

# ENERGIZE

## Your Vibes

### KEYNOTE CONCERT

*Positive Music - Empowering Stories  
Powerful Self Help Techniques*

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**SAINTTONE**  
ROCK ★ POP ★ COUNTRY  
Singer ★ Songwriter



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## What Energize Your Vibes Delivers

Energize Your Vibes is more than just a concert, it's a 60 - 90-minute musical journey with a Motivational Life Lift! This unique show combines original music with empowering stories and powerful self-help techniques to inspire and uplift.

Led by motivational musician Tony Saint Tone and intuitive life coach Janie Boisclair, along with their talented band, the concert offers a dynamic blend of musical styles, catchy hooks, and great harmonies that raise your energy and motivate you to take action toward your life goals. Each performance is enriched by personal stories and factual studies, leaving you refreshed and ready to tackle life with a renewed perspective.

Tony and Janie share insights on inspirational figures from the past, discuss motivational experiments, and connect these to each original song before it's performed, adding depth and value to the entire experience.

Energize Your Vibes is a powerful fusion of motivational speaking and musical entertainment, wrapped into one unforgettable experience. It can be performed as a Duo, trio, or full 5 piece band. The act "Saint Tone" provides all of the sound and lighting to perform the show.



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## **Why Energize Your Vibes Works in Jail Environments**

The Energize Your Vibes Keynote Concert is designed to break through the emotional walls that often exist in correctional settings. Using a unique fusion of motivational speaking, uplifting live music, and relatable storytelling, the program creates a space where inmates feel seen, inspired, & empowered.

### **The Impact in Correctional Facilities / Halfway Houses**

- **Reduces tension and improves emotional regulation**

Live music elevates mood, decreases stress, and helps people process emotions in healthier ways.

- **Builds hope and positive mindset**

Our messages focus on personal responsibility, resilience, and reframing life choices providing motivation that can directly influence behavior.

- **Encourages pro-social behavior**

When people connect with the stories and music, they often feel inspired to treat one another and staff with more respect and cooperation.

- **Supports rehabilitation and reintegration**

Our lessons in gratitude, decision-making, and self-belief align with the goals of modern rehabilitation programs and reentry services.

- **Proven success in other facilities**

At Sarasota County Jail, Los Angeles County Sheriff's Department, and multiple halfway houses, people consistently report increased motivation, emotional uplift, and renewed focus after our presentations.

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## Sarasota County Jail

### ← Sarasota County (FL) Sheriff's Office's post



Sarasota County (FL) Sheriff's Office

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In a heartwarming display of compassion and encouragement, musician and motivational speaker Tony Saint Tone Lavorgna recently visited the Sarasota County Correctional Facility. During his visit, Lavorgna performed a series of uplifting songs, each filled with messages of self-affirmation and the potential for personal growth. The visit left all in attendance with positive attitudes. Afterward, many inmates expressed a newfound motivation and a desire to work towards self-improvement. Programs like this one are making a difference!

[#MySCSO](#) [#encouragement](#) [#changinglives](#) [#motivation](#)  
[#affirmations](#) [#uplifting](#) [#music](#)

👍❤️ 262

18 comments 7 shares



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## Jail Survey of the Energize Your Vibes Show

Please rate the motivational music presentation.

- How would you rate the overall quality of the musical motivational presentation?
  - Very Good
  - Good
  - Fair
  - Poor
- How effective was the music in enhancing the motivational message?
  - Extremely effective
  - Very effective
  - Moderately effective
  - Not at all effective
- How inspiring did you find the presentation?
  - Extremely inspiring
  - Quite inspiring
  - Somewhat inspiring
  - Not very inspiring
- Did the presentation's length allow for an impactful delivery of the music and message?
  - Too long
  - Just right
  - Too short
- What aspect of the presentation resonated with you the most?  
*The connection with Peace & happiness*
- Do you have any suggestions for how the combination of music and motivational speaking could be improved?  
*To come more often!*

This survey aims to capture both the effectiveness of the motivational aspect and the integration of music into the presentation. Feel free to answer the questions to better suit your specific needs.

- What aspect of the presentation resonated with you the most?  
*I ENJOYED THE MOTIVATIONAL MESSAGE THEY BROUGHT ALONG W/ THE PERFORMANCE*
- Do you have any suggestions for how the combination of music and motivational speaking could be improved?  
*NI I ENJOYED IT JUST THE WAY IT WAS.*

- What aspect of the presentation resonated with you the most?  
*The combination of story telling and positivity and music was great! There was a sprinkling of humor that kept everybody engaged.*

- What aspect of the presentation resonated with you the most?  
*HAVING A STORY BEFORE THE SONG THAT RELATES*
- Do you have any suggestions for how the combination of music and motivational speaking could be improved?  
*NO I THOUGHT IT WAS PRESENTED EXCELLENT*

