#### **Team Tacodeli 2025 FAQs**

Updated 3/26/25

## Q: How much is the MS Society registration for the ride?

A: Registration for the ride with the MS Society starts at \$100 and increases over the season.

- \$100 Early Bird starting fee!
- \$110 on Monday, October 28, 2024
- \$120 on Monday, December 23, 2024
- \$130 on Wednesday, February 12, 2025
- \$140 on Thursday, March 27, 2025

### Q: Does it cost anything to join the team?

A: Team Dues for the 2024 Season are \$100.

- Each rider receives one free jersey and t-shirt. Additional jerseys may be purchased for \$80, \$15 for t-shirts. Extra jerseys must be paid for by February 7th, 2025. All riders who do not pay their dues or submit this form by February 7th, 2025, will not be guaranteed a jersey or t-shirt in their size. Jerseys and shirts not picked up by June 1st, 2024, will returned to the team.
- The team membership fee is to cover the cost of jerseys, t-shirts, MS 150 season team events, and ride weekend support, such as team tents, private luggage truck, ice baths, snacks, drinks, etc.
- Additional quantities of jerseys and T-shirts, as well as past year's jerseys and t-shirts and socks can be purchased.
- Riders are required to raise the \$400 minimum pledge that is required of all MS 150 riders. Of course, I hope you contribute more than the minimum and help the team accomplish our team goal!

## Q: Are there any other requirements for riding on Team Tacodeli?

A: Yes, all riders must sign a waiver and a code of conduct (found below).

As a Team Tacodeli rider, I agree to adhere to the team's Code of Conduct. I affirm that I will maintain respect for all fellow riders, the MS Society employees and volunteers, Tacodeli employees, and Team Tacodeli

volunteers. I understand that Team Tacodeli President and Captain, Lisa Steffek, can remove me from the roster at any time, with no refund of team dues, for failure to comply with this Code of Conduct.

#### Q: Are there any team events?

A: Yes, there is a team mixer and team bike clinic in February, a fundraiser in March, and a team jersey ride and handout and pre-ride dinner in April.

# Q: I have seen these great Tacodeli jerseys out on the road. Where can I get one?

A: New jerseys can be ordered at the annual mixer in January. Lisa will also have a few of past year's jerseys, t-shirts, socks available for purchase as well. You can also email Lisa (Lisa@teamtacodeli.org) at any time to inquire about the merchandise and available sizes.

#### Q: Where can I get information about training rides?

A: Look for postings at www.teamtacodeli.org. Training rides are planned for every weekend from early February up until the ride. We will also be hosting weekday rides.

## **Q: I'm nervous about fundraising, does the team help with that?** A: YES!

- For every hour you volunteer through Team Tacodeli, we donate \$20 per hour back to your fundraising at the end of the season.
- For every person, including you, which you recruit to our April fundraiser, we'll donate the entire price of admission per person back to your fundraising at the end of the season.
- Furthermore, for every item you donate to the Team Tacodeli silent auction in March, we'll donate the entire amount that item brings back to you at the end of the season.

# Q: I raised fundraising money through the team during the season, when will I see that money applied to my MS 150 account.

A: Before the MS Society packet pick-up.

-----

#### **Weekend of the MS 150 Ride Logistical questions:**

#### Q: Will there be a team start on Saturday?

A: Yes! The official team start will be at the Texas Capitol in Austin (75 miles). Riders are welcome to start from other locations on their own.

#### Q: What do I do with my gear on Saturday and Sunday morning?

A: Team Tacodeli will have a private luggage truck to transport your luggage from the Austin 75-Mile Start to the team tent in La Grange. On Saturday morning, look for the team truck and the Team Tacodeli flag parked at 14<sup>th</sup> and San Jacinto

If you are starting in Houston or doing the shorter (i.e., 50 mile) Austin start, email me your rider number and description of your luggage by 8pm, Friday, April 25<sup>th</sup>, and I'll have volunteers pull it so it's waiting for you at the tent in La Grange.

<u>SUNDAY</u>: Everyone will use the MS luggage trucks on Sunday. The luggage drop is super close to our tent in La Grange. Also, the luggage drop in College Station is more convenient and closer to where you dismount than where our team luggage drop would be.

DON'T FORGET to put your MS Society luggage tags on your bags. They will be in your MS Society packet.

### Q: Will there be a Tacodeli Team Tent in La Grange?

A: Yes! We have two team tents in La Grange. Our tents in La Grange are big enough to accommodate many riders, however, you are encouraged to bring a cot or twin air mattress to make room for other riders who sleep under the main tents. A double mattress takes up two spots. We will have electric air mattress pumps, so no need to pack those. An alternative to sleeping in the tent is bringing your own tent and pitching it in the area around our main tent. Or, if you'd prefer peace and quiet, there are horse stables located on the fairgrounds that make for a good campsite. Some people also chose to make a reservation at a hotel or B&B nearby. Make those early, as they fill up fast!

If you are staying off-site, complimentary shuttles will be available to many nearby hotels. The schedule is coming.

