



Client Information

Name: _____ Today's Date: _____

Date of Birth: _____ Phone Number: _____

E-Mail: _____ Emergency Contact Name and Phone: _____

Facial

Massage

Both

Your Health

Within the last year, have you had any health problems that have affected your health or your skin? Yes No

If yes, please specify: _____

List any medications or supplements that you take regularly: _____

Do you wear contact lenses? Yes No Do you have any metal implants, pacemakers, or body piercing? Yes No

Do you have any allergies? If yes, please specify: _____

Do you have any sinus problems? Yes No Have you ever experienced claustrophobia? Yes No

List any additional chronic health conditions/concerns: _____

Your Skin

Skin Type: Normal Dry Oily Combination

What are your specific concerns/challenges with your skin? _____

What skincare products are you currently using? _____

Have you had chemical peels, microdermabrasion, or any resurfacing treatments within the last 3 months? _____

Have you been waxed within the last 72 hours or used any exfoliating scrubs? _____

Have you used Retin-A or prescription skin products within the last 3 months? _____

Are you currently using any products that contain the following ingredients: Glycolic, Lactic Acid, Vitamin A derivatives (i.e., Retinol)? _____

Your Body

Height and Weight: _____

Have you had a professional massage before? If yes, list dates: _____

Please specify if any of the following apply to you: pregnant, trying to become pregnant, lactating, menstruating, pre-menstruating? _____

List any major accidents or surgeries, including dates. _____

List any specific concerns that you would like to address or discuss. _____

Lifestyle: Sedentary, Mild, Moderate, Varies (Circle One)

It is my choice to receive a massage and/or facial. I am aware of the benefits and risks and give my consent. I understand that there is no implied or stated guarantee of success of the effectiveness of services. I confirm to the best of my knowledge that the answers that have been given are correct.

Signature: _____