



Zen Vein Wellness System

User Guide, Safety, and Operating Instructions

Video Tutorial: [Zen Vein Intelligent Restoration Device Operations Manual.mp4](#)

GLOBAL DISCLAIMER

Zen Vein is a wellness support system and is not intended to diagnose, treat, cure, or prevent any disease.

Zen Vein does not replace professional medical care, diagnosis, or treatment. Always consult a licensed healthcare professional for medical concerns.

Zen Vein is not FDA-approved and is intended for general wellness support only.

WHO SHOULD NOT USE ZEN VEIN

Do not use this device if you are:

- Pregnant
- A child under 10 years old
- Using a pacemaker or implanted stent
- A recipient of an organ transplant



- Diagnosed with progressive neurological or respiratory diseases (such as ALS or silicosis)
- Living with epilepsy or severe psychiatric conditions (such as schizophrenia, bipolar disorder, or severe depression)

If you have any medical condition or health concern, consult a licensed healthcare professional before use.

DEVICE USAGE SAFETY & ENVIRONMENT

(Translated and adapted from original Chinese manual)

- Use only in environments between 32°F–95°F (0°C–35°C)
 - Keep the main device well ventilated
 - Do not seal the device inside bags, bedding, or enclosed spaces
 - Avoid water, moisture, and high-humidity environments
 - Do not place near heat sources
 - Do not use damaged power cords or adapters
 - Avoid dropping or compressing the device
 - Clean with a dry or lightly damp cloth only
 - Do not use alcohol or chemical cleaners
 - Long-term storage requires weekly charging to prevent battery degradation
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POWER & BATTERY GUIDELINES

- Battery life is approximately 2–3 hours when properly maintained
 - Any program longer than 2 hours must be used while plugged in for best results
 - Long sessions without power may interrupt the program
 - If unused for extended periods, recharge at least once per week
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SENSOR & ACCESSORY USAGE

Wrist Sensor

- Place the sensor on the inside of the wrist
- Wire should face toward the fingers
- Avoid bending or twisting the cable
- Ensure skin contact for optimal bioelectrical signal transmission

Sleep Band (Optional Accessory – Sold Separately)

- Can be placed:
 - Under a cotton pillow
 - Under the shoulder or back area
- Works through clothing and bedding via frequency transmission



- Wear cotton clothing only for optimal bioelectric field transfer
 - Avoid synthetic fabrics
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HYDRATION & COMFORT NOTE

During longer wellness sessions, hydrate well with water.

Proper hydration supports the body's natural cellular processes while the system provides wellness-oriented frequency support.

SCREEN & INTERFACE NOTES

- You may occasionally see a body outline or organ graphic on screen
 - This is a visual interface only showing the system's operating focus
 - This is normal and not a cause for concern
 - Press Home to return to the main screen at any time
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STARTUP & CONNECTION

1. Plug in the device
2. Power on using the main power button



3. Ensure stable WiFi connection
4. If users or programs do not load:
 - Press Home
 - Recheck WiFi
 - Restart device if needed

IMPORTANT AGREEMENT SCREEN INSTRUCTION

When the disclaimer screen appears:

- Wait 2 minutes before pressing “Agree”
- Press the dark purple “Agree” button
- Clicking too quickly may cause programs or users not to load

NORMAL OPERATION FLOW

1. Power on device
2. Review and agree to disclaimer
3. Select user profile
4. Choose wellness program



5. Press Start
6. Device operates automatically
7. System may shut down automatically after session completion

No manual intervention is required during operation.

AUTO MODE

- Auto Mode allows the device to start with a selected user and program automatically
 - Configure once under Settings
 - Can be exited anytime from the user list
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COMMON TROUBLESHOOTING

(Translated and simplified)

If system stalls at 99%

- Unplug sensor
- Reinsert sensor
- Restart device

If user or program list does not appear



- Press Home
- Check WiFi
- Restart system

If sensor disconnect warning appears

- Ensure sensor is firmly connected
- Confirm skin contact
- Press “Confirm” and allow system to resume automatically

If device shuts down unexpectedly

- Loss of contact for:
 - 15 minutes at night
 - 30 minutes during daytime
- Reconnect sensor and restart

SOFTWARE & NETWORK

- Device requires WiFi for:
 - User data sync
 - Program downloads



- Use stable internet for best performance
- If repeated software issues occur, contact Zen Vein support

ACCESSORIES LIFESPAN NOTICE

Sensors (wrist sensor and sleep band) are consumable components.

- Typical lifespan: ~1 year
- Degradation may affect accuracy or connectivity
- Replacement may be required for optimal function