* How will your house and your neighborhood work for you as you age?
* Is the kitchen clean and sanitary?
* How much water do you drink every day?
* Can you execute laundry?
* Do you have a debit card to use instead of cash?
* Are you able to open mail?
* How can we make sure health insurance is paid up, so you are not left private paying.
* Do you know how to call for emergency help or call an ambulance?
* Do you have a DNR and medication list on the fridge?
* Are you able to pay bills?
* Do you/we need to reduce clutter?
* Can you get outside every day and walk?
* Do you have hobbies or activities that interest you?
* What happens if you fall inside or outside?
* What is your plan if you have car trouble?
* Is it time to have someone accompany you to doctor’s visits to scribe?
* Who do you see to look after your mental health?
* And who reviews those meds, type and dosages?
* What will you do, and who will you rely on if you have a medical emergency?
* Tell me your plan if you break your arm, and need help showering, dressing, laundry, and food prep?
* After a doctor’s appointment or surgical appointment, how do you plan to get necessary new prescriptions?
* What is the plan if you are unable to drive?
* What is your vision for aging and community?
* What steps do you need to take to make that a reality?
* What do you want most, for your one wild and crazy life? 😊