



# ROSSENDALE

## BRAZILIAN JIU JITSU

### ★ TIMETABLE ★

★ FIRST WEEKS' TRAINING IS FREE

#### MONDAYS



**WOMEN'S  
BRAZILIAN  
JIU JITSU**

🕒 6:30PM



**ADULTS'  
BRAZILIAN  
JIU JITSU**

🕒 7:30PM

#### WEDNESDAYS



**KIDS'  
BRAZILIAN  
JIU JITSU**

🕒 5:45PM



**ADULTS'  
BRAZILIAN  
JIU JITSU**

🕒 7:00PM

#### THURSDAYS



**KIDS'  
BRAZILIAN  
JIU JITSU**

🕒 5:45PM



**ADULTS'  
BRAZILIAN  
JIU JITSU**

🕒 7:00PM

#### ★ PRICES ★



**KIDS'  
£5  
PER CLASS**



**ADULTS'  
£6  
PER CLASS**



**UNITARIAN CHURCH  
BANK STREET,  
RAWTENSTALL**

# WWW.ROSSENDALEBJJ.COM



FRIENDLY ENVIRONMENT



ALL LEVELS WELCOME



BUILD CONFIDENCE • GET FIT • HAVE FUN