- Do you have any suggestions for how the combination of music and motivational speaking could be improved?  
*ALL NO PRESENTATION WAS PERFECT COMBINATION OF BOTH*

### Saint Tone Energize Your Vibes Presentation Survey

2 of 2

#### 9. Stories

Did any of these stories resonate with or inspire you?(Circle any that apply)

- A. Rats swimming  B. Manifesting a house with ducks in the pond  C. Janie's story of closing her business and joining the band  
 D. Guided visualization (closing your eyes, imagining success, posture, breathing)

#### E. Other:

*How to win against his father's wishes*

#### 10. Emotional impact

How did you feel after the presentation compared to before it began?  Much better  Somewhat better  About the same  Worse

*I cried during the performance from inspiration of my own future*

#### 11. Behavior + mindset

Did the presentation help you think differently about your future or your choices?  Yes  A little  No

#### 12. Practical takeaway

Is there something from the presentation you feel you can apply in your life right now?(Example: attitude, mindset, goals, habits, hope)

*mindset, goals and Attitude*

#### 13. Recommendation

Would you recommend this presentation to others in this facility?  Yes  No

#### 14. Closing reflection

Any final thoughts you'd like to share?

*I would love to incorporate them into my evidence based program & plan 2024-2025 very soon*

- What aspect of the presentation resonated with you the most?  
*The motivational speech*

- Do you have any suggestions for how the combination of music and motivational speaking could be improved?

*Serve PIZZA & Soda (Just kidding)  
There was nothing that should be changed.*

This survey aims to capture both the effectiveness of the motivational aspect and the integration of music into the presentation. Feel free to answer the questions to better suit your specific needs.

*This Pod has changed my life, thank you so very much for the chance to believe in myself, —*

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## Letters of Recommendation



HARVEST  
HARVESTSARASOTA.COM



Harvest  
House

May 21, 2024

Karlenna Burchell  
Harvest Sarasota dba Harvest House  
3650 17th Street  
Sarasota, FL 34235  
harvestsarasota.com  
harvesthousecenters.org

To Whom it May Concern,

I'm pleased to write a letter of recommendation for Tony Saintone and his band. Their exceptional performance at the "Energize Your Vibes" show, sponsored by the Spirit of Music Foundation, was truly outstanding. Tony and his team demonstrated a remarkable ability to connect with the clients of Harvest House, going above and beyond to meet their needs and capabilities. Their flexibility and willingness to adapt to our organization's requirements were greatly appreciated. Additionally, Tony's dedication to staying after each show and personally connecting with clients, offering encouragement and support on their recovery journey, was truly impressive.

Sincerely,

Karlenna (KK) Burchell  
Life Enrichment Coordinator  
Harvest Sarasota dba Harvest House


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## Letters of Recommendation



County of Los Angeles  
**Sheriff's Department Headquarters**  
4700 Ramona Boulevard  
Monterey Park, California 91754-2169



Leroy D. Baca, Sheriff

March 5, 2013

Tony Saint Tone  
10451 Whirlaway Street  
Cypress, CA 90630

Dear Mr. Saint Tone:

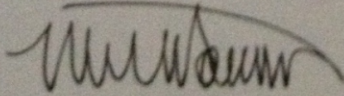
The Los Angeles County Sheriff's Department would like to thank you and "Saint Tone" for your partnership and contribution to the Emerging Leaders Academy over the past 16 months. The positive message and music you bring to our program has been impactful and inspiring to the graduates of our program and consistent with the message of the Emerging Leaders Academy.

The Sheriff's Department recognizes the value of your contribution and sincerely appreciates the time, commitment and generosity you have given to the program.

We look forward to a continued partnership with you and the members of your band as we work together to transform the lives and minds of individuals returning to their communities.

Sincerely,

LERROY D. BACA, SHERIFF



Michael Bornman, Captain  
Education Based Incarceration Bureau

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## About Tony & Janie

### About Tony Saint Tone

Tony Saint Tone is an award-winning motivational musician and songwriter with over 18 CDs and 40 years of experience performing over 7,000 shows worldwide. Through music, storytelling, and mental wellness techniques, he has dedicated his life to uplifting people in challenging circumstances. Tony has performed around the world entertaining US troops in 25 different countries, in jails, nursing homes, rehab centers, schools, etc, helping thousands shift their mindset toward gratitude, growth, and hope.

### About Janie Boisclair

Janie Boisclair is an intuitive life coach, singer, and speaker who began her entertainment career at age 15 on live television. With decades of experience in motivational coaching and performing arts, Janie brings deep compassion, emotional intelligence, and powerful presence to every presentation. Her insights help inmates connect with healing, self-worth, and new possibilities for their lives.

### Together

Together, Tony and Janie lead the Energize Your Vibes Keynote Concert, a transformational blend of live music, motivation, and genuine heart connection. Their mission is to bring light, hope, and empowerment to individuals who need it most.



