



*These programs are intended for general wellness support only. They are not intended to diagnose, treat, cure, or prevent any disease. Individual experiences may vary.*

## **FAST PROGRAMS**

### **1. 1001 Left Facial Lifting & Firming Experience (30m)**

- Supports facial ligament integrity
- Enhances microcirculation
- Improves left-side sagging

### **2. 1002 Right Facial Lifting & Firming Experience (30m)**

- Activates right facial muscles
- Improves circulation and tone
- Balances facial symmetry

### **3. 1003 Left Facial Firming Experience (30m)**

- Repairs fibrous connective tissue
- Promotes blood flow
- Improves age-related laxity

### **4. 1004 Right Facial Firming Experience (30m)**

- Firms right facial tissue
- Enhances contour definition
- Supports skin elasticity

### **5. 1005 Left Eye Area Soothing (1h)**

- Supports eye microcirculation
- Repairs connective tissue
- Reduces eye bags

### **6. 1006 Right Eye Area Soothing (1h)**

- Enhances right-eye circulation
- Supports muscle tone
- Relieves eye fatigue



## ZEN VEIN

### **7. 1010 Waist & Abdominal Contouring Support (1h)**

- Activates abdominal circulation
- Supports lymphatic metabolism
- Aids waist tightening

### **8. 1012 Buttock Firming Experience (1h)**

- Improves glute circulation
- Activates muscle tone
- Supports lifting effect

### **9. 1013 Leg Line Firming Support (1h)**

- Enhances leg circulation
- Activates muscle and fat layers
- Reduces puffiness

### **10. 1017 Facial Firming Support (1h)**

- Activates facial nerve regulation
- Improves firmness
- Supports overall lift

### **11. 1018 Left Nasolabial Fold Firming (30m)**

- Repairs skin cell degradation
- Supports bone-related tissue decline
- Softens nasolabial lines

### **12. 1019 Right Nasolabial Fold Firming (30m)**

- Activates lymphatic detox
- Regulates nerve frequency
- Softens facial folds

### **13. 1108 Rapid Respiratory Resilience Support (2h)**

- Supports acute respiratory stress
- Enhances immune response
- Aids deposit-viral recovery



## ZEN VEIN

### **14. 1122 Throat Area Soothing (1h)**

- Calms tonsil inflammation
- Supports mucosal comfort
- Eases throat irritation

### **15. 1124 Throat Comfort Support (2h)**

- Balances upper airway
- Relieves hoarseness
- Supports vocal recovery

### **16. 1125 Respiratory System Soothing (1h)**

- Calms bronchial tissue
- Supports airway comfort
- Reduces irritation

### **17. 1126 Respiratory Ease Support (1h)**

- Relieves acute airway tightness
- Calms breathing response
- Supports rapid relief

### **18. 1127 Respiratory Ease Support (2.5h)**

- Sustains airway relaxation
- Supports recovery after episodes
- Enhances breathing stability

### **19. 1128 Lung Area Soothing (1h)**

- Supports lung tissue comfort
- Aids post-infection recovery
- Reduces chest fatigue

### **20. 1129 Respiratory System Soothing (1h)**

- Balances bronchial pathways
- Improves breathing comfort
- Supports environmental resilience



**21. 1203 Stomach Comfort (2h)**

- Relieves bloating
- Calms gastric mucosa
- Supports digestive ease

**22. 1205 Abdominal Wellness Support (1h)**

- Regulates abdominal function
- Reduces tension
- Supports gut balance

**23. 1206 Liver & Spleen Wellness Support (1h)**

- Enhances digestive coordination
- Supports metabolic balance
- Improves energy flow

**24. 1208 Gut Health Support (2h)**

- Promotes intestinal detox
- Supports metabolic clearing
- Reduces digestive heaviness

**25. 1210 Bowel Regularity Support (1h)**

- Improves motility
- Relieves constipation
- Supports bowel comfort

**26. 1213 Metabolic Bowel Support (2h)**

- Regulates gut flora
- Supports diabetic constipation
- Improves bowel efficiency

**27. 1214 Stomach Balance Support (2h)**

- Soothes gastric lining
- Reduces acid discomfort
- Improves digestion



**28. 1215 Spleen & Stomach Area Support (2h)**

- Strengthens digestive function
- Supports appetite
- Improves long-term gut health

