



**How To Contact Us** 

Phone:

(520) 548-8998

Email:

helpingcivano1neighbors @gmail.com

The following website has Information and downloadable application forms:

civanobulletinboard.org

Click on the 2<sup>nd</sup> menu item titled: *Neighbors Care Program* 



Neighbors Care Alliance

Anchored by PCOA

## Civano 1 Neighbors Helping Neighbors

A Neighborhood Care Program meant to help older Civano residents live independently in their own home as long as possible.







## **Social Connection**

- In-person visits
- Phone call visits
- Communication via text messaging
- Escort to a
   Civano event
- Play games
- Read aloud
- Help with letter writing
- Caregiver relief (short term)

## **Transportation**

- To Medical Appointments
- To Pharmacies
- To a nearby event
- Shopping w/recipient
- Pet Transport to pet appointments
- Pharmacy pickup
- Shopping errands
- Other errands





## **Home Help**

- Light house keeping
- Light yard work
- Help with meal preparation
- Sewing repairs or laundry
- Basic electronics help
- Dog walking during medical procedure recovery