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Boston College's Flowers Named Recipient of New England Football Writers

Season Gold Helmet Award

CAMBRIDGE, Mass. – Boston College senior wide receiver Zay Flowers has been named the recipient of the New England Football Writers 2022 University Division Season Gold Helmet Award presented to the most valuable player in Division I FBS and FCS. The award will be presented at the New England Football Writers Captains and Awards Banquet on Thursday, December 8, at the Sheraton Framingham (Mass.) Hotel and Conference Center.

Flowers, a native of Fort Lauderdale, Fla., and a graduate of The University School, is a four-year starter for the Eagles and has recently been named one of 12 finalists for the 2022 Biletnikoff Award to recognize the top receiver, regardless of position, in college football. In 2022 Flowers has snared 78 receptions for 1077 yards and a school-record 12 receiving touchdowns. He has cracked the century mark in reception yards five times this season with a high mark of 151 yards (30.2 ypc) on only five catches against ACC foe Louisville. In his final season at the Heights, Flowers has also returned punts with seven returns for 43 yards and a 6.1 average.

In 48 career games, Flowers has set Eagle records with 200 receptions for 3,056 yards and 29 touchdowns. His per catch average is 15.3 yards. He also has run for an additional 345 yards and a pair of scores.

"I am very happy and excited for Zay to have won this award", Eagles' head coach Jeff Haffley says. "He came back to BC this year to prove he is one of the best players in the country, and to be recognized by the football writers as the best player in New England, a region known for tough, hard-nosed football, is a great honor."

Flowers is the ninth Boston College player to be honored by the NEFC with the Season Gold Helmet Award joining such BC greats as Peter Cronan (1976), Doug Flutie (1982 & 1984), Pete Mitchell (1994), and Harold Landry (2016) among others. The award has been presented since 1974.

Any persons wishing to attend the NEFW Banquet can make reservations on-line at <https://newenglandfootballwriters.com/captains-%26-awards-banquet>. Reservations are non-refundable and must be made by Friday, December 2.

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