



PRE- KINDERGARTEN WEEKLY SCHEDULE – FULL DAY

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 – 9:00 Non-Instructional Hours	Arrival Time (Setting the morning routine, putting their bags away, knowing about their cubby which gives sense of belonging, saying bye to the family's parent teacher interactions) (Social Studies - Citizenship and Identity, and Social Studies - Personal and Social Responsibility)				
9:00– 9:20 MATHEMATICS, ENGLISH LANGUAGE ARTS AND LITERATURE AND CREATIVE EXPRESSION	(Discussing the expectations for the day) (How the day is going to look like and giving the children the glimpse for the whole day) Time for children to have hands on some of the reflective activities like as follows: <ol style="list-style-type: none"> 1) Asking the name of the child and focusing on the first letter of the name (English Language Arts and Literature) 2) Pattern Block (Hands on to encourage children to put blocks in the order to build their fine motor skills) (Physical Education and Wellness) 3) Imagination Box Creations (leftover scraps, odds, ends go in the box) (Helps strengthen an important domain, imagination and creative thinking) (Creative Expression) 				
9:20-9:30 ENGLISH LANGUAGE ARTS AND LITERATURE, SOCIAL STUDIES	Morning Meeting <ol style="list-style-type: none"> 1) A brief talk about the origin of the children in their class, celebrating differences. Acknowledge the things in the environment. Themes like, "Back to School" (Social Studies - Citizenship and Identity, Social Studies - Personal and Social Responsibility, Creative Expression) 2) Appreciating different languages, a visual class for the alphabets and their phonics. Example: Asking children how they say good morning to your parents, friends? 3) Guess the animals sound activity. Children will be portraying different animals and making the sounds of the animals, peers will be recognizing the same. (English Language Arts and Literature, Creative Expression) 4) Showing the classroom and introduction to centres (Making children familiar with the environment) (Science) 				
9:30-9:45 ENGLISH LANGUAGE ARTS AND LITERATURE, SOCIAL STUDIES	Daily News/ Sight words / Phonics / Word Work <ol style="list-style-type: none"> 1) Various opportunities to know the alphabets while children discuss about their previous day after they went home and explaining the incidents (Conveying messages and building stories) (English Language Arts and Literature) 2) Discussing about themes like; Road Safety (Social Studies - Personal and Social Responsibility) 3) Setting classroom rules and expectations (Social Studies - Citizenship and Identity, Social Studies - Personal and Social Responsibility) 				

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2. Actual total instructional hours Daily instructional hours 6.25 X number of instructional days 180= 1125 total instructional hours.
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9:45-10:00 PHYSICAL EDUCATION AND WELLNESS ENGLISH LANGUAGE ARTS AND LITERATURE MATHEMATICS	Daily Calendar 1) Reflective questioning about: a) The day before and After b) What date is today? c) Which month we are in? d) Which year we are in? (English Language Arts and Literature) (Giving options to pick the answers)
10:00-10:45 ENGLISH LANGUAGE ARTS AND LITERATURE	English Language Arts and Literature: 1) Activities to know about the formation of alphabets, their phonics focussing one alphabet at a time for every week, e.g., Create the shape in playdough, then trace it out (say S). 2) Activities to know about the formation of alphabets, their phonics focussing one alphabet at a time, e.g., Trace the alphabet using magnetic letters on a white board. 3) Activities to know about the formation of alphabets, their phonics focussing one alphabet at a time, e.g., Trace the sentences on a printed sheet, then try to “print” on own working on the formation of alphabets. 4) Activities to know about the formation of alphabets, their phonics focussing one alphabet at a time, e.g., Make a story board, (with the use of flashcards/ visuals children will build a story to convey the messages to friends and teachers, widening their imagination. 5) Activities to know about the formation of alphabets, their phonics focussing one alphabet at a time, e.g., Share with class their experiences, (they can share about an event/ show and tell) to strengthen their social expression skill.
10:45-11:00 ENGLISH LANGUAGE ARTS AND LITERATURE, SOCIAL STUDIES, SCIENCE AND MATHEMATICS	Snacks Break /Read a Book Together Example: (Pick a book aligned with children’s interest or theme, and read the book with them) once the snack is done guide children to the calming corner to encourage some self reading.

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<p>11:00-12:00 ENGLISH LANGUAGE ARTS AND LITERATURE AND CREATIVE EXPRESSION</p>	<p>Enhanced Learning Centres:(Set-up to reflect month’s objectives/theme(s)):</p> <ol style="list-style-type: none"> 1)Sensory Bin 2)Dry/Erase centres 3)Dramatic centre 4)Early reading and writing centres 5)Stamping /printing/painting centre 6)Playdough Centre, etc., 7)Integrated learning with Technology (ICT) 8)Subject Specific Centres for all the subjects 9) Art and Craft Centre <p>During Centres children will be pulled out for guided reading as well. Offering 3-5 centres for one hours and children will rotate through the centres (10-20) minutes.</p>
<p>12:00-12:35 PHYSICAL EDUCATION AND WELLNESS</p>	<p>(Outside Time) (Building connection with the nature) (Depending upon the weather) (Physical Education and Wellness)</p> <ol style="list-style-type: none"> 1) Playing those games which enhances the importance of balance between physical activity and rest, e.g., Dance-Pause-Dance game, statue game etc. 2) Playing team games to learn how to play a game with rules, e.g., Soccer, Cricket, Basketball, etc., 3) Playing games which promotes spatial awareness, e.g., jump through the ring, crawl from the tunnel, how many steps more? Etc. 4) Animal Yoga Using the animal yoga visual cards, the teacher and the children will imitate the same 5) Workout with music e.g., Dancing on the beat Playing different songs which children like and letting them do their signature moves.
<p>12:35-13:35 Non Instructional Hours</p>	<p>Getting ready for Lunch (Transition from outside to inside) and Lunch</p> <ol style="list-style-type: none"> 1) Demonstrating the handwashing technique (Modelling and encouraging children to follow steps for the hand washing) (Social Studies - Personal and Social Responsibility) 2) Talking about colours by relating it to the colours of the food (e.g. I am eating a yellow banana, do you like eating bananas?) (Science) (Social Studies - Personal and Social Responsibility) 3) Counting the fruit loops if someone has brought the food which has a potential to be counted (Mathematics) 4) Talking about Preferred Choices and Non-Preferred Choices for food (Science) 5) Where food comes from? (Science) 6) Talking about recycling and wasting food (Social Studies - Citizenship and Identity) 7) Relating the shape of the food with the actual shapes (Building relationship with the environment) (Science) 8) Reading out a story during lunch time (Building connections) (English Language Arts and Literature)

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<p>13:35-13:50</p> <p>CREATIVE EXPRESSION AND SOCIAL STUDIES</p>	<p>Transition from Lunch to the next activity (Social Studies - Personal and Social Responsibility)</p> <p>Routines like:</p> <ol style="list-style-type: none"> 1) Washing hands after lunch 2) Putting the Lunch kit away 3) Helping Friends 4) Waiting for the turn while washing hands (Social Studies - Personal and Social Responsibility)
<p>13:50-14:35</p> <p>MATHