

If you are scheduled for an MRI, please follow the following instructions.

ONE WEEK PRIOR TO YOUR MRI:

If you are claustrophobic, contact your primary care physician (PCP) for medication. Take the medication as instructed and plan to have a driver. We do not administer medications for claustrophobia.

If you have had surgery within the last 6 weeks, call HealthStar Diagnostics and tell the scheduler the details of your surgery.

If you have any metal implants, pumps, pacemaker, or defibrillator, call HealthStar Diagnostics and give the scheduler details on the following:

- Type of implant, model, and serial number
- Copy of your implant card. If you do not have your card, please tell the scheduler. They will ask who did the implant and where.
- If you do not provide the information above, we cannot perform the MRI.

If you have diabetes, if on or have been on dialysis, or have one kidney and you are scheduled for an MRI WITH CONTRAST, you must:

- Provide a creatine lab result that occurred within the past 30 days. If you do not have this, call your PCP for testing.
- We cannot perform your MRI if you do not provide a creatine lab result.

CLOTHING RULES:

Wear lightweight clothing free of metal, zippers, sequins, rhinestones, etc.

Women, please wear a bra without adjustable straps or metal. Sports bra is best.

Do NOT wear jewelry.

CAN YOU EAT OR DRINK?

Prostate MRI? You CANNOT eat or drink within 8 hours of your exam. But, you MUST drink 4 ounces of water 30 minutes before your exam. Eat light food the day before your exam, avoid spicy food and caffeine. Try to have a bowel movement within 12 hours of the exam.

Abdomen/Pelvis MRI? You CANNOT eat or drink after midnight before your exam.

All other MRIs? It is okay to eat and drink as normal.

CALL HEALTHSTAR DIAGNOSTICS AT: 501-651-4500