**29. 1225 Gastrointestinal Discomfort Relief (1h)**

- Relieves acute GI distress
- Calms cramping
- Supports rapid recovery

**30. 1226 Digestion Support (3h)**

- Improves digestive efficiency
- Reduces post-meal fatigue
- Supports nutrient absorption

**31. 1228 Bowel Soothing (1h)**

- Calms intestinal irritation
- Reduces sensitivity
- Supports stress-related gut issues

**32. 1230 Post-Alcohol Soothing (1h)**

- Enhances alcohol metabolism
- Supports liver detox
- Reduces post-drinking fatigue

**33. 1231 Liver & Kidney Area Support (1h)**

- Enhances detox pathways
- Improves metabolic balance
- Supports energy restoration

**34. 1232 Post-Meal Metabolism Balance (1h)**

- Regulates blood sugar
- Improves energy utilization
- Reduces post-meal crashes



**35. 1233 Stomach Comfort (1h)**

- Calms gastric discomfort
- Reduces bloating
- Supports digestion

**36. 1238 Gallbladder Area Soothing (2h)**

- Reduces gallbladder inflammation
- Improves fat digestion
- Relieves upper abdominal tension

**37. 1305 Brain Activation & Energy Support (2h)**

- Enhances cerebral circulation
- Improves focus
- Reduces mental fatigue

**38. 1310 Cerebral Vein Wellness Support (1h)**

- Improves venous drainage
- Reduces head pressure
- Enhances brain comfort

**39. 1404 Left Head & Neck Blood Flow Experience (1h)**

- Improves left-side circulation
- Reduces stiffness
- Supports posture

**40. 1405 Right Head & Neck Blood Flow Experience (1h)**

- Enhances right-side blood flow
- Relieves muscle tension
- Supports neck comfort

**41. 1407 Chest Soothing & Balance (2h)**

- Calms chest tension
- Supports breathing comfort
- Reduces stress response



## ZEN VEIN

### **42. 1408 Blood Pressure Balance Support (2h)**

- Regulates vascular tone
- Supports circulation
- Reduces pressure sensations

### **43. 1413 Cardiopulmonary Area Vitality Support (1h)**

- Enhances heart-lung coordination
- Improves endurance
- Reduces fatigue

### **44. 1414 Head & Neck Refresh Support (1h)**

- Promotes lymphatic detox
- Improves circulation
- Reduces mental heaviness

### **45. 1415 Heart Area Energy Support (2h)**

- Enhances myocardial circulation
- Improves vitality
- Reduces chest fatigue

### **46. 1416 Body Balance Regulation (2h)**

- Regulates autonomic balance
- Clears heat and stagnation
- Supports systemic harmony

### **47. 1423 Cardiopulmonary Function Support (2.5h)**

- Sustains heart-lung function
- Improves recovery capacity
- Supports endurance

### **48. 1426 Leg Circulation Comfort Support (2h)**

- Improves venous flow
- Reduces heaviness
- Supports prolonged standing



**49. 1430 Cardiopulmonary Function Support (1h)**

- Supports mild fatigue recovery
- Enhances breathing comfort
- Maintains vitality

**50. 1505 Thyroid Area Balancing (1h)**

- Supports thyroid follicle health
- Reduces inflammation
- Improves metabolic regulation

**51. 1506 Rapid Post-Meal Metabolism Support (1h)**

- Stabilizes blood sugar
- Improves energy regulation
- Reduces sluggishness

**52. 1513 Thyroid Area Support (2h)**

- Supports thyroid comfort
- Enhances hormonal stability
- Improves vitality

**53. 1516 Sugar Metabolism Balance Support (2h)**

- Regulates pancreatic function
- Improves glucose utilization
- Stabilizes energy

