



Patient Instructions for Dry Blood Sample Collection and Handling

The following instructions are intended to help you collect the correct specimen for the test. Read all the instructions carefully, make sure you are prepared, and follow each step described below to ensure proper collection.

WASH YOUR HANDS PRIOR TO SPECIMEN COLLECTION

1. Open the specimen collection kit.
2. Twist the tab to break the seal on the lancet. Do not touch or depress white tip.
3. Use the provided alcohol pad to clean the tip of the finger (3rd or 4th finger).
4. Place the top of the lancet against the side of the fingertip. The side facing the 5th finger.
5. Press down firmly until an audible click is heard.
6. Gently press the pricked finger from below the puncture site to allow for a large drop of blood to form.
7. Hold finger downward to allow blood to drop onto the circles on the specimen card.
8. Allow the specimen to dry, then place into the return packaging provided.

NOTE: It will take 24 to 48 hours for the lab to release your results.