



# A framework for grown-ups



As guardians in their homes, grown-ups should actively:

- E** Emphasize **Empowerment**: Reinforce that these steps give them control and make them active participants in their own online safety.
- A** Be **Approachable**: Ensure children feel safe and encouraged to "Share" any online concerns without fear of judgment or having their devices taken away.
- R** **Repeat**: Introduce this simple framework and then repeat regularly when discussing online activities.
- S** Practice **Scenarios**: Discuss hypothetical "Spot, Share, Shield, Stop" situations with children. "What would you do if a game asked for your birthday?"

**E** **A** **R** **S**

This **EARS** framework provides an easy-to-remember mental model for grown ups to help their little ones navigate the digital world.