



FOR IMMEDIATE RELEASE

September 12, 2019

HEALTH & SAFETY EVENTS HAPPENING ACROSS FAYETTE

Uniontown, PA – Fayette residents and visitors will have plenty to do this weekend, as a variety of health and safety events are taking place across a busy, countywide schedule.

On Saturday, the American Heart Association will host its annual Heart Walk and Community Health Expo in the Community Center at Penn State Fayette: The Eberly Campus.

As the leading fundraising events for the American Heart Association, Heart Walks help save lives from two of the country's top killers: heart disease and stroke. Each Heart Walk celebrates survivors with a special gathering and distribution of red baseball caps.

The expo and team registration both begin at 9 a.m., with opening ceremonies and walking kicking off at 10 a.m. Lasting until noon, the expo will offer healthy fun for the entire family, including a vendor fair, health screenings, heart health interactive demonstrations, exercise and nutrition stations, and much more.

To register your team online, visit www.heart.org/fayettewalk. For more information, call 412-208-3554 or email tricia.desvarro@heart.org.

Participants can also download the new Heart Walk mobile application for iPhone and Android devices by searching "Heart Walk" on Google Play or iTunes.

In addition to Penn State Fayette, the 2019 Heart Walk is sponsored locally by the Fayette Chamber of Commerce, First Federal Savings and Loan Association of Greene County, WMBS Radio, Mt. Macrina Manor, United Bank, UPMC, Zoll and LifeVest.

Also on Saturday, the Uniontown Area YMCA will host its first official "Y" Run? race on Fayette County's Sheepskin Trail. With 10K, 5K, and 1K running and walking options, participants of all ages are sure to enjoy this scenic event.

Registration and materials pickup will begin at 7 a.m. at Hutchinson Park in Hopwood. The 1K fun run for kids will begin at 8:30 a.m. in the park, with the larger events kicking off at 9 a.m.

SERJ Racing Services of Uniontown will provide computerized results, which will be posted at the subsequent awards ceremony and online at www.serjracing.com. Awards will go to the top three male and female finishers overall, as well as first place in each of many different age groups.

A gift basket auction will take place throughout the event, and a post-race party will be held. All proceeds from the event will benefit the Uniontown Area YMCA and the YMCA Scholarship Fund.

For more information, call 724-438-2584 or email tylerk@uniontownymca.org.

The Sheepskin Trail will also play host to another race Saturday. Evan's Destination Day Camp 5K Run/Walk for Autism will begin with 9 a.m. registration, also at Hopwood's Hutchinson Park.

The race begins at 10 a.m., with all proceeds benefiting the Highlands Hospital Regional Center for Autism. Evan's Destination Day Camp provides funding for students to participate in educational, social, and recreational outings throughout the year.

The race is a community project sponsored by Abby's Gold & Gems of Uniontown. For more information on other sponsorship opportunities, call 724-437-0808.

Fayette County Commissioner Chairman Vince Vicites encouraged residents to participate in one of the many events to support worthwhile causes.

"We want Fayette County to be a healthier community, and we want to promote a positive agenda for all-around healthy living," Vicites said.

Commissioner Dave Lohr said healthy living is essential to Fayette residents' quality of life.

"We want to make sure that everyone in Fayette County has the tools and knowledge about how to get healthy and stay fit," Lohr said. "The Heart Walk and Health Expo are two excellent opportunities to learn about what resources and support systems are available."

"No one should have to be told to take care of themselves, and there are plenty of events to help you do just that," Commissioner Angela Zimmerlink said.

In addition to staying healthy, Fayette County residents can also take steps to protect their homes this weekend.

The American Red Cross will host Sound the Alarm, a home fire safety and smoke alarm installation event that will help save lives. Through partnership with local fire departments, community groups, corporations and organizations, volunteers will canvass communities from 10 a.m. to 2 p.m. on Saturday.

Those living in Connellsville communities could receive a visit from volunteers going door-to-door to discuss the importance of creating and practicing fire escape plans; install free smoke alarms; and more.

To get involved, contact Rebecca Gaidrich at Rebecca.Gaidrich2@redcross.org or call 724-834-6510. For more information, visit www.redcross.org/gpahomefire.

For those seeking a bit more relaxation this weekend, City Mission-Living Stones is hosting its annual Craft & Vendor Fair 10 a.m. to 4:30 p.m. Saturday at 308 McClellandtown Road in Uniontown. The event will also feature food and a live auction. For more information, call 724-439-0201.

To learn more about Fayette County, visit www.FayetteCountyPA.org.

###

This communication is part of the Fayette County PR Initiative, which is funded through the 2016 Fayette County Local Share Account (LSA) in cooperation with the Fayette County Board of Commissioners, Fayette Chamber of Commerce, The

Redevelopment Authority of the County of Fayette, The Redstone Foundation and other partners. This funding has been designated for the continued promotion and marketing of Fayette County, PA.

For more information, contact Kristi Rooker Kassimer, Public Relations Specialist, at 412-691-0262, kkassimer@fayettecountypa.info or Kaylie Moore, Journalist, at 724-317-6924, kmoore@fayettecountypa.info.