

COURT 1 (2 to 21) West Gym		
Time	Play	Ref
8:50 - 9:30	4 - 8	28
9:30 - 10:10	4 - 28	8
10:10 - 10:40	8 - 28	4
10:40 - 10:50	Change Courts	
10:50 - 11:20	4 - 7	2
11:20 - 11:50	4 - 2	7
11:50 - 12:20	7 - 2	4
2nd Wave		
1:00 - 1:40	20 - 21	22
1:40 - 2:20	20 - 22	21
2:20 - 2:50	21 - 22	20
2:50 - 3:00	Change Courts	
3:00 - 3:30	20 - 24	26
3:30 - 4:00	20 - 26	24
4:00 - 4:30	24 - 26	20

COURT 2 (2 to 21) West Gym		
Time	Play	Ref
8:50 - 9:30	7 - 1	9
9:30 - 10:10	7 - 9	1
10:10 - 10:40	1 - 9	7
10:40 - 10:50	Change Courts	
10:50 - 11:20	8 - 1	18
11:20 - 11:50	8 - 18	1
11:50 - 12:20	1 - 18	8
2nd Wave		
1:00 - 1:40	24 - 27	29
1:40 - 2:20	24 - 29	27
2:20 - 2:50	27 - 29	24
2:50 - 3:00	Change Courts	
3:00 - 3:30	21 - 27	32
3:30 - 4:00	21 - 32	27
4:00 - 4:30	27 - 32	21

COURT 3 (2 to 21) East Gym		
Time	Play	Ref
8:50 - 9:30	2 - 6	11
9:30 - 10:10	2 - 11	6
10:10 - 10:40	6 - 11	2
10:40 - 10:50	Change Courts	
10:50 - 11:20	28 - 25	11
11:20 - 11:50	28 - 11	25
11:50 - 12:20	25 - 11	28
2nd Wave		
1:00 - 1:40	26 - 32	31
1:40 - 2:20	26 - 31	32
2:20 - 2:50	32 - 31	26
2:50 - 3:00	Change Courts	
3:00 - 3:30	22 - 29	31
3:30 - 4:00	22 - 31	29
4:00 - 4:30	29 - 31	22

COURT 4 (2 to 21) East Gym		
Time	Play	Ref
8:50 - 9:30	25 - 12	18
9:30 - 10:10	25 - 18	12
10:10 - 10:40	12 - 18	25
10:40 - 10:50	Change Courts	
10:50 - 11:20	9 - 12	6
11:20 - 11:50	9 - 6	12
11:50 - 12:20	12 - 6	9

12s Teams	
Team Name	Team #
Riders White	1
Pella Thunder 1	2
Ankeny Flash	3
Urbandale J-Hawks	4
Norwalk Black	5
Purple Titans	6
Johnston Gold	7
Johnston Purple	8
Urbandale United	9
Rams Black	10
Riders Navy	11
Rams Gold	12
North Polk M&Ms	13
Pella Thunder 2	14
Iowa Heart	15
Comet Impact	16
PCM Maroon	28
Ignit 12 Green	18
Indianola Gold	19
Powerplex	25

11s Teams	
Team Name	Team #
Pella Thunder 1	20
Riders Navy	21
Norwalk Black	22
Pella Thunder 2	23
PCM Gold	24
Riders White	26
Rams Black	27
Norwalk Purple	29
Iowa Heart	30
Rams Gold	31
Indianola Purple	32

COURT FORMAT
 Warm-up - For the first two matches of each wave, each team will have the court for 5 minutes for their warm-up. No shared this year.
Match Points
 Courts 1-4 (3 team pools) will play 2 sets, Cap of 21, Win by 1
Bye Teams are Highlighted

COVID REMINDERS
 Any league participant will be required to have done a self-check health assessment prior to arriving.
 All Players, Parents, and Coaches must wear masks. On and off the court.
 Teams will bring and warm-up with their own volleyballs.
 Teams will not switch sides.
 Players should bring their own water.
 League will observe social distancing whenever possible.

12U/11U Mid Iowa Volleyball League - MARCH 07