**54. 1517 Liver & Kidney Function Support (2h)**

- Enhances detox
- Improves metabolic vitality
- Supports recovery

**55. 1524 Liver, Spleen & Pancreas Support (1h)**

- Coordinates digestion
- Improves metabolic harmony
- Supports energy balance



## ZEN VEIN

### **56. 1601 Immune System Maintenance (2h)**

- Activates immune organs
- Enhances resilience
- Supports prevention

### **57. 1602 Left Lymphatic Drainage Support (30m)**

- Promotes lymph flow
- Reduces puffiness
- Supports detox

### **58. 1603 Right Lymphatic Drainage Support (30m)**

- Enhances fluid movement
- Reduces congestion
- Improves circulation

### **59. 1701 Peaceful Sleep Support (2h)**

- Calms nervous system
- Supports sleep onset
- Reduces overstimulation

### **60. 1704 Deep Sleep Support (2h)**

- Enhances sleep depth
- Improves recovery
- Reduces nighttime waking

### **61. 1801 Eye Fatigue Relief (2h)**

- Repairs eye cells
- Reduces strain
- Improves comfort

### **62. 1809 Eye Soothing (1h)**

- Stabilizes tear film
- Relieves dryness
- Improves visual comfort



**63. 1812 Left Sinus Area Soothing (45m)**

- Calms nasal mucosa
- Reduces congestion
- Improves airflow

**64. 1813 Right Sinus Area Soothing (45m)**

- Supports sinus drainage
- Relieves pressure
- Enhances breathing

**65. 1826 Ear Soothing (1h)**

- Reduces ear pressure
- Calms sensory fatigue
- Improves comfort

**66. 1828 Nighttime Breathing Ease (1h)**

- Supports relaxed breathing
- Reduces snoring patterns
- Improves sleep quality

**67. 1829 Nasal & Immune Support (1h)**

- Enhances nasal immunity
- Reduces sensitivity
- Supports seasonal balance

**68. 1903 Prostate Area Deep Soothing (1h)**

- Relieves prostate tension
- Improves pelvic comfort
- Supports male wellness

**69. 1910 Prostate Area Comfort (2.5h)**

- Sustains prostate balance
- Supports long-duration comfort
- Improves urinary ease



**70. 1913 Male Vitality Support (2h)**

- Enhances energy
- Supports endurance
- Improves vitality

**71. 1916 Prostate Area Balance Support (1h)**

- Maintains prostate health
- Supports prevention
- Improves comfort

**72. 2004 Chest Tissue Support (1h)**

- Improves chest circulation
- Supports tissue vitality
- Reduces tension

**73. 2005 Female Intimate Area Care (2h)**

- Balances hormones
- Improves comfort and hydration
- Supports pelvic health

**74. 2006 Menstrual Deep Soothing (2h)**

- Relieves cycle discomfort
- Reduces cramping
- Supports relaxation

**75. 2019 Postpartum Lactation Support (1h)**

- Supports milk flow
- Balances postpartum recovery
- Improves comfort

**76. 2020 Postpartum Recovery Support (2h)**

- Restores whole-body balance
- Supports healing
- Reduces fatigue



**77. 2025 Postpartum Abdominal Support (1.5h)**

- Tones abdominal tissue
- Supports core recovery
- Improves balance

**78. 2026 Pelvic Floor Support (2h)**

- Strengthens pelvic floor
- Reduces leakage
- Improves stability

**79. 2027 Abdominal Warmth Support (2h)**

- Improves circulation
- Reduces cold stagnation
- Supports uterine comfort

**80. 2101 Shoulder & Neck Relaxation Experience (2h)**

- Encourages relaxation of shoulder and neck muscles
- Supports circulation and tension release
- Aids posture-related discomfort

**81. 2102 Knee Joint Soothing (2h)**

- Supports knee joint comfort
- Encourages flexibility and circulation
- Aids activity-related strain recovery

**82. 2106 Limb Circulation Support (1h)**

- Encourages healthy circulation in arms and legs
- Supports warmth and vitality
- Aids fatigue from prolonged inactivity

**83. 2107 Lower Back Relaxation Experience (1h)**

- Encourages relaxation of the lower back muscles
- Supports circulation and comfort
- Aids tension from sitting or physical strain



## ZEN VEIN

### **84. 2116 Musculoskeletal System Support (2h)**

- Supports overall muscle and joint comfort
- Encourages balanced movement
- Aids whole-body recovery

### **85. 2117 Neck & Shoulder Relaxation Experience (2h)**

- Promotes deep muscular relaxation
- Supports circulation in neck and shoulders
- Aids stress-related tension release

### **86. 2118 Chest & Rib Area Soothing Experience (2h)**

- Encourages relaxation of chest and rib muscles
- Supports comfortable breathing patterns
- Aids postural and stress-related tightness

### **87. 2120 Joint Soothing Support (2h)**

- Supports joint comfort and mobility
- Encourages circulation around joints
- Aids stiffness and overuse recovery

