



Welcome to The She Lab: Raising Our Voices *(for girls 5-12)*

Girls are powerful change makers! At The She Lab, we help amplify girls' and women's voices through education, mentorship, and community. Our goal is to promote gender equality and inspire civic leadership from an early age, because we believe every girl has the power to shape our world.



What is Civic Involvement?

Civic involvement means actively participating in your community to make your school, city, and world better for everyone. It's about being engaged and caring about what happens around you!

Sharing Ideas

Speaking up when you have thoughts about how to improve things

Asking Questions

Being curious about how decisions are made in your community

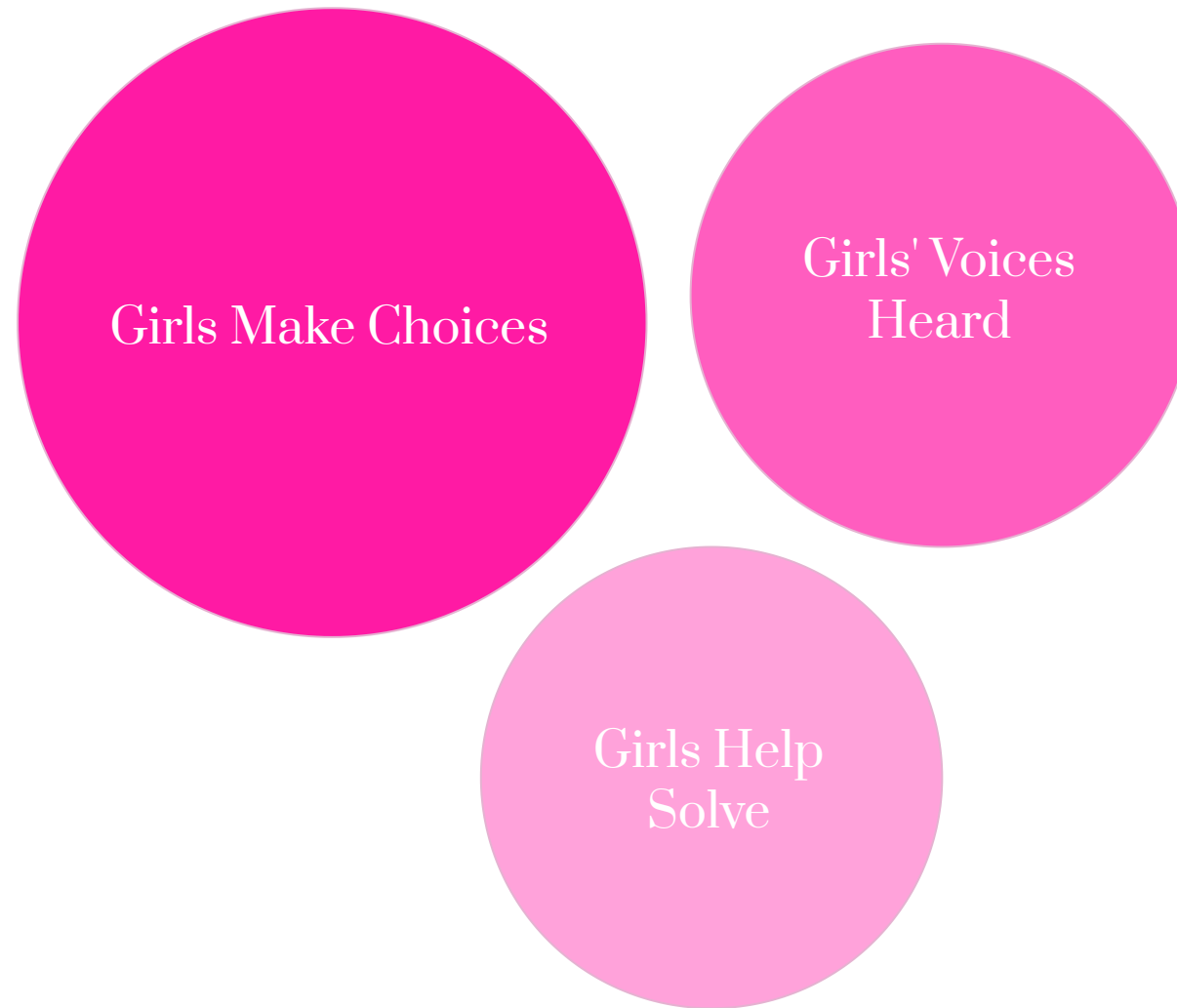
Volunteering

Giving your time to help others and make positive change



Everyone, even kids your age, can be civically involved in ways that matter!

Why Civic Involvement Matters



When girls participate in their communities, they ensure their unique perspectives and needs are considered. Your voice matters because you see problems and solutions that others might miss. Being involved is how we make sure the world works for everyone—including girls just like you!

What Does Voting Mean?



Voting is how grown-ups age 18 and older choose leaders and make decisions about rules that affect everyone. When people vote, they're helping shape the future of their community!

- Adults pick leaders who make important decisions
- Voting helps decide rules about schools, parks, and safety
- In some places, people don't get to vote—it's a special right!

❑ Did you know? In the United States, women couldn't vote until 1920. That's just over 100 years ago!

It's never too early to start thinking about voting - you'll be able to vote before you know it!

Why Is Voting Important for Girls and Women?

50%

Of World Population

Women and girls make up half of the world, but often have less say in decisions

24%

Women in Governments

Globally, only about a quarter of elected officials are women

100+

Years of Voting

It took over 100 years of activism for women to win the right to vote in many countries

When more women vote, we get more leaders who care about issues important to girls and women, like education, safety, and fairness. Voting is a powerful way to make sure your voice counts!



The She Lab Values

Leadership

Teaching girls to become confident leaders who speak up for what matters

Community

Supporting girls to make positive changes in their neighborhoods and schools

Equality

Working toward a world where every girl's voice is heard and valued equally

At The She Lab, we believe every girl's voice matters in creating a fair and equal world for everyone.

Girls Who Lead: Real Examples



Malala Yousafzai

Started speaking up for girls' education when she was just 11 years old. Now her voice helps girls around the world go to school.



Marley Dias

At age 11, started #1000BlackGirlBooks to get more diverse books into schools. She collected over 12,000 books!



Mari Copeny

Known as "Little Miss Flint," she wrote a letter to the President at age 8 that helped her city get clean water.

These amazing girls didn't wait until they grew up to make a difference. They saw problems and spoke up!

How Can You Make a Difference Now?



You don't have to wait until you're older to be civically involved. Here are ways you can start making a difference today:



Share Your Ideas

Speak up in class or at home about things you care about



Volunteer

Help with projects that make your community better



Ask Questions

Learn how decisions are made in your school and town



Your Voice Matters!

Every Girl Can Make a Difference

Whether your contribution is big or small, your voice and actions matter. The She Lab is here to support you as you discover your power to create positive change.

Together, we raise our voices for equality, justice, and a better world for all girls!

Remember:

When girls speak up, the whole world benefits!