

Active Membership Perks

- The last day to earn points for active membership this semester is April 10th
- After this deadline, all active members will be added to a separate GroupMe to sign up for the events below:
 - Sheep Brain Dissection
 - April 16th at 5 pm
 - Tour of the McKnight Brain Institute
 - Date + Time TBA



Lab Tech position

- The Dale Lab at UF is hiring a lab technician to start this summer or possibly next fall! The lab studies how epidural stimulation affects breathing after cervical spinal cord injuries.
- Requirements:
 - Prior lab experience required
 - Full-time position (ideal for students taking a gap year before grad school)
- If you're interested, please send your resume/CV to ericadale@ufl.edu.
 - (I've been a part of this lab for the past year and a half, and I absolutely love it!
 If you have any questions, feel free to email me (caitlinbrennan@ufl.edu) or reach out to me on GroupMe)

Graduation Cords

- Please fill out this <u>form</u> if you are graduating this semester and would like a neuro club graduation cord!
- You can pick it up at our next GBM:)



Universal Point Opportunity

- What: Attend either of the following events and send a photo of yourself at the event to caitlinbrennan@ufl.edu to earn 1
 Universal Point:
 - Neuromuscular Plasticity Symposium March 28th in the HPNP Building
 - UF Spring Undergraduate Research Symposium April 8th in the O'Connell Center
- When: Photo submission due by April 10th

Universal Point Opportunity

- What: Members who wear their Neuro
 Club merch (t-shirt or sweatshirt) to a
 club event, take a selfie with the e board member in charge, and email
 the photo to caitlinbrennan@ufl.edu will
 earn 1 universal point
- When: Photo submission due by April
 10th





Interview advice with the Career Connections Center

- When: Monday March 31st from 6-7 pm
- Where: Little Hall room 0113
- What: The Career Connections Center at UF is coming to share interview tips! Stop by to learn what to wear, how to prepare, and how to feel confident going into your interview!
- Point: 1 universal point

PMP-Exclusive Game Night

- When: Wednesday. April 2nd from 6-7 pm
- Where: Matherly Hall Room 0105
- What: Come compete against other mentor/mentee matches in game-show style trivia games!
- Point: 1 social point

PMP Check in #2

- April 2nd 11:59pm, mentors submit selfies with mentees!
- Link <u>Here</u>

<u>Last study Social</u>

- When: Tuesday. April 1st from 3-5 pm
- Where: Marston Room L136
- What: Come share snacks and study with the neurofam for your midterms and finals!
- Point: 1 social point



Bouquet-Making Social

- When: Thursday April 10th from 6-7 pm
- Where: Little Hall Room 0221
- What: Come destress and celebrate spring by making flower bouqets!! We will review the neuroscience behind "Flower Therapy" and current research!
- Point: 1 social point



BAW Tabling

- When: March 26th from 10AM-1PM
- Where: Turlington
- What: Join us to promote neuro club and engage others in fun neuroscience themed activities!
 - open to all years and members of the club!
- Points: 1 Outreach point
- Sign up: use this link







Yoga and Mindfulness

- When: March 27th at 4:30PM
- Where: Plaza
- What: Join us for a brief presentation of mindfulness followed by a beginner-level yoga class!
 - Members must bring their own mats or towels
- Points: 1 Social point
- Sign up: use this link









Neuro Disabilities/Emergencies Workshop

• When: March 28th at 4PM

• Where: LIT0221

• What: Join us for a workshop related to the neuroscience behind certain disabilities + how to recognize/respond to different neuro-related emergencies (strokes, seizures, spinal cord injuries), then a fun jeopardy game to test your knowledge + win some candy!

• Points: 1 Outreach point

• Sign up: use this link









Volunteering with NCF SfN during their Brain Awareness Week

- What: This week, NCF SfN is hosting their own Brain Awareness Week (separate from Neuro Club) and will be volunteering at local schools in Alachua County to teach students about neuroscience!
- Points: If you volunteer with them and take a picture of yourself with the volunteering materials/ in front of the school and email it to hailey.vasquez@ufl.edu you will receive 1 universal point
 - Please do not take a picture with any of the kids!!!!









Ronald Mcdonald House Donation Drive

- When: April 4th at 5pm
- Where: LIT0221
- Ronald McDonald House: Charity that aids families of hospitalized children!
- Items you can bring: canned goods, snacks, soap, paper towels, soda pop tabs, and more listed on their <u>WISHLISTS!</u> (note: items are not limited to the ones on their wishlists)
- Points: 1 outreach point for any item brought or 1 outreach point for <u>5</u> soda <u>pop</u> tabs donated!
 - 1 universal point for any additional item brought!





