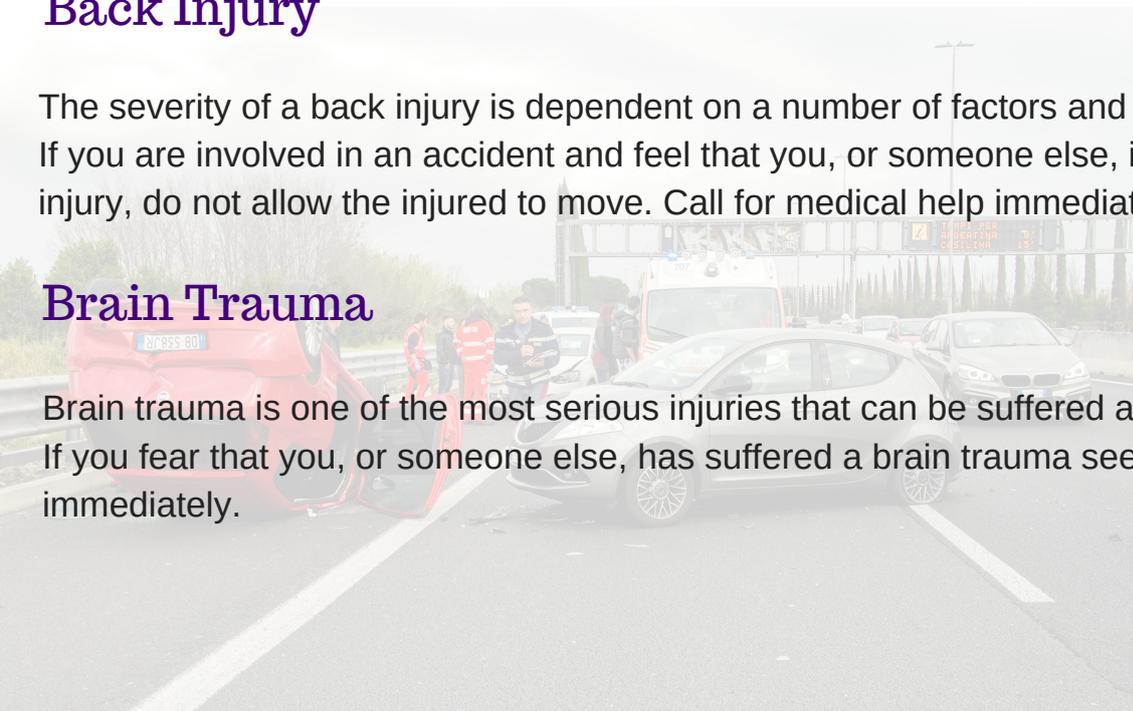
Head trauma is often directly related to brain trauma, but thankfully one does not always lead to the other. Head trauma is also incredibly dangerous and requires immediate medical attention.

Back Injury

The severity of a back injury is dependent on a number of factors and can often times be serious. If you are involved in an accident and feel that you, or someone else, is showing signs of a back injury, do not allow the injured to move. Call for medical help immediately.

Brain Trauma

Brain trauma is one of the most serious injuries that can be suffered as a result of a car accident. If you fear that you, or someone else, has suffered a brain trauma seek medical attention immediately.



Spinal Cord Injury

Spinal cord injuries also fall within the category of the most serious injuries one can suffer in an auto accident. If you, or someone else, suffer from what appears to be a spinal cord injury, do not move the injured person without the help of trained medical professionals. Call 911 immediately and do your best to remain calm.

Neck Injury

Neck injuries can range in severity but can oftentimes be very dangerous. We urge you to seek immediate medical care if you are suffering from neck pain or stiffness.

Internal Organ Injury

Internal organ injuries are common in car accidents as a result of blunt force trauma. Ribs often break, puncturing the lungs or other organs. Internal injuries are very dangerous but are not always as easy to recognize. This is why we recommend seeking medical help immediately, after an accident.

Knee Injury

Knee injuries are common in car accidents as a result of impact injury. Knee injuries can be very painful, require rehabilitation and can lead to permanent physical disability. Again it is wise to seek immediate medical attention if you have suffered a knee injury.

Lower Limbs

Just like your knees, your legs are in a very vulnerable position while riding in a car. If you suffer any trauma to your legs during an accident, seek medical attention immediately.

Upper Limbs

Because people often tense up just before the impact of an accident, your wrists, arms and shoulders are very vulnerable to injury. If you feel you may have hurt yourself, see a doctor immediately.

Here at Cutting Edge Physical Therapy, we are experienced in treating many of the injuries from auto and work accidents. We have years of experience in determining causation based on the tissue trauma as well as are experts in treating these conditions. We take most auto and workers compensation insurances and would love to assist you in healing, minimizing damage and return you to your prior functional state.