#### Q: Can I bring a camper to the tent site?

A: Unfortunately, there is very limited space for our team and due to the size of our team, no campers or RVs are allowed in our team area. There are also RV hookups at the fairgrounds, but this is first come first serve and only allowed to arrive on Thursday and Friday.

As always, Team Tacodeli will have the same tent location in La Grange. We will have a large tent for socializing and an extra-large tent for sleeping. Riders who wish to stay in the tent will need to bring a cot or single size air mattress to save space (a double is ok for couples). I will have electric air pumps.

Alternatives to sleeping in the team tent are to get a hotel/motel room, but I have been told these are sold out.

The MS Society allows riders to bring camping tents and setup in the open areas, there are a few good camping areas at the fairgrounds. The areas will be identified on the maps.

## Q: Will there be electricity in La Grange?

A: Yes! No hair dryers! We will have a cell phone charging station and electric air mattress pumps.

## Q: How do I clean up after the ride Day 1?

A: The MS Society will have shower trucks at the fairgrounds in La Grange. Bring a towel, flip flops, shampoo, and soap. If you come in at "prime time" (i.e., 1-5 pm) grab a couple beers as there will be a line.

## **Q:** Are there restrooms nearby?

A: Yes, we will have a private port-o-let and handwashing station at the tent. The Fairground bathrooms are not too far away also.

## Q: Will there be internet access in La Grange?

A: Yes, there will be free internet in La Garage provided by the MS Society.

## Q: Will dinner be provided in La Grange?

A: Yes! Tacodeli will provide individual tacos as you come in. Two tacos per rider please. Tacodeli also will be catering a full buffet dinner for us in the tent around 5pm (one plate per person). We'll also have snacks and some adult beverages. If you're still hungry, the MS Society will provide you with a BBQ chicken plate.

#### Q: Will there be massage therapists in La Grange?

A: Yes! There will be Team Tacodeli massage therapists at our team tent. Massages are to be paid for by individual riders. Massages are \$1.50 a minute. The length of massages will be cut down from the max of an hour during peak times. Massages cannot be scheduled ahead of time.

AND...to help you recover, we will have an ice bath for you to soak in after the ride. Rules: To enjoy, riders must be showered, be wearing clean clothes or a bathing suit, and wearing a clean hat and socks.

#### Q: Will breakfast be provided Sunday morning in La Grange?

A: Yes! The MS Society provides yummy pancakes and coffee not far from our tent! We will also have goodies at the tent (e.g., iced coffee, power bars, juice, bagels, muffins, fruit).

### Q: What if I can't ride the complete route Day 2?

A: There is a leap ahead option on Day2. A shuttle will take cyclists and their bikes from La Grange to Burton. The ride to the finish from Burton is 46-miles.

## Q: What should I pack for the weekend?

A: There is a comprehensive list of stuff you'll need (and then some!). Lisa will email it out prior to the ride.

## Q: Should I wear the same jersey two days in a row?

A: Lots of folks do. If you wash it out in the shower and hang it out to dry it should be nice and fresh on Sunday morning. You may also buy another new jersey or one from a previous year to wear one day. You can also email Lisa to see if there is an older jersey for purchase in your size.

#### Q: Will there be a tent at the finish line?

A: Yes! Please stop by to celebrate with your fellow Tacodelians! There will be a Tacodeli buffet and adult beverages to celebrate your fantastic ride!

Tacodeli food is for riders and volunteers only. One plate per rider until all riders are in.

Also, Tacodeli always waits for the last rider ("The Turtle") to come in. After the turtle crosses the finish line, every SAG and emergency vehicle that helped over the weekend come in. It is an incredibly moving experience, and I highly encourage you to stay. We always take a team photo afterward, under the finish line.

## Q: Will I be able to shower in College Station before getting on the bus?

A: Yes! Bring an extra towel and comfy clothes for the ride home.

## Q: Can my family come to La Grange and the finish line to cheer me on?

A: Absolutely! They will need to park off-site and take the shuttle into the fairgrounds in La Grange. For more information please refer to the MS150 website. Note: Tacodeli food is for team riders and volunteers only. Your friends and family are welcome to enjoy beverages and snacks. They may also purchase food from vendors.

## Q: How do I get home after the ride Day 2?

A: The MS Society will provide bus transportation back to your start. Reserve your seat for your ride back to the start <a href="here">here</a>.

# Q: Can my Mom be my personal SAG in case I get tired or need help along the route?

A: Unfortunately, no. The MS Society has asked us to stress that they don't want personal SAGs along the route. Their number one goal is to keep riders safe and the more vehicles on the road the harder it is to do this. Please trust that the MS Society has enough SAG support for us all.

## Q: Where can I find maps to the start, La Grange, finish, etc?

A: Maps and all kinds of other helpful information can be found on the Texas MS 150 website. Lisa will also be emailing out maps and directions before the ride.

Got other questions? Please email Lisa at Lisa@teamtacodeli.org.