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Alumni Newsletter for the quarter ending June 2022

SETU- The Bridge that connects us to you

Coffee Break with the Director



Kill Fear Before Fear Kills You

[Excerpts]

Rev. Dada J P Vaswani

It is a fear-ridden world in which we live. There is not a living soul on earth who at sometime or the other hasn't experienced what it is to be afraid. Surely every one present here knows what it is to be afraid. There are different types of fear. There is the fear of the dark, there is the fear of the unknown, there is the fear of making the two ends meet together month after month. **There is the fear of losing a job**, there is the fear of not being able to earn the next promotion. There is the **fear of facing interviews**.

Practical Suggestions to Kill Fear

The very **first practical suggestion** is you must **realize once and for all that there is nothing which is as bad as fear itself**. You must realize that being afraid is the worst thing that can happen to you. You may be afraid of many things in the world but they are not as bad as fear itself. The

fear that comes and grips you and captures your heart, therefore you must always keep away from fear.

The second practical suggestion is having been convinced that nothing is bad as fear itself, **let us cultivate the will to be free from fear**. The will to be free from fear--freedom from fear is achieved through perseverance through tenacity and through sheer will power.

Practical suggestion number three is, **never forget that fear is a form of atheism**. If you are afraid of anything you are an atheist. There are two forces in the world—there is the force of fear. It is a tremendous force, it is a mighty force, it is a terrific force but there is one other force that is greater than this force, it is the force of faith. And if you do not have faith you are an atheist. All we have to do is to hand ourselves over in child like trust to the Lord and we will lack nothing.

Practical suggestion number four is **always remember that with God all things are possible**. You must have this faith, this living, **this burning faith** that for God nothing is impossible. What is impossible for man is possible for God. **Man's extremity is God's opportunity**. When willingness—human willingness is coupled with divine power there is nothing that cannot be achieved.

The fifth practical suggestion is, **be relaxed. Be relaxed at all times**. Learn to relax in God's presence so that you can receive his power.

The sixth practical suggestion is, **let us not worry about what we imagine may happen tomorrow**. Man is constantly given to worrying about the future. What does this anxiety do for us? It may not empty our tomorrow of sorrow but it will certainly empty our today of its strength. And if future should bring problems with it this fear makes you unfit to cope with these problems. Therefore it has been said, worrying about the future is very much like a rocking chair, it will keep on moving but it will take you nowhere, it will not get you anywhere. Such needless fear is like the advance interest that you pay on troubles that may never come your way.

The final, **seventh practical suggestion: if you wish to kill fear go out of your way to bring help and comfort to others**. The world is torn with tragedy, the world is smitten with suffering. Living in such a world it is the duty of every one of us to bring joy into the joyless lives of some. And in the measure in which we do so in that measure we find that our own life is filled with happiness.

TAZA KHABAR SVIMS KE DAFTAR SE

1) In, 8 April 2022 Water Conservation Day is celebrated to raise awareness about the importance of preserving water resources and to promote responsible water usage.

Many regions face water scarcity due to overuse, pollution, and climate change. Water Conservation Day highlights the need to address this issue and adopt sustainable water management practices.

Water Conservation (Civic Responsibilities)



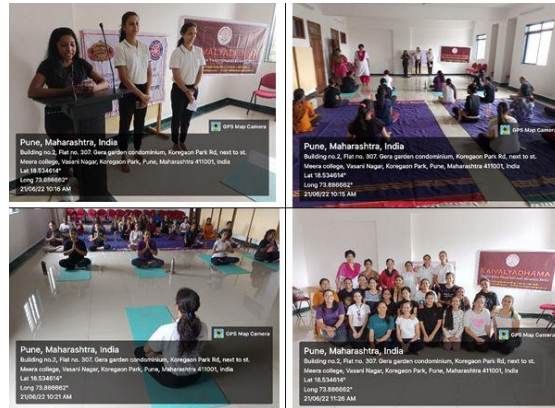
2) On, 14 April 2022 we celebrate blood donation drives because they save lives, meet the demand for blood in healthcare facilities, foster community support, raise awareness, promote health benefits for donors, contribute to emergency preparedness, and encourage volunteerism.

Blood Donation Drive (Civic Responsibilities)



4) International Yoga Day is celebrated annually on June 21st to promote the practice of yoga worldwide. Recognized by the United Nations, this day raises awareness about the physical, mental, and spiritual benefits of yoga. It emphasizes unity, harmony, and well-being, encouraging people of all ages and backgrounds to incorporate yoga into their daily lives for improved health and inner peace.

International Yoga Day 2022



CHAMAKTE TAARE...SVIMS KE SAARE.....

PAYAL SINGH

Payal Singh
Senior Executive Human Resource at AffinityX

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I am honored and humbled to receive this AX Excellence - Annual ELITE Award 2023 , and I am proud to be a part of such a dynamic and amazing team. Thankyou [Amisha P.](#) Himani Rawat, Sneha Joshi and Shweta Gajaria for unwavering support, guidance, and encouragement.

ELITE Certificate
AFFINITY X

Excellence Award
certificate is presented to

Payal Singh

Thank you for your untiring efforts in delivering quality work and we hope to see you grow with the company in the years to come.

