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Alumni Newsletter for the quarter ending december 2022

SETU- The Bridge that connects us to you

Coffee Break with the Director



Be in the Driver's Seat

[Excerpts from Rev. Dada J P Vaswani's Talk and Book]

Friends, do you recall the thrill that you experienced when for the first time you sat behind the wheel and placed your foot on the accelerator? People sitting behind you and perhaps by your side gave you a number of advices but you paid no heed to the advices given to you. You felt that you were in the driver's seat and knew what to do. Thales is regarded as one of wisest men of ancient Greece. They put to him a number of questions to which he gave very short answers. One of the questions that was put to him was, "What is the easiest thing for a man to do?" And he said, "The easiest thing for man to do is to give advice to another. He may not be living up to that advice, he will give easily give advice to another." So people sitting behind you in the car will pull you in different directions. You will feel the pull but you will do what your heart tells you is the right thing to do. You must affirm to yourself, I gladly and willingly accept everything, accept every advice but I will do as I think it is right for me to do.

Points to Ponder:

- Listen to everyone patiently but do what your heart tells you to do. Do what you feel will work best for you.
- Master the art of self-control in every aspect of your life.
- Learn to forgive and forget with your heart and soul.

- Stop trying to change the world around you. Focus all your energies on changing yourself.
- Silently bless everyone around you even those who are negative towards you.
- Stay connected to the source of life and see how there is an eternal flow of energy in your life.
- Let love be the core of your being.
- Let your soul always wear a smile.
- Make compassion an innate part of your heart

Question - Answer Sessions with Rev. Dada J P Vaswani

Question: Dada I love driving, I meant driving on the journey of life. But fear and stress are constantly trying to overtake me on the crowded highway. What can I do about them?

Dada: Listen to the voice of the heart. Our brains have been developed. Brain power has been developed. Science is marching on, technological progress has been made. But the problems that are before us they will not be solved by the developed brain alone. Therefore the journal which was started the magazine by the Sadhu Vaswani Mission bears this title, 'Dil ka Dwar Khol'. We have to open the windows of the heart. Then this difficulty will not arise.

But please if there is anyone here who has a better answer to a question then I can give don't hesitate in asking for the mike. Nothing will make me happier then to leave this hall having been enlightened by your wisdom, your knowledge, your experience.

Question: Dada I am in the Driver's Seat 7 am to 7p.m earning my living doing what I am told to, following instructions like a hamster in the cage how can I even think of enjoying the drive? How can I take charge of my life?

Dada: You will enjoy the drive if what you are doing, now you are doing for selfish purposes but if you do it as an offering unto the Lord the Lord says in the Bhagwad Gita, "Arjuna whatever you eat, whatever you give in charity, whatever austerity you practice whatever you do, do it as an offering unto me." If you do all this that you are doing and turn the face only towards God you will have the joy of life.

Question: Dada how can I pursue my inner most ambitions and passions insight external pressures? How can I drive to victory and excellence in life?

Dada: When you are in the Driver's Seat. Be in the Driver's Seat. It will lead you to success.

Question: Dada sometimes the driving is smooth but the problem is posed when you really want to take a break. Is it possible for us to take a break on the journey of life?

Dada: You can take a break or not take a break but even when you take a break be in the Driver's Seat.

Question: Dada you told us forgive before forgiveness is even asked but then being in the position of leadership, being a teacher or a professor others do not always listen to us. Do we act as the profession or the position demands?

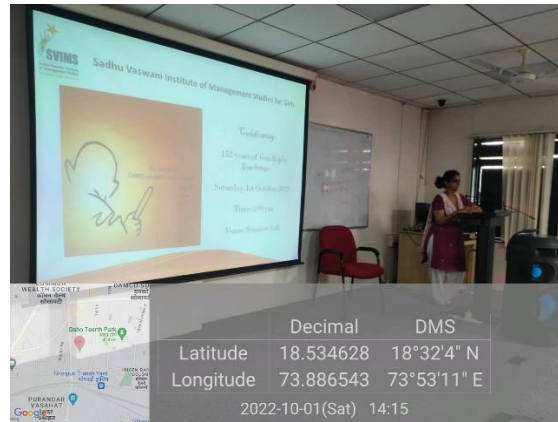
Dada: No, do your duty. Now for instance so many things are happening in India today, according to the scriptures one of the most important duties of a ruler is what they call 'dand'. Dand is punishment, it is very necessary for the king, for the ruler for our ministers to exercise this. If there is no dand there is no discipline. You must do your duty. If you want to be in the Driver's Seat you must do your duty, you must be true to your duty.

I was in Dubai I think two months ago and I found that there girls could move about even at 2 O'clock in the night without being harassed by anybody. So I asked them what is the reason. They said, the reason is a simple one if a person misbehaves, I mean if there is eve teasing or anything of that sort the Sheikh is very strict he puts him in a jail immediately.

