

NEW!!

Virtual Prostate Cancer Support Program

A Program of Services for People with
Prostate Cancer in Prince George's County


Hope Connections
for Cancer Support



With generous support from the **Prince Georges' County Council**, Hope Connections for Cancer Support is running a Prostate Cancer Support Program in collaboration with Community Ministries of Prince Georges County, Emmanuel Health Education, and community partners.

ALL SERVICES ARE PROVIDED FREE OF CHARGE!!!

Learn how to cope with stress through support groups and mind/body classes, as well as other activities funded by a grant via Prince Georges' County Council.

Support Group:

- ◆ To help deal with the challenge of prostate cancer and receive support from others on the same journey, join our monthly professionally facilitated virtual support group for people with prostate cancer and survivors on the **1st Thursday of each month, from 6:30-7:30 pm.**

Mind Body Class:

- ◆ Eric Govan (Professional boxer, Master Trainer, Founder at Mind/Body Boxing) will teach you to heighten your mental, physical and spiritual strength through boxing fitness, yoga and meditation, **every Monday, starting June 15, from 6:30-7:30 pm.**

Training and Educational Services:

- ◆ Online training to help men, who have had prostate cancer effectively share their stories with people undergoing treatment.
- ◆ Sign up for Facebook Live or educational programming to find out about the latest research results, treatment options, or dealing with nonclinical (financial, relationship, emotional) side effects of the disease)

For more information, and to register for the Virtual Prostate Cancer Support Group, contact Hope Connections for Cancer Support at info@hopeconnectionsforcancer.org

**Hope Connections for Cancer Support
Carrollton Corporate Center, 8401 Corporate Drive, Suite 100, Landover, MD 20785, (301) 634-7500**

Hope Connections for Cancer Support helps people with cancer and their loved ones deal with the emotional and physical impact of cancer through professionally facilitated programs of emotional support, education, wellness and hope. Thanks to the generosity of many individuals, corporations and foundations, all programs are provided free of charge to those who need our help.