

“It is not just about speed. It is about patience. You are all bunched in. You can’t breathe. You think it is all done. Then the horses all start fatiguing at different times, and suddenly a gap opens. And that is God talking to you. And you’d better listen to God because he will close that gap quicker than you can say your mother’s name.”

Paddy Payne



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**Context:** Paddy Payne is an Australian trainer. Patriarch of the Payne family known for their exceptional horsemanship, his youngest daughter, Michelle, became the first woman to win the Melbourne Cup aboard Prince of Penzance in 2015 <sup>1, 2, & 3.</sup>

**Sources:**

1. Baldoni, John. "Patience: Ride to the Gap, but Wait!". *Forbes*, July 16, 2020.
2. *Ride Like a Girl*. Dir. Rachel Griffiths. Per. Teresa Palmer and Sam Neill. Screen Australia Transmission Films, 2019. Netflix.
3. Wikipedia

