## 1 Down Bow on each String

(For the Very Beginner)

- 1 Down
  Bow oneach OpenString
- Slow Bow
- 2 Counts

- Heavy R. Arm
- Good Contact Point
- Full Bow
  - Start at silver part near frog
  - Play till point
    of bow, or the
    R. Arm is
    straight and
    near the point.