Demographic Information

Full Name:
Date of Birth:
Gender Identity:
Preferred Language:
Race/Ethnicity:
Address:
City, State, ZIP:
Phone Number:
Email Address (if any):
Preferred Contact Method:
Emergency Contact Name:
Emergency Contact Phone:
Emergency Contact Relationship:
Section 1: Open-Ended Questions (1-15)
1. Tell me about your typical day
2. What are some of your biggest health concerns right now?
3. How do you usually handle stress or tough times?
4. What helps you feel safe and supported in your community?
5. Can you describe any challenges you've had accessing healthcare?
6. How do you usually get to your doctor or clinic appointments?
7. What does a healthy lifestyle mean to you?
8. Share a time you felt truly listened to by a provider or helper:
9. What changes would you like to make in your health or well-being?
10. Who do you turn to for support when needed?
11. What are some goals you have for yourself or your family?
12. How do you care for your mental or emotional health?
13. What services or programs do you wish you had access to?
14. How has your living situation affected your health?
15. What brings you joy or keeps you motivated?

Section 2: Quick Personal Check-In (16-30)

16. Do you feel safe where you live?
[]Yes
[] No
[] Sometimes
17. Do you have a primary care doctor?
[]Yes
[] No
18. Are you currently taking any medications?
[] Yes
[] No
19. Have you had a physical exam in the last 12 months?
[]Yes
[] No
20. Do you have reliable transportation?
[]Yes
[] No
21. Are you currently employed?
[]Yes
[] No
[] Seeking work
22. Do you have health insurance?
[]Yes
[] No
[] Not Sure
23. Can you afford groceries weekly?
[]Yes
[] No
[] Sometimes

24. Is anyone in your household living with a chronic illness?
[]Yes
[] No
25. Do you have children or dependents?
[]Yes
[] No
26. Are there working smoke detectors in your home?
[]Yes
[] No
[] Not Sure
27. Have you ever experienced domestic violence or abuse?
[]Yes
[] No
[] Prefer not to say
28. Do you have access to a phone or internet?
[]Yes
[] No
[] Limited access
29. Do you need help with rent, bills, or other basic needs?
[]Yes
[] No
30. Would you like help connecting to resources or programs today?
[]Yes
[] No
Section 3: CHW Notes / Referrals / Follow-Up
Services or referrals provided during this visit:
Priority concerns:
Next steps or appointments:
CHW Signature:

Date:			