Walk Out of the Darkness

- When: April 6th at 12:45 pm
- Where: We will start in plaza and walk around campus
- What: Join us in a walk around campus to fundraise and increase awareness of suicide prevention efforts
- Points: 1 Outreach point for attending
 - o additionally, you may earn 1 Universal Point for donating to the walk!
 - to do so you <u>MUST</u> first create an account and join the Neuro Club team!!!!
- Sign Up: use this link to join the Neuro Club walk team!
 - o doing so will count as signing up and allow me to see if you donated









<u>Spring Banquet</u>

- When: April 19th from 6-8pm
- Where: Reitz Union
- What: We will be celebrating all your hard work this semester with yummy food and fun games! We will also be passing out various awards to our members (ex. active member, most social points earned, attended the most tabling events, etc.)
- Please note that when a sign up form is released, if you sign up you are making a commitment to attend
 - Once you sign up, you may only remove your name <u>72 hours before</u>
 <u>the banquet</u> (unless, of course, you have an emergency!)
 - This is so we have proper counts for food!!

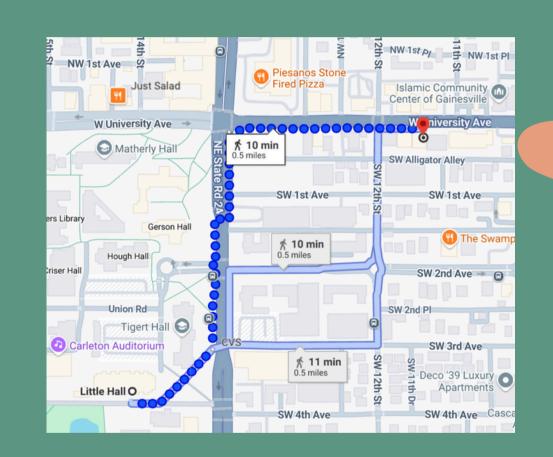




Treasurer Updates

Final fundraising point opps! - all 1 point each

- \$1 stickers
- \$3 pins
- raining berries fundraiser/study social
 - April 3rd
 - 4pm-6pm
- merch raffle winners!





Secretary Updates

Membership

 Our club is open to all undergraduate students. There are no dues or requirements, but we do offer active membership!

Active Membership perks this semester:

• Sheep brain dissection, tour of MBI, spring banquet, discounts on merch next semester, & more next fall!

Active Membership

- Point Requirements
 - o 3 GBM
 - o 2 Social
 - o 2 Outreach
 - 2 Fundraising

Universal Points

- Universal points can count or fall under ANY category!
- There will be multiple opportunities throughout the semester

Secretary Updates

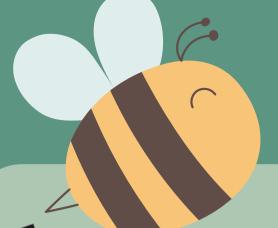
LAST DAY TO EARN POINTS:

April 10th

Final Point Updates:

- April 4th at 11:59PM
- April 9th at 11:59PM
- April 10th at 11:59PM

If you need help reaching active membership, please reach out to me! I am happy to help!



Secretary Updates

Resources

- Check your points status here!
- Join our Google Calendar here!
- How to add Gcal events to Apple
 Calendar
- DM me on GroupMe and fill out this form if you can't attend our normal GBM time
- I will reach out to you via GroupMe!

Member of the Month

- Nominate your friends, mentors, mentees, or any club members so we can celebrate them together!
- The member of the month will receive 1 Universal Point!
- Can also use this link to fill out



Fill out this form to nominate someone for member of the month!

Calendar (3/24-3/28)

Monday

Tuesday (TODAY)

Stickers: \$1

Pins: \$3

1 Fundraising

Point each

Wednesday

BAW Tabling
10AM-1PM
Turlington
1 Outreach
Point

Thursday

Yoga and
Mindfulness
4:30-5:30PM
Plaza
1 Social Point

Friday

Neuro Disabilities
and Emergencies
4-5PM
1 Outreach Point

Neuromuscular
Plasticity
Symposium
1 Universal Point if
you attend

1 Universal Point: volunteering for BAW this week!

1 Universal Point: wear merch to events!

Calendar (3/31-4/4)

Monday

Interview
Advice with
C3
6-7PM
Lit0113
1 Universal
Point

Tuesday

Study Social
3-5PM
Marston
Room L136
1 Social Point

Wednesday

PMP
Exclusive
Game NIght
6-7PM
Mat0015
1 Social Point

PMP CHECK IN DUE 11:59 Thursday

Raining
Berries (in
Sweetwater)
Fundraiser
4-6PM
1 Fundraising
Point

Friday

Ronald McDonald
House Donation
Drive
5-6PM
Lit0221
1 Outreach Point
for an item/5
soda pop tabs
1 Universal point
for additional
items

1 Universal Point: wear merch to events!

Calendar (4/6-4/11)

