New to the League

Below are some highlights and a quick overview:

This is a 12u/11u Volleyball League where teams sign up and play over an eight-week period in January and February. Teams typically play 6 or 7 out of the 8 weeks with 1 or 2 byes depending on the number of teams.

- Waves We run two waves each Sunday, so your team will either play in the morning or the afternoon.
- Matches Each team will typically play 4 matches each Sunday.
- Rules We abide by USA Volleyball rules.
- **Seeding** Mid-way through the season, we will try to "seed" teams based on level of play so that teams of similar caliber can continue competing for the last several weeks.
- Reffing and Scoring We appreciate standard scoring, but given the limited amount of time, we use a tick sheet and flip score. Makes it simple and avoids all unnecessary time delays you incur with errors at this age group. Reffing is the same as in USA Volleyball. An Up ref, Down Ref, 2 Line judges (flags are provided), and 2 at the score table. Coaches typically stand near the up ref to assist with calls, etc., and we ask the other coach to help at the score table.
- **Setup & Tear Down** Performed by the league.
- Warm-Up Balls Volleyball for warm-up and game balls are provided by the league.
- **Team Cost** Typically \$375.
- Admission None!!! (Yep, you heard that correctly ©).
- **Concessions** None. But you are allowed to bring food.
- **T-Shirt** Each player and coach receive a t-shirt that will be designed through a contest conducted during the league.
- Registration We prefer teams register with USA Volleyball, but have recently allowed AAU, and
 JVA. Either way, you must have a rostered team, and coaches must be registered and have
 passed the appropriate background check.