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NEWS & VIEWS

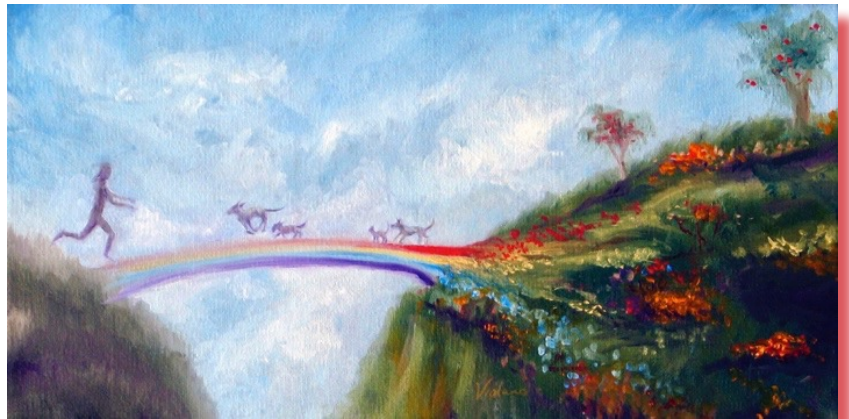


### 7 Things you can do to keep your pet healthy

1. Keep your pet at a healthy weight.
  2. Exercise your pet.
  3. Feed your pet a balanced, nutritious diet.
  4. Have your veterinarian examine your pet at least once a year to make sure your pet is healthy and to help detect problems earlier.
  5. Vaccinate your pet against potentially deadly diseases such as distemper, parvo, panleukopenia and rabies.
  6. Keep your pet free of parasites (fleas and ticks, heartworm, etc.) – consult your veterinarian for the best product for your pet.
  7. Spay or neuter your pet.
- <https://www.avma.org/resources/pet-owners/petcare/7-things-you-can-do-keep-your-pet-healthy>



## ORIGIN OF PET'S RAINBOW BRIDGE POEM 1959



*Just this side of heaven is a place called Rainbow Bridge. When an animal dies that has been especially close to someone here, your pet goes to Rainbow Bridge. There are meadows and hills for all of our special friends so they can run and play together. There is plenty of food, water, and sunshine, and friends are warm and comfortable. All the animals who have been ill and old are restored to health and strength, those who were hurt are made better and strong again, like we remember them before they go to heaven. They are happy and content except for one small thing, they each miss someone very special to them who had to be left behind. They all run and play together, but the day comes when one suddenly stops and looks into the distance, his bright eyes are shining (sic), his body shakes. Suddenly he begins to run from the herd, rushing over the grass, his legs carrying him faster and faster, and when you and your special friend finally meet, you cuddle in a happy hug never to be apart again. You and your pet are in tears. Your hands again cuddle his head and you look again into his trusting eyes, so long gone from life, but never absent from your heart, and then you cross the Rainbow Bridge together.*

By Edna Clyne-Rekhy