Valerian D'Souza
VALERIAN D'SOUZA
Senior Vice President - Operations

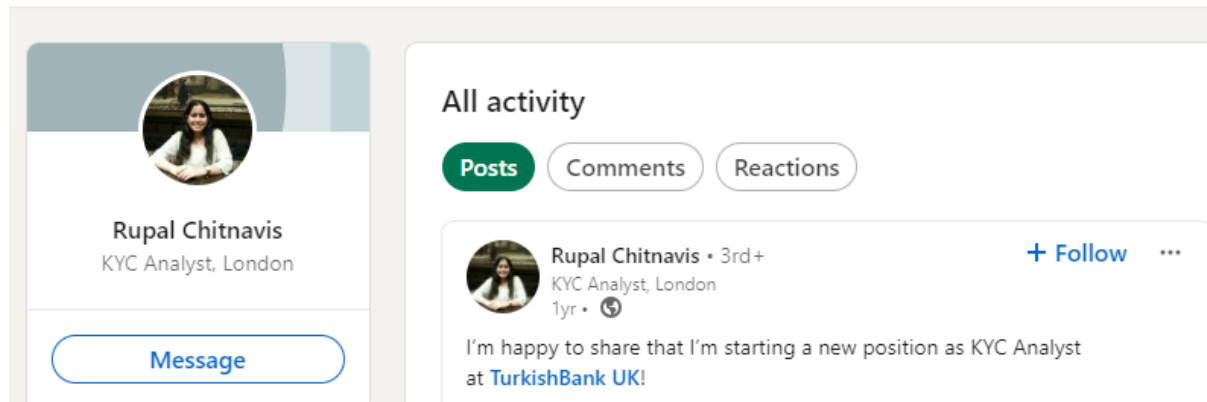
Shweta Gajria
SHWETA GAJRIA
Vice President - Human Resources & Facilities

with AffinityX

69 26 comments

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RUPAL CHITNAVIS



The image shows a LinkedIn profile for Rupal Chitnavis, a KYC Analyst in London. The profile includes a circular profile picture, a 'Message' button, and a post from 3rd+ years ago. The post text reads: "I'm happy to share that I'm starting a new position as KYC Analyst at [TurkishBank UK!](#)".

Chai pe Charcha

Semicon India Conference-2022

Recently, Prime Minister Narendra Modi inaugurated the three-day Semicon India 2022 conference, which was held in Bengaluru, Karnataka. Who organized the conference? It was organized by India Semiconductor Mission in partnership with industry associations. What is the theme?

You can read the full article on: [Semicon India Conference-2022 - GKToday](#)

Scrapping of MP, DM quota in KV schools

Quotas in several categories including that of District Magistrate (DM) and Member of Parliament (MP) have been scrapped by the Education ministry for admissions to Kendriya Vidyalayas. Overview: This has been done with the objective of improving the quality of ..

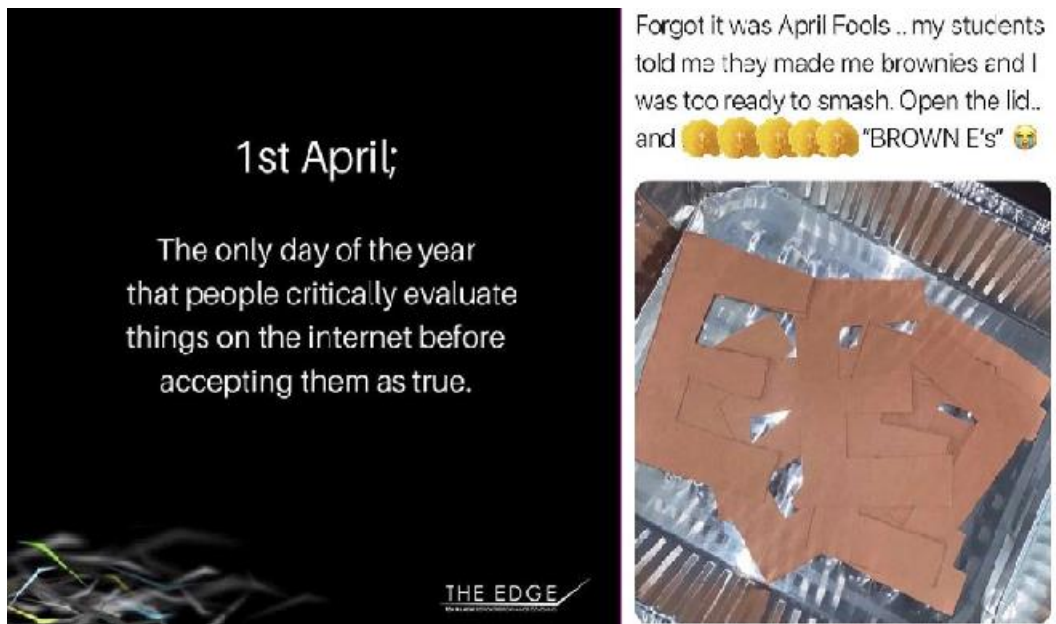
You can read the full article on: [Scrapping of MP, DM quota in KV schools - GKToday](#)

Draft National Data Governance Framework Policy

The Ministry of Electronics and Information Technology (MeitY) recently released the revised Draft National Data Governance Framework Policy (NDGFP) and invited inputs on it before June 11th, 2022. NDGFP replaces Draft India Data Accessibility and Use Policy, 2022

You can read the full article on :[Draft National Data Governance Framework Policy - GKToday](#)

Meme of the Quarter



Could you spot yourself?



Life is good

1. Are you ready to buy a new pair of shoes that has been manufactured from ground Coffee and recycled plastic bottles?
Yes, you heard it right!
Read the complete article on: <https://www.goodnewsnetwork.org/shoes-made-from-coffee-grounds-and-recycled-plastic-bottles/>
2. Building blocks for construction are now being made from non-recyclable plastic
Read the complete article on: <https://www.goodnewsnetwork.org/byfusion-turns-100-tons-of-nonrecyclable-plastic-into-building-blocks/>
3. A family adopted a 'zero waste' lifestyle for an entire week
<https://www.goodnewsnetwork.org/esther-penarrubi-zero-waste-family-spain/>