**What Great Mentees Do**

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| **What great mentees do** | **What great mentees don’t do** |
| * Have a desire to grow and develop | * See the mentoring partnership as something that looks good or are doing it to please someone else |
| * Prepare for the meeting by thinking about questions, topics goals and objectives to discuss | * Turn up expecting the mentor to have prepared an agenda |
| * Share strengths as well as areas for development and growth | * Present an unrealistic picture of themselves |
| * Think for themselves | * Want the mentor to tell them what to do |
| * Agree to homework or actions identified with mentor that will help them move towards their goals | * Expect the mentor to do homework or to give them a job |
| * Prioritise the mentoring meetings | * Turn up late and/or cancel the meetings regularly |
| * View the partnership as opportunity see things from another’s perspective | * View the partnership as being all one way |
| * Use the meetings as opportunities to think about and plan for the future | * Use meetings as opportunities to moan about their situation |
| * Adhere to the confidentiality agreed with the mentor | * Talk about the mentor and things they have shared without the mentor’s permission |
| * Seek support and encouragement as well as accept challenge and feedback | * Expect only encouragement |
| * Seek feedback about how the mentoring is going for the mentor and act on it | * Believe they are a perfect mentee without seeking feedback from the mentor |