

Suggested Packing List

BIKE GEAR

Bike shorts (2)
Socks (2)
Rain Jacket
Undergarments
Team Tacodeli Bike Jersey(s)
Bike Shoes
Bike Gloves (2)
Water Bottles or Camelbak
Bike Tools
Extra Tubes
Air Pump/CO2 Pump
Helmet
Bike gloves
Chamois Butter
ID & Health Insurance Card
Credit Card/Cash
Pedal Partner Bandana (in your MS Rider Packet)
Cell Phone
Zip Lock Bag for Cell Phone
Handwashing stuff (e.g., Purell or Cottonelle wipes)
Sunglasses
Sunscreen
Chapstick
Plastic Bags for your bike seat overnight (2)

PERSONAL GEAR

Soap/shower gel
Shampoo & Conditioner
Towel
Shower Shoes (flip flops)
Pajamas
Comfy clothes for after the shower
Shoes
Toothbrush
Toothpaste
Floss
Deodorant
Sweatshirt
Hanger (to hang your jersey if you wash it for the next day)
Glasses/Contacts
Brush
ye mask

CAMPING GEAR

Tent (If you are not sleeping under the team tent)

Twin size air mattress

Sleeping bag

Pillow

Flashlight

Travel Alarm/Watch

SUPPLIES PROVIDED AT TENT

Sunscreen

Bug repellent

First Aid Supplies

Medicine (e.g. Advil, Benadryl, Claritin)

Ice packs

Ear Plugs

Air Mattress Pumps

Cell Phone Charging Station

Purell

Bike Chain Oil

Bike Pumps

Toilet Paper