

# VOICE OF WISCONSIN ADULT CENTER

## CONTACT US

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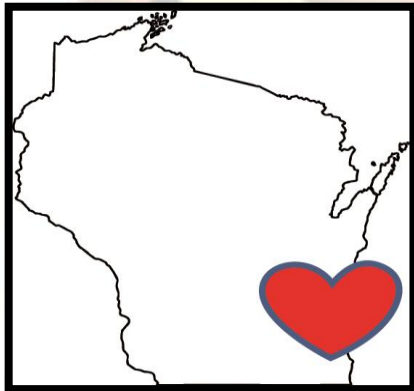
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Please feel free to come to us with any questions or concerns. Our doors are always open!

The Halloween month has soon come to an end. A lot of people in one way or the other got one good scare. That's what makes the season. A recap of our October here at the center is nothing but exciting news all throughout the month. We are always striving for the best and we are thrilled to say we are making a head way. Our newly added activities went fabulous. The highlight of the month which was the dress up Halloween party was never a dull movement, we had so much fun, we wished the day never ended. Talk of our photo booth for the Halloween party, our art and craft work project work and our numerous outings in the month of October. We went to the Retzer Nature Park, Lindners pumpkin patch, Nook pumpkin park, our scenic van rides just to mention a few was so successful.



*"Our mission is to create a better quality of life for all of our individuals through our compassion and dedication."*

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*"Make your life a masterpiece, imagine no limitations on what you can be, have or do."*

*Brian Tracy.*

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We are all thrilled and pumped up to start the month of November. Wisconsin Adult Center has planned out for this month of October, **cognitive activities, living skills, WHOGA (Wheelchair Yoga), creative arts, Aromatherapy, travel the world, Scenic Van Rides, Thanksgiving Bash** some outings with weather permitting just to mention a few. Wisconsin Adult Center for the month of October has a ton of captivating, mind blowing activities lined up.



## WHAT ARE YOU THANKFUL FOR?

*Most of the times we take the smallest gifts of life for granted. It could be as little as been able to remember where we parked our cars when we went to the mall, when we went to the store etc. We started the year, the month and even the week with a lot of people, but not everyone is fortunate to have the gift of life. I am thankful for the gift of life, for family, for the beautiful Wisconsin Adult center members we provide services to. **What are you thankful for?***

*Let's learn to be thankful for even the smallest gift in life!*



## **ATTENTION!!!**

- Wisconsin Adult center is enthused to announce that, its other location (**Brookfield Adult Center**) is opened to better help serve the needs of its growing member population. Stop by and take a tour. Referrals are very much Appreciated!

**You say WAC, We say Dignity with care!!!**

**Safety Tip during the Flu Season: The flu season is here, below are some safety tips to help keep everyone safe.**

- **Get Vaccinated**
- **Stay at home if you are sick.**
- **Wash your hand with soap and water for 20 seconds, use an alcohol based hand rub if soap or water are not available.**
- **Avoid touching your nose, mouth and eyes.**
- **Clean your hands after coughing, sneezing or blowing your nose.**

## **CELEBRATING BIRTHDAYS**

**Jim H      November 3<sup>rd</sup>.**

**Wisconsin Adult Center wishes you a happy birthday. Hope you have a fun**

**filled one.** 



HAPPY THANKSGIVING!!!



FUN FACT

*One fun fact about November is that in Australia, United States and Canada, this month is associated with **Movember** (moustache November), a movement that encourages men to grow a moustache as a symbol of celebrating men's health and raise awareness regarding different male diseases. No shave November.*

Lindsey, Rita, Tammi, Aaron, Rita, Kristi, Hayley, Trenisha and Christina wishes you a happy New month.

SOME OF OUR MEMORIES FROM LAST MONTH

