

COURT 1 (2 to 21) West Gym		
Time	Play	Ref
8:50 - 9:30	16 - 19	3
9:30 - 10:10	16 - 3	19
10:10 - 10:40	19 - 3	16
10:40 - 10:50	Change Courts	
10:50 - 11:20	16 - 5	8
11:20 - 11:50	16 - 8	5
11:50 - 12:20	5 - 8	16
2nd Wave		
1:00 - 1:40	30 - 25	20
1:40 - 2:20	30 - 20	25
2:20 - 2:50	25 - 20	30
2:50 - 3:00	Change Courts	
3:00 - 3:30	30 - 21	22
3:30 - 4:00	30 - 22	21
4:00 - 4:30	21 - 22	30

COURT 2 (2 to 21) West Gym		
Time	Play	Ref
8:50 - 9:30	5 - 4	15
9:30 - 10:10	5 - 15	4
10:10 - 10:40	4 - 15	5
10:40 - 10:50	Change Courts	
10:50 - 11:20	19 - 4	13
11:20 - 11:50	19 - 13	4
11:50 - 12:20	4 - 13	19
2nd Wave		
1:00 - 1:40	21 - 23	29
1:40 - 2:20	21 - 29	23
2:20 - 2:50	23 - 29	21
2:50 - 3:00	Change Courts	
3:00 - 3:30	25 - 23	24
3:30 - 4:00	25 - 24	23
4:00 - 4:30	23 - 24	25

COURT 3 (2 to 21) East Gym		
Time	Play	Ref
8:50 - 9:30	8 - 13	10
9:30 - 10:10	8 - 10	13
10:10 - 10:40	13 - 10	8
10:40 - 10:50	Change Courts	
10:50 - 11:20	3 - 15	10
11:20 - 11:50	3 - 10	15
11:50 - 12:20	15 - 10	3
2nd Wave		
1:00 - 1:40	22 - 24	26
1:40 - 2:20	22 - 26	24
2:20 - 2:50	24 - 26	22
2:50 - 3:00	Change Courts	
3:00 - 3:30	20 - 29	26
3:30 - 4:00	20 - 26	29
4:00 - 4:30	29 - 26	20

12s Teams	
Team Name	Team #
Riders White	1
Pella Thunder 1	2
Ankeny Flash	3
Urbandale J-Hawks	4
Norwalk Black	5
Purple Titans	6
Johnston Gold	7
Johnston Purple	8
Urbandale United	9
Rams Black	10
Riders Navy	11
Rams Gold	12
North Polk M&Ms	13
Pella Thunder 2	14
Iowa Heart	15
Comet Impact	16
PCM Maroon	28
Ignit 12 Green	18
Indianola Gold	19

COURT FORMAT
 Warm-up - For the first two matches of each wave, each team will have the court for 5 minutes for their warm-up. No shared this year.
Match Points
 Courts 1-3 (3 team pools) will play 2 sets, Cap of 21, Win by 1
 Court 4 (4 team pools) will play 2 sets, Cap of 25, Win by 1
 Bye Teams are Highlighted

COVID REMINDERS
 Any league participant will be required to have done a self-check health assessment prior to arriving.
 All Players, Parents, and Coaches must wear masks. On and off the court.
 Teams will bring and warm-up with their own volleyballs.
 Teams will not switch sides.
 Players should bring their own water.
 League will observe social distancing whenever possible.

COURT 4 (2 to 25) East Gym		
Time	Play	Ref
8:50 - 9:35	14 - 18	12
9:35 - 10:20	12 - 2	14
10:20 - 10:55	14 - 2	18
10:55 - 11:30	12 - 18	14
11:30 - 12:05	18 - 2	12
12:05 - 12:40	14 - 12	2
2nd Wave		
1:00 - 1:45	6 - 7	28
1:45 - 2:30	28 - 9	6
2:30 - 3:05	6 - 9	7
3:05 - 3:40	28 - 7	6
3:40 - 4:15	7 - 9	28
4:15 - 4:50	6 - 28	9

11s Teams	
Team Name	Team #
Pella Thunder 1	20
Riders Navy	21
Norwalk Black	22
Pella Thunder 2	23
PCM Gold	24
Powerplex	25
Riders White	26
Rams Black	27
Norwalk Purple	29
Iowa Heart	30
Rams Gold	31
Indianola Purple	32

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