

GAMA Sports Training — Capabilities Statement

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GAMA SPORTS TRAINING LLC — Strength & Conditioning, Performance Testing, and Injury Prevention for Military Readiness

Joe Fischetti, Founder · 412.328.8988 · jfischetti@gama-sportstraining.com · gama-sportstraining.com · **UEI:** HQP7UJHEM338 · **CAGE:** 25QL5 · **Small Business**

Overview

GAMA builds stronger, more resilient service members through testing-based strength and conditioning. We run a 27,000 sq ft indoor performance facility in Pittsburgh and deliver programs on-site anywhere in the country. Founder Joe Fischetti has coached youth through NFL athletes and holds ISSA certifications in strength & conditioning, nutrition, and run coaching.

Core Competencies

- **S&C programming** to raise fitness test scores (AFT, PFA, PFT) and operational readiness
- **Performance testing:** force plates (VALD), velocity (Tendo), jump, laser-timed sprint, movement screens, 3D motion capture
- **Injury prevention & return-to-duty:** 5-phase, criteria-based framework
- **Fitness leader education:** clinics that teach unit trainers to program, coach, and test safely
- **Recruit preparation:** programs that get future service members ready for entry fitness standards

Why GAMA

Measured results, with testing at the start and end of every program · Professional-level coaching experience · Full facility for group events and testing days · Travel-ready for on-site work · Small business, easy to contract by purchase card or EFT

Past Performance

- **Steel City Soccer:** \$100K facility partnership plus the Steel City S&A Clinic (Aug 2026 – Jun 2027)
- **School and youth organizations:** Propel Schools athletic training, Dominus intramural speed & agility, and strength, speed, and testing for high school teams and softball and baseball organizations
- **Athletes:** individual and team training and testing, youth through NFL
- **Key personnel:** Joe Fischetti designed and coaches La Roche University women's basketball's year-round S&C and ACL/MCL injury prevention program

Company Data

Legal name: GAMA Sports Training LLC · **Primary NAICS:** 611620 · **Other NAICS:** 611430, 713940 · **Payment:** Government Purchase Card and EFT · **Location:** 2400 Sheena Dr, Pittsburgh, PA 15239; travel nationwide