



ROSSENDALE BRAZILIAN JIU JITSU

★ TIMETABLE ★

★ **FREE
TRIAL
CLASS**

MONDAYS



**WOMEN'S
BRAZILIAN
JIU JITSU**

🕒 **6:30PM**



**ADULTS'
BRAZILIAN
JIU JITSU**

🕒 **7:30PM**

WEDNESDAYS



**KIDS'
BRAZILIAN
JIU JITSU**

🕒 **5:45PM**



**ADULTS'
BRAZILIAN
JIU JITSU**

🕒 **7:00PM**

THURSDAYS



**KIDS'
BRAZILIAN
JIU JITSU**

🕒 **5:45PM**



**ADULTS'
BRAZILIAN
JIU JITSU**

🕒 **7:00PM**

★ **MEMBERSHIP** ★
OPTIONS AVAILABLE

★ **DROP IN'S**
£10
PER CLASS

📍 **UNITARIAN CHURCH
BANK STREET,
RAWTENSTALL**

WWW.ROSSENDALEBJJ.COM

✓ **FRIENDLY ENVIRONMENT** | ★ **ALL LEVELS WELCOME** | ✓ **BUILD CONFIDENCE • GET FIT • HAVE FUN**