TAZA KHABAR SVIMS KE DAFTARS SE

1. In October 2022, Gandhi Jayanti and Lal Bahadur Shastri Jayanti

Gandhi Jayanti is celebrated on October 2nd every year in India to commemorate the birth anniversary of Mahatma Gandhi, the father of the nation. It is observed nationwide with reverence and respect for Gandhi's principles of non-violence, truth, and peace.



2. In October 2022, Diwali celebrations at Shantai Foundation with SADHU VASWANI MISSION

Diwali celebrations at Shantai Foundation, in collaboration with the Sadhu Vaswani Mission, epitomize the essence of joy, compassion, and community spirit. The Shantai Foundation, dedicated to social welfare and upliftment, joins hands with the Sadhu Vaswani Mission, an organization known for its humanitarian initiatives, to create a memorable Diwali experience.



3. In November 2022, Janjatiya Gaurav Diwas, also known as the Celebration of the Birth Anniversary of Bhagwan Birsa Munda, is observed on November 15th every year in India. This day commemorates the life and legacy of Bhagwan Birsa Munda, a revered tribal leader, freedom fighter, and social reformer from the Munda tribe in Jharkhand

Janjatiya Gaurav Diwas (Celebration of Birth Anniversary of Bhagwan Birsa Munda)



4. In November 2022, The 143rd Birth Anniversary Celebration of Sadhu Vaswani coinciding with International Meatless Day marks a significant event in promoting compassion, non-violence, and healthy living. Sadhu Vaswani, a revered spiritual leader and humanitarian, advocated for vegetarianism as a means to foster compassion towards all living beings and promote a more sustainable lifestyle.

143th Sadhu Vaswani Birth Anniversary Celebration-International Meatless Day



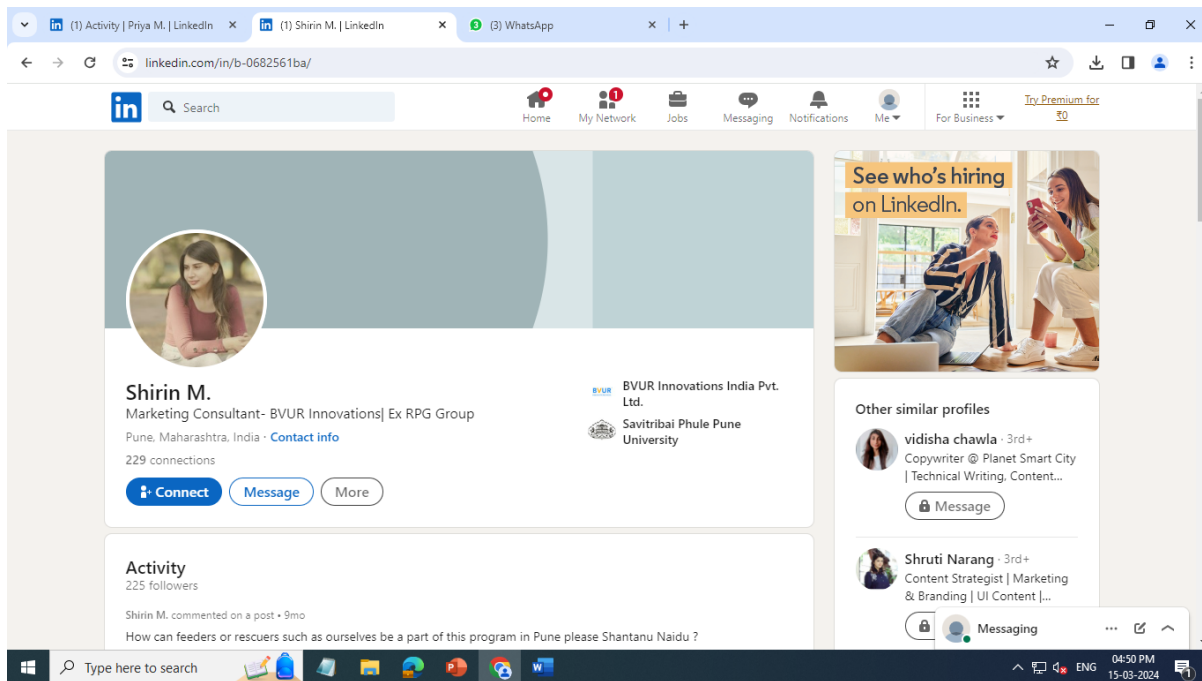
5. In December 2022, A Blood **Blood Donation Drive**

Donation Drive is a community event or campaign organized with the aim of encouraging individuals to voluntarily donate blood to help meet the demand for blood transfusions in hospitals and medical facilities.

