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Alumni Newsletter for the quarter ending September 2022

SETU- The Bridge that connects us to you

Coffee Break with the Director



How To Make Friends and Keep Them

[Excerpts]

Rev. Dada J P Vaswani

Who is a true friend? What are the marks of a true friend?

My friends it is said that there are **three types of friends**. Three types of friends. There are **best friends**, there are **guest friends** and there are **pest friends**. There are these three types of friends, best friends, guest friends, and pest friends. Every one of us would like to have a best friend. But before I can have a best friend, I must try and be a best friend myself. And the best friend is one who is the friend of all. It was **Woody Guthrie** who said, “I have place for one more friend and he is every man”. Every man should become our friend. We should go out and make every man our friend.

Practical Suggestions

The very first finger of friendship, is you must be a **good listener**.

Practical suggestion number two, is: **Appreciate your friends**.

And the **third practical suggestion** if you would make friends and keep them you must **learn to be a great forgiver**. You must forgive. You must not consider the faults of your friends, you must forgive them.

The **fourth practical suggestion** is, **show real interest in your friends**. You should show interest in their life, in their hobbies, in their creative outlets, in their occupations, in their adventures, in their experiences, in their social and business life.

Practical suggestion number five, give promises sparingly, but once you have given a promise you must fulfil it promptly and faithfully. Do not be in a hurry to make promises. But once you have given a promise you must see that you fulfil it promptly and faithfully.

And **practical suggestion number six, do not preach that which you do not practice**.

Practical suggestion number seven, discuss but do not argue. You can discuss but do not argue.

Practical suggestion number eight, if a friend were to criticize you don't be offended but try to learn from criticism.

And **practical suggestion number nine** if you wish to make friends and keep them, **you must be cheerful all the time**.

Every one of us wants a true friend. But the paradox of friendship is: that you cannot have a true friend until you be a true friend.

It was **Emerson**, the great sage of America who said, "Before you can have a friend you must be a friend."

Lighter Moments

- **Bishop Fulton Sheen**, you have heard his name, his is a great name, Bishop Fulton Sheen. One day had to visit a new town when he had to deliver a lecture. He went to the hotel and in the evening he found that there was plenty of time yet. So he thought that he would walk his way to the town hall where he had to deliver the lecture. He took the directions from the hotel manager but somehow or the other he lost his way. He missed the way. And he wanted somebody to take him to the Town Hall. He found a group of children playing together. And he told them, "Is there anyone ready to take me to the Town Hall?" One of the children volunteered. He

said, “Come, I will take you to the Town Hall.” On the way this child asked Bishop Fulton Sheen, “What are you going to do in the Town Hall?” And the Bishop said to him, “I have to deliver a lecture there.” “What is the topic of your lecture?” The child asked. And Bishop Fulton Sheen said, “The title is ‘The way to Heaven’.” And the child laughed, he said, “You don’t know the way to the Town Hall and you will talk on the way to Heaven.”

- A very pretty actress came and met George Bernard Shaw and said to him, “Mr. Shaw, you have the best intellect in the world and I have one of the prettiest faces in the world, if we produce a child he can be an ideal, model child, he will have your intellect and he will have my face, he will be a model before humanity.” Immediately George Bernard Shaw answered, he said, “What if he has my body and he has your intellect.”
- There was a Swami, there was a sanyasi, and a man came to him and said to him, “Swamiji can you tell me the secret of taming my wife. My wife is very rude she gets angry on the slightest excuse, can you tell me the secret of taming my wife? Otherwise there is no peace in my house.” And the Swami said to him, “My friend, if I knew the secret of taming the wife, I would not have become a Swami.”
- A girl offered a prayer, she said, “God I do not want to ask of you anything for myself, I only want to ask for something for my mother. Please O God give to my mother a very, very wise, handsome son-in-law.”
- There were two men who were walking through a narrow passage through which only one man could pass easily at a time. So these two people met at a point and one of them said very hotly to the other, “Make room for me, make way for me.” The other one very gently said, “Sir I was about to say the same to you.” The first one immediately said, “I never make way for a fool.” The other one stepped aside and said, “I do.”

TAZA KHABAR SVIMS KE DAFTARS SE

- 1) In July 2022, Ensuring proper **Adolescent Menstrual Hygiene: Making Cloth Pads:**

menstrual hygiene management is crucial for the health and well-being of adolescent girls. In many parts of the world, access to sanitary products like pads or tampons is limited, leading to unhygienic practices or missed school days due to discomfort or embarrassment. Promoting the use of cloth pads involves education on proper usage, washing techniques, and menstrual health awareness.



