**Rise and Shine Daycare Daily Schedule**

**7:30-8:00**

* Health Screening
* Arrival and Greetings

**8:00-8:30**

* Hand washing and Breakfast

**8:30-10:00**

* Independent Exploration and Individual Lesson
* Circle Time
* Diaper change and Toileting

**10:00-10:35**

* Morning Snacks

**10:45-11:35**

* Outdoor Play or Activities (Weather permitted)

**11:45-12:30**

* Handwashing
* Lunch
* Diapering and Toileting

**12:45-3:30**

* Story
* Nap Time
* Quiet Time

**3:30-4:30**

* Evening Snack
* Packing lunch Bags
* Diapering and Toileting

**4:30-5:00**

* Outdoor or Gross Motor Experience & Dismissal