### **88. 2124 Neck & Shoulder Relaxation Experience (1h)**

- Provides short-duration muscle relaxation
- Supports quick tension relief
- Aids desk or screen-related strain

### **89. 2201 Vitality Boost Support (2h)**

- Encourages overall energy circulation
- Supports vitality and alertness
- Aids whole-body balance

### **90. 2202 Liver & Gallbladder Function Support (2h)**

- Supports liver and gallbladder comfort
- Encourages healthy metabolic flow
- Aids digestive balance



## **STANDARD PROGRAMS**

### **91. 1009 Chest Tissue Support (4h)**

- Supports healthy circulation in the chest area
- Encourages tissue comfort and vitality
- Eases tension in the upper chest

### **92. 1030 Full Facial Firming Support (4h)**

- Supports facial muscle tone and skin comfort
- Encourages firmness and elasticity
- Promotes a lifted, refreshed appearance

### **93. 1031 Eye Area Deep Soothing (4h)**

- Supports circulation around the eye area
- Encourages eye-area comfort
- Promotes relaxation of surrounding tissues

### **94. 1032 Full Facial Glow Support (4h)**

- Supports healthy circulation to facial skin
- Encourages a brighter, more even appearance
- Promotes overall facial vitality

### **95. 1104 Lung Recovery Phase Support (4h)**

- Supports respiratory comfort after periods of stress
- Encourages ease of breathing
- Promotes overall lung-area wellness

### **96. 1106 Immune System Support During Viral Period (4h)**

- Supports immune system balance during times of stress
- Encourages whole-body resilience
- Promotes general wellness support

### **97. 1107 Lung Area Support (4h)**

- Supports comfort and balance in the lung area
- Encourages relaxed breathing patterns
- Promotes respiratory wellness

### **98. 1113 Throat Area Soothing (4h)**

- Supports throat comfort and relaxation



- Encourages mucosal wellness
- Promotes ease in the throat area

**99. 1114 Cardiopulmonary Deep Support (4h)**

- Supports coordinated heart and lung comfort
- Encourages healthy circulation
- Promotes endurance and vitality

**100. 1115 Lung Area Comfort Support (4h)**

- Encourages relaxation in the lung area
- Supports breathing comfort
- Promotes restful respiratory patterns

**101. 1116 Lung & Kidney Area Energy Balance (4h)**

- Supports energetic balance between lung and kidney areas
- Encourages circulation and vitality
- Promotes overall energy support

**102. 1118 Lung Function Support (4h)**

- Supports respiratory comfort and stamina
- Encourages balanced breathing
- Promotes lung-area wellness

**103. 1119 Bronchial Area Comfort (2.5h)**

- Encourages comfort in the bronchial area
- Supports relaxed airway sensations
- Promotes chest ease

**104. 1120 Cold Discomfort Relief (3h)**

- Encourages warmth and circulation
- Supports comfort during cold sensitivity
- Promotes physical ease

**105. 1123 Respiratory Tract Soothing (3h)**

- Supports comfort throughout the airway passages
- Encourages moisture balance
- Promotes respiratory ease



**106. 1217 Gut Health Support (4h)**

- Supports digestive comfort
- Encourages balanced gut function
- Promotes abdominal ease

**107. 1218 Intestinal Detox Support (6h)**

- Supports the body's natural cleansing processes
- Encourages digestive balance
- Promotes feelings of lightness and comfort

**108. 1219 Stomach Balance & Bloating Support (4h)**

- Supports stomach comfort
- Encourages balanced digestion
- Promotes relief from fullness sensations

**109. 1221 Digestion Support (4h)**

- Supports digestive efficiency
- Encourages post-meal comfort
- Promotes nutrient utilization

**110. 1222 Spleen & Stomach Deep Support (6h)**

- Supports long-term digestive comfort
- Encourages energy and vitality
- Promotes gut resilience

**111. 1223 Comprehensive Bowel Regularity Support (4h)**

- Supports comfortable bowel patterns
- Encourages digestive rhythm
- Promotes abdominal ease

**112. 1227 Bowel Sensitivity Soothing (6h)**

- Supports comfort in sensitive digestive systems
- Encourages nervous-digestive balance
- Promotes calm gut sensations

**113. 1241 Gallbladder Deep Support (4h)**

- Supports gallbladder area comfort
- Encourages digestive balance
- Promotes upper abdominal ease