- 2) In July 2022, In celebration of the **Dada J.P. Vaswani 104th Birth Celebration-SVIMS Play - Jashan Tara**

104th birth anniversary of revered spiritual leader Dada J.P. Vaswani, SVIMS (Sindhu Vidya Bhavan Institute of Management Studies) presents the captivating play 'Jashan Tara'. This theatrical production pays homage to Dada Vaswani's teachings and legacy, encapsulating his profound wisdom and timeless messages of love, peace, and spirituality.



3) In August 2022, Independence Day is celebrated annually on August 15th in India to commemorate the nation's independence from British colonial rule in 1947. It is a day of immense significance and pride for every Indian, marked by various patriotic rituals, ceremonies, and festivities. The celebrations typically begin with the Prime Minister of India hoisting the national flag at the Red Fort in Delhi, followed by a speech addressing the nation.

Independence Day Celebration



4) In August 2022, Ganesh Chaturthi is a Hindu festival celebrated with great enthusiasm in India, especially in the states of Maharashtra, Gujarat, Karnataka, and Andhra Pradesh. It marks the birthday of Lord Ganesha, the elephant-headed deity, who is revered as the remover of obstacles, the patron of arts and sciences, and the god of wisdom and intellect. The festival typically falls in the Hindu month of Bhadrapada, usually between August and September.

Ganesh Chaturthi



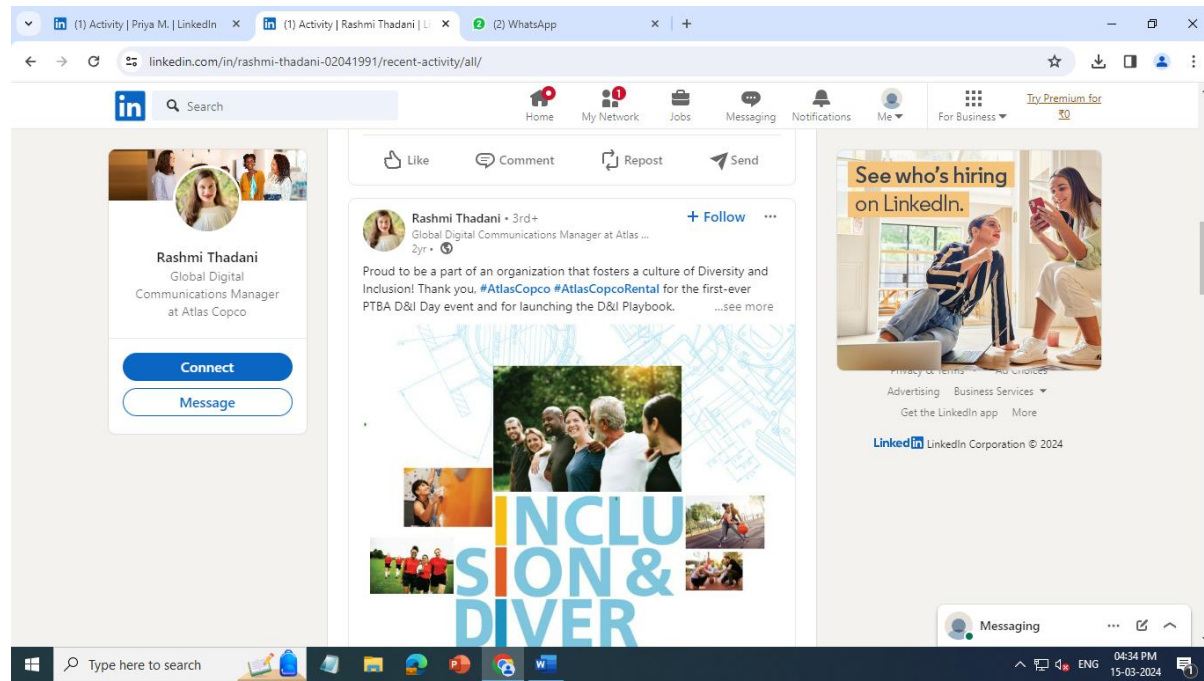
5) In September 2022, The **International Day of Peace**

International Day of Peace, observed annually on September 21st, is a global initiative dedicated to fostering peace and harmony among nations and individuals. Established by the United Nations, this day serves as a reminder of the importance of non-violence, ceasefire, and conflict resolution in creating a more peaceful world.