The logo features the word "ENERGIZE" in a bold, yellow, blocky font with a black outline, set against a blue background with glowing circular patterns. Below it, "Your Vibes" is written in a yellow, cursive script. At the bottom, "KEYNOTE CONCERT" is displayed in a yellow, sans-serif font within a black rectangular box.

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## Program Options

We offer flexible options to fit the needs, security guidelines, and time constraints of each facility and or home.

### **1. Energize Your Vibes Keynote Concert (60–90 minutes)**

Our signature live program combining motivational speaking, positive original music, interactive segments, and powerful storytelling. Designed to uplift, inspire, and reinforce positive choices.

Full live performance - Duo, Trio or Full Band

Audience participation

Motivational tools inmates can use immediately

### **2. Motivational Music Workshop (30–45 minutes)**

A smaller, more interactive breakout session focused on creativity, mindset, and self-expression.

Hands-on discussion

Songwriting insights

Emotional wellness techniques

Ideal for reentry or dorm-based programs

### **3. Q&A / Discussion Session (15–20 minutes)**

Optional add-on following the show.

People ask questions

We offer guidance, relatable stories, and encouragement

Helps deepen the personal impact of the concert

### **4. Return Visits / Ongoing Programming**

For facilities / homes that want long-term positive influence, we offer quarterly or monthly return visits. This allows inmates to build on the lessons and maintain positive momentum.

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## Program Logistics & Facility Requirements

We understand the special considerations involved with performing inside correctional facilities and halfway houses. We work closely with staff to make the process smooth, safe, and efficient.

### What We Provide

Portable sound system and lighting  
All instruments, mics, cables, etc  
Two - five performers  
All motivational materials none denominational

### What the Facility Provides

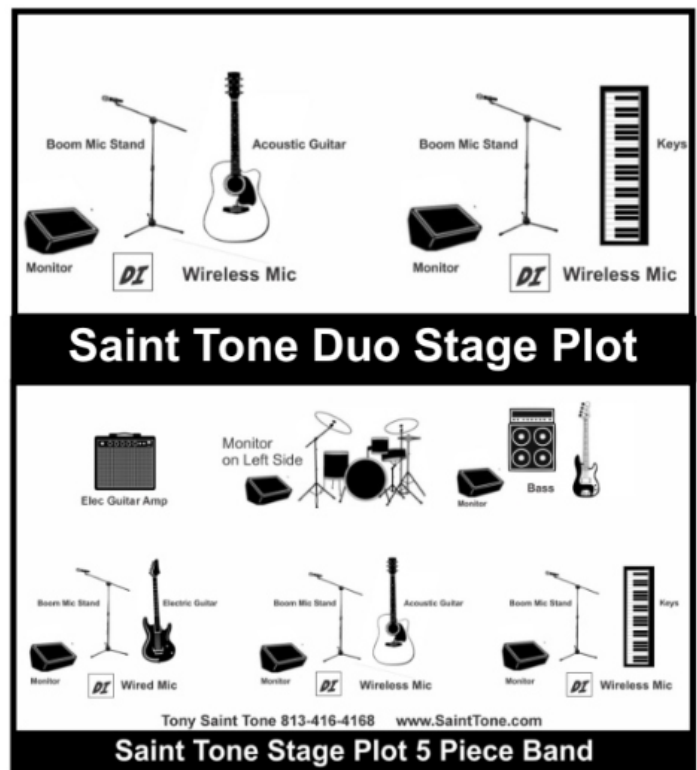
Access to a multipurpose room, chapel, gym, or classroom  
1-3 standard electrical outlets  
Basic seating arrangement (chairs or benches)  
Security escort and clearance processing upon arrival if needed  
Staff presence in the room during the program if needed

### Security Considerations

We are familiar with jail protocols  
No prohibited materials or equipment are brought inside  
We arrive early for check-in, screening, and setup  
We follow all staff instructions before, during, and after performances

### Group Size

We can accommodate small groups (20-40) up to full-room audiences (100+), depending on the facility's capacity.



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## Next Steps to Bring Energize Your Vibes to Your Facility

We make the process simple and easy for your staff:

### 1. Choose your program format

Select the keynote concert, workshop, or a combination that fits your needs.

### 2. Schedule the date and time

We coordinate directly with your administration to confirm.

### 3. Finalize logistics

We handle equipment, arrival procedures, and security protocols.

### Contact Information

Tony "Saint Tone" Lavorgna

813-416-4168

[Tony@SaintTone.com](mailto:Tony@SaintTone.com)

[www.SpiritofMusicFoundation.org](http://www.SpiritofMusicFoundation.org)

[www.SaintTone.com](http://www.SaintTone.com)

We look forward to partnering with you to bring hope, positivity, and transformation to the men and women in your facility.