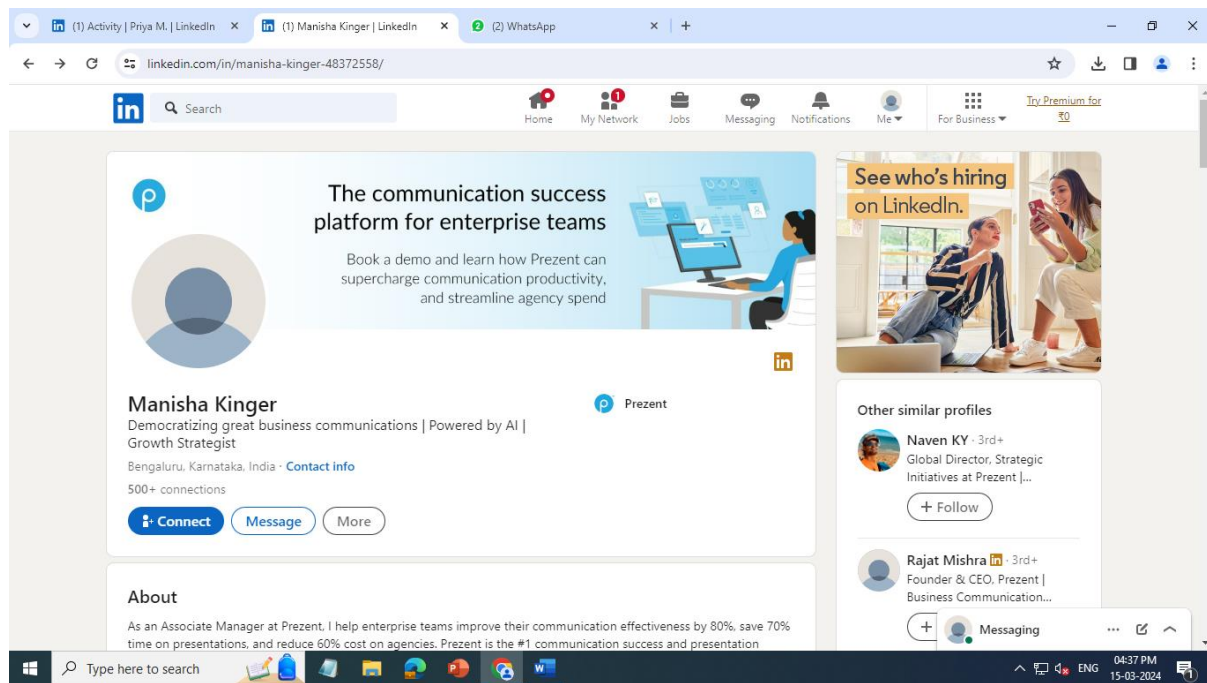


CHAMAKTE TAARE...SVIMS KE SAARE.....

SHIRIN M.



MANISHA KINGER



CHAI PE CHARCHA

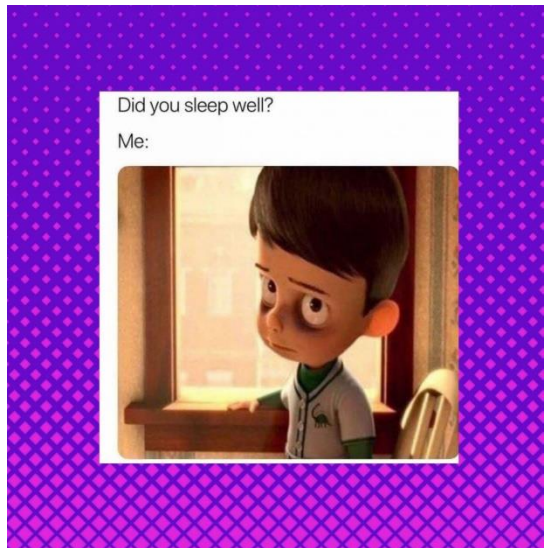
Let me begin by saying that it gives me great pleasure to address this inaugural session of "India-Russia Business Dialogue" 2023. This is an outcome of a partnership between FICCI and the Ministry of External Affairs with the Business Council for Cooperation with India (BCCI). So, I commend the efforts of all those who have made this event possible. You can read the full article on: <https://m.economictimes.com/news/india/external-affairs-minister-s-jaishankar-ace-navigator-of-indias-interests-through-geopolitical-turbulence/articleshow/106103127.cms>

<https://m.economictimes.com/wealth/save/what-is-rbi-digital-rupee-important-features-how-it-is-different-from-cryptocurrency/articleshow/95875376.cms>

The questions that I want to bring forth here, are:

1. Would introduction of Digital Rupee by RBI give legal recognition to cryptocurrency or digital currency?
2. An opinion says that the Government has levied this tax to discourage investors and thus, reduce the appeal of cryptocurrency. Wjat is your opinion on it?

Meme of the Quarter



Could you spot yourself?



Life is good

1. Are you ready to buy a new pair of shoes that has been manufactured from ground Coffee and recycled plastic bottles?

Yes, you heard it right!

Read the complete article on: <https://www.weforum.org/agenda/2019/07/your-next-pair-of-sneakers-could-be-made-from-coffee/>

2. Building blocks for construction are now being made from non-recyclable plastic

Read the complete article on:

<https://www.cnn.com/2022/08/03/business/byfusion-waste-plastic-blocks/index.html>

3. A family adopted a 'zero waste' lifestyle for an entire week

<https://timesofindia.indiatimes.com/readersblog/edumotive/living-a-zero-waste-lifestyle-55555/>