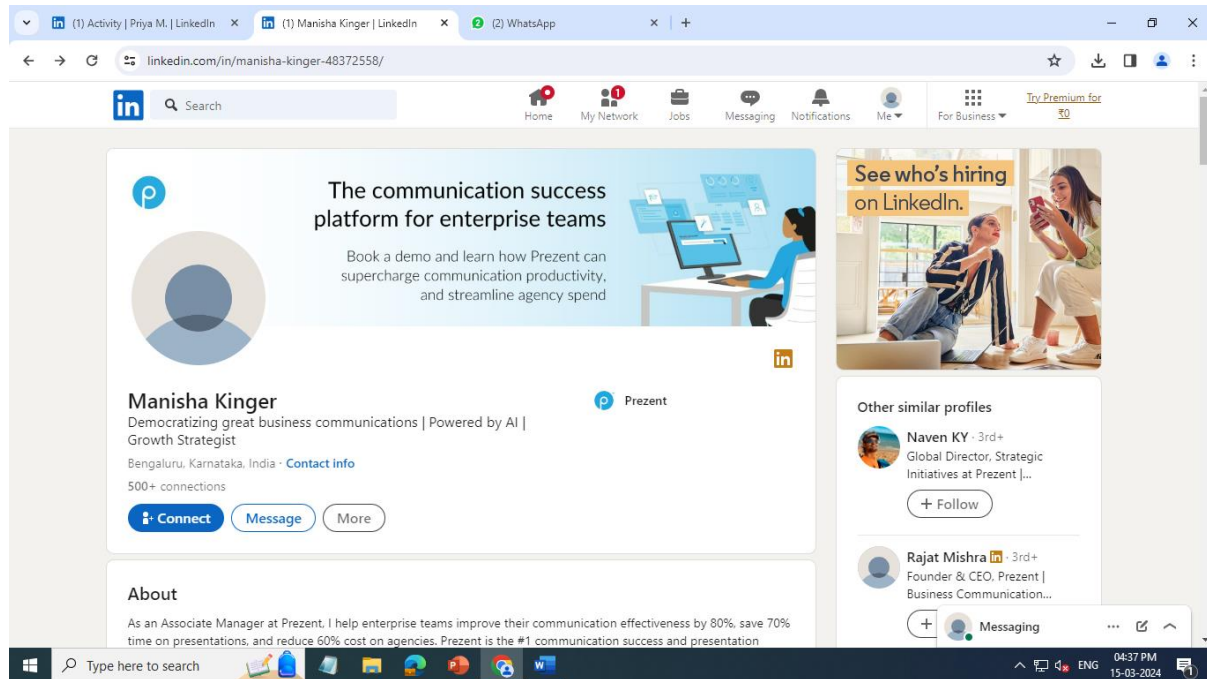


CHAMAKTE TAARE...SVIMS KE SAARE.....

RASHMI THADANI



MANISHA KINGER



CHAI PE CHARCHA

India House at Paris Olympics 2022

Reliance Industries (RIL) has partnered with Indian Olympic Association (IOA) to set up first-ever India House at Paris Olympics 2022. RIL-IOA partnership is directed towards elevation of performances of Indian athletes. They will also extend support to national sports federations.

You can read the full article on: <https://www.gktoday.in/india-house-at-paris-olympics-2023/>

Gujarat Semiconductor Policy 2022

Gujarat Government recently unveiled a dedicated 'Gujarat Semiconductor Policy 2022'. The policy aims created at least 2,00,000 new employment opportunities over the five years. Gujarat

is the first state in India to release a dedicated semiconductor policy. Government has also proposed to develop a special ‘Semicon City’ as a part of Dholera Special Investment region.

You can read the full article on:<https://www.gktoday.in/gujarat-semiconductor-policy-2022/>

Meme of the Quarter

Ending 2019

Starting 2022



Could you spot yourself?



Life is good

1. Are you ready to buy a new pair of shoes that has been manufactured from ground Coffee and recycled plastic bottles?

Yes, you heard it right!

Read the complete article on: <https://www.up-to-us.veolia.com/en/recycling/shoes-recycled-coffee-grounds-sustainable-fashion-pollution-climate-change>

2. Building blocks for construction are now being made from non-recyclable plastic

Read the complete article on: <https://www.fastcompany.com/90714272/this-startup-is-turning-non-recyclable-plastic-into-building-blocks-fit-for-construction>

3. A family adopted a 'zero waste' lifestyle for an entire week

https://link.springer.com/10.1007/978-3-030-76505-7_46