**114. 1242 Spleen & Stomach Area Support (4h)**

- Supports coordinated digestive comfort
- Encourages energy assimilation
- Promotes abdominal vitality

**115. 1307 Head Relaxation & Balancing (4h)**

- Encourages relaxation in the head area
- Supports circulation and comfort
- Promotes nervous system balance

**116. 1308 Brain Function Support (4h)**

- Supports mental clarity and focus
- Encourages balanced neurological activity
- Promotes cognitive wellness

**117. 1420 Circulatory Health Comprehensive Support (6h)**

- Supports healthy circulation
- Encourages blood flow balance
- Promotes cardiovascular comfort

**118. 1424 Circulatory System Balance Support (6h)**

- Supports circulatory balance
- Encourages vascular comfort
- Promotes limb ease

**119. 1427 Leg Circulation Support (6h)**

- Supports comfort and circulation in the legs
- Encourages lightness and ease
- Promotes endurance

**120. 1436 Metabolic Balance Support (4h)**

- Supports metabolic balance
- Encourages stable energy levels
- Promotes whole-body wellness

**121. 1509 Liver & Kidney Deep Support (4h)**

- Supports liver and kidney area comfort
- Encourages natural detox pathways
- Promotes recovery and vitality



**122. 1511 Pancreas & Sugar Metabolism Support (4h)**

- Supports healthy metabolic processes
- Encourages balanced energy use
- Promotes post-meal comfort

**123. 1512 Waist & Abdominal Metabolism Support (4h)**

- Supports abdominal circulation
- Encourages metabolic comfort
- Promotes core vitality

**124. 1515 Thyroid Area Balancing (4h)**

- Supports thyroid area comfort
- Encourages endocrine balance
- Promotes steady energy

**125. 1520 Core Metabolic Area Support (3h)**

- Supports central metabolic comfort
- Encourages vitality
- Promotes systemic balance

**126. 1521 Endocrine System Balance Support (6h)**

- Supports endocrine system harmony
- Encourages long-term wellness
- Promotes whole-body balance

**127. 1523 Kidney Area Comfort Support (4h)**

- Supports comfort and warmth in the kidney area
- Encourages circulation
- Promotes energy support

**128. 1526 All-Day Sugar Metabolism Balance (4h)**

- Supports steady energy throughout the day
- Encourages balanced metabolism
- Promotes sustained vitality

**129. 1604 Immune System Support (4h)**

- Supports immune system balance
- Encourages resilience
- Promotes wellness maintenance



**130. 1705 Body–Mind Balance for Sleep (4h)**

- Supports nervous system relaxation
- Encourages mental calm
- Promotes restful sleep

**131. 1706 Deep Sleep Support (4h)**

- Supports deeper rest cycles
- Encourages nighttime recovery
- Promotes refreshed waking

**132. 1707 Metabolic Soothing for Sleep (4h)**

- Encourages physical relaxation during sleep
- Supports nighttime comfort
- Promotes restorative rest

**133. 1708 Systematic Sleep Support (4h)**

- Supports coordinated relaxation across body systems
- Encourages healthy sleep rhythm
- Promotes sleep quality

**134. 1709 Chest Relaxation for Sleep (4h)**

- Encourages chest comfort at night
- Supports relaxed breathing
- Promotes uninterrupted sleep

**135. 1710 Systematic Sleep Support (4h)**

- Supports ongoing sleep balance
- Encourages nervous system calm
- Promotes recovery

**136. 1711 Soothing Sleep Aid (4h)**

- Encourages gentle relaxation
- Supports bedtime calm
- Promotes ease in falling asleep

**137. 1806 Eye Area Deep Relaxation (4h)**

- Supports eye-area comfort
- Encourages relaxation of surrounding tissues
- Promotes visual ease



## ZEN VEIN

### **138. 1814 Sinus & Immune Support (2.5h)**

- Supports sinus comfort
- Encourages immune balance
- Promotes breathing ease

### **139. 1815 Ear Soothing (4h)**

- Supports ear comfort
- Encourages sensory relaxation
- Promotes auditory ease

### **140. 1816 Auditory Comfort Support (4h)**

- Supports auditory system comfort
- Encourages circulation around the ears
- Promotes sensory balance

