



SUMMER SPEED & AGILITY CLINIC

DECIDE. COMMIT. SUCCEED.



JUNE 7 - JUNE 28

MONDAYS

8:00 - 9:00 AM



AGES
8-10

TUESDAYS

8:00 - 9:00 AM



AGES
11-14

WEDNESDAYS

8:00 - 9:00 AM



AGES
15+

WHAT WE TRAIN



LADDER
WORK



HURDLES



RUN
TECHNIQUE



AGILITY &
CHANGE OF DIRECTION



EXPLOSIVE
MOVEMENT



AND
MORE!

PRICING

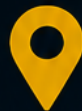
\$129

PER ATHLETE

\$200

FOR SIBLINGS

LOCATION



GAMA SPORTS TRAINING
2400 SHEENA DR.
PITTSBURGH, PA

SIGN UP TODAY!

SPOTS ARE LIMITED
RESERVE YOURS NOW!

NO WALK-INS

TRAIN HARD. MOVE FAST. BE UNSTOPPABLE.



IMPROVE SPEED
& QUICKNESS



BETTER AGILITY
& COORDINATION



BUILD POWER
& EXPLOSIVENESS



ENHANCE ATHLETIC
PERFORMANCE



TRAIN WITH PURPOSE.
GET RESULTS.



@GAMASPORTSTRAINING



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