Sunday

Walk Out of the Darkness

12:45-1:45PM

Plaza

1 Outreach

Point

1 Universal

Point if you

donate to

walk

Tuesday

UF Spring
Undergrad
Research
Symposium
1 Universal
Point if you
attend

Wednesday

Thursday

Bouquet-Making

Social

6-7PM

Lit0221

1 Social Point

GBM #6:

Elections

1GBM Point

1 Universal Point

if you vote

LAST DAY TO

EARN POINTS

Friday

1 Universal Point: wear merch to events!

Calendar (4/14-4/19)

Sunday

Tuesday

Wednesday

Sheep Brain
Dissection
5-6PM
Location TBA
ACTIVE
MEMBERS
ONLY

Thursday

Saturday

Spring
Banquet
6-8PM
Reitz Union
ACTIVE
MEMBERS
ONLY

1 Universal Point: wear merch to events!



- At our final GBM on April 10th (7-8 PM), we will be electing next year's officers!
- Requirements to Run:
 - Must be an active member in Spring 2025 (Check your points here)
 - Submit your application by April 8th (<u>Link to application</u>)
 - Give a speech/ presentation (max 5 min) on why you're a good fit and your goals for the role
- Available Positions: President, Internal Vice President, External Vice President, Treasurer, and Secretary (chair positions will open next fall!)
- Even if you're not running, come vote for your future officers! Members who attend just to vote will receive 1 GBM point for attending and 1 universal point for voting. Everyone present, including candidates, can vote.



President Responsibilities

- Merchandise: Design and coordinate the production of club merchandise
- Newsletter: Create the semesterly template and edit the biweekly newsletters
- Professional Development/ Research Events: Collaborate with the Research/Professional Development Chair to plan and execute events, including panels and workshops with the NCF SfN
- <u>Active Membership Perks:</u> Coordinate active members perks such as the sheep brain dissection and MBI tour
- Partnerships:
 - Serve as the primary liaison with the NCF SfN and the MBI
 - Act as the main point of contact for the club, including communication with PIs and graduate students seeking undergraduate research assistants
- Internal role:
 - Lead executive board meetings and oversee the officer election process
 - Mentor and support executive board members and committee chairs in planning events and executing initiatives
- Please email me or reach out to me on GroupMe if you have any questions!



IVP Responsibilities

GBM Coordinator

- Book all General Body Meeting Rooms
- Reach out to potential General Body Meeting Speakers both on and off campus including clinical and research-based neuroscience professionals

Social Coordinator

- Plan, budget for and lead about 2 social events a month
- Assist in coordinating and planning 2 social events in each Science of Fear week (SOFW) in the fall and Brain Awareness week (BAW) in the spring
- Lead chair applications in the fall, including organizing application materials, questions, and interviewing candidates

Peer Mentorship Program Coordinator

• Coordinate mentorship program applications, PMP week events, mentorship matching, and PMP exclusive events, (about 2 social events a month)

Reach out if you have any questions!



EVP Responsibilities

- Responsible for planning all outreach events
 - About 4 events a month!
 - This includes both on and off campus events
 - Reach out to local businesses and orgs. to collaborate on events (such as Gainesville Giving Garden, Project Downtown, A Reason to Give, etc.)
 - Also coordinate places we may donate crafts/goods
- Plan tabling + make board + flyers each semester
- Coordinate and plan Science of Fear week (SOFW) in the fall and Brain Awareness week (BAW) in the spring (5 events in 1 week for both!)
 - Create applications, select members, and then lead both the SOFW and BAW committees
- Plan both the Fall and Spring Banquets
- Don't hesitate to reach out to me on GroupMe if you have any further questions!!



Treasurer Responsibilities

- Submitting SARs/club fund requests to student government
- Requesting the semesterly budget
- Managing club finances
- Collaborating with fundrasing chair to plan events



Secretary Responsibilities

• Communication within the executive board

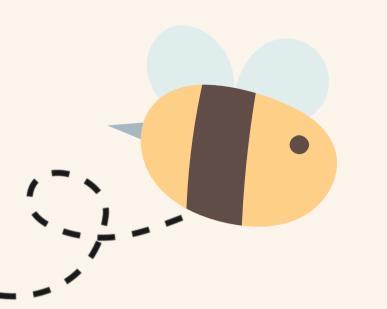
- Create and manage meeting minutes, create and manage General Body Meeting Slides, direct collaborations to respected officers to further outside engagement, ensure responsibilities of officers and board members, and work alongside chairs to ensure effective communication
- Leading chair

• Communication within The Neuroscience Club

 Create and manage the points system for members, answer members' questions regarding events and points, manage communication about events, and increase involvement for events

• Communication beyond The Neuroscience Club

- Increase engagement for The Neuroscience Club and its events, govern and manage social media platforms, generate promotion for events, and manage the overall image and aesthetics of The Neuroscience Club
- Please reach out with any questions!





Gertlerl