### **141. 1819 Sinus Area Soothing (3h)**

- Supports sinus relaxation
- Encourages airflow comfort
- Promotes nasal ease

### **142. 1821 Nasal Passage Support (4h)**

- Supports nasal comfort
- Encourages open breathing
- Promotes mucosal wellness

### **143. 1827 Eye Soothing Support (6h)**

- Supports prolonged eye comfort
- Encourages relaxation
- Promotes visual wellness

### **144. 1907 Male Vitality Support (4h)**

- Supports male energy and vitality
- Encourages endurance
- Promotes overall wellness

### **145. 1908 Male Urinary Tract Soothing (4h)**

- Supports urinary area comfort
- Encourages pelvic relaxation
- Promotes daily wellness



**146. 1909 Male Prostate Discomfort Relief (4h)**

- Supports prostate area comfort
- Encourages relaxation
- Promotes long-term wellness

**147. 2007 Menstrual Discomfort Relief (4h)**

- Supports comfort during the menstrual cycle
- Encourages relaxation
- Promotes monthly wellness

**148. 2008 Female Intimate Area Care (4h)**

- Supports intimate area comfort
- Encourages tissue wellness
- Promotes hydration balance

**149. 2010 Female Cycle Balance Support (4h)**

- Supports hormonal balance
- Encourages cycle comfort
- Promotes long-term wellness

**150. 2011 Pelvic Area Support (4h)**

- Supports pelvic circulation and comfort
- Encourages balance
- Promotes reproductive wellness

**151. 2013 Breast Tissue Support (4h)**

- Supports breast area comfort
- Encourages circulation
- Promotes tissue vitality

**152. 2014 Female Urinary Tract Soothing (4h)**

- Supports urinary comfort
- Encourages relaxation
- Promotes pelvic wellness

**153. 2016 Ovarian Area Support (6h)**

- Supports ovarian area comfort
- Encourages circulation
- Promotes reproductive vitality



**154. 2017 Uterine Area Support (4h)**

- Supports uterine comfort
- Encourages warmth
- Promotes lower abdominal ease

**155. 2020 Postpartum Comprehensive Recovery Support (2.5h)**

- Supports whole-body comfort postpartum
- Encourages balance and restoration
- Promotes gentle recovery

**156. 2021 Lower Abdominal Warmth & Balance (4h)**

- Encourages warmth and circulation
- Supports lower abdominal comfort
- Promotes feminine wellness

**157. 2105 Joint Discomfort Relief (6h)**

- Supports joint comfort
- Encourages flexibility
- Promotes mobility wellness

**158. 2113 Shoulder & Neck Deep Soothing (4h)**

- Supports deep muscular relaxation
- Encourages circulation
- Promotes posture comfort

**159. 2114 Lower Back Deep Soothing (4h)**

- Supports lower back comfort
- Encourages relaxation
- Promotes mobility ease

**160. 2115 Knee Joint Support (4h)**

- Supports knee comfort
- Encourages flexibility
- Promotes joint wellness

**161. 2122 Wrist Area Soothing (3h)**

- Supports wrist comfort
- Encourages circulation
- Promotes recovery from daily use



**162. 2123 Lower Limb Warmth & Vitality Support (6h)**

- Encourages warmth in the lower limbs
- Supports circulation
- Promotes endurance comfort

**163. 2203 Immune System Support (6h)**

- Supports long-term immune balance
- Encourages resilience
- Promotes wellness maintenance

**164. 2204 Whole Body Metabolic Renewal (4h)**

- Supports metabolic balance
- Encourages energy renewal
- Promotes whole-body wellness

**165. 2208 Whole Body Energy Balancing (4h)**

- Supports balanced energy flow
- Encourages vitality
- Promotes daily wellness

**166. 2211 Liver & Gallbladder Deep Support (4h)**

- Supports liver and gallbladder comfort
- Encourages digestive balance
- Promotes metabolic wellness

**167. 2213 Core Energy Balance Support (4h)**

- Supports central energy balance
- Encourages resilience
- Promotes foundational vitality

**168. 2214 Kidney Area Energy Support (4h)**

- Supports kidney area comfort
- Encourages warmth and vitality
- Promotes energy balance

**169. 2218 Whole Body Metabolic Support (6h)**

- Supports long-term metabolic balance
- Encourages sustained energy
- Promotes comprehensive wellness



**ZEN VEIN**

**170. 2231 Brain Energy Support (6h)**

- Supports mental clarity and sustained focus
- Encourages healthy circulation to the head and brain area
- Promotes steady energy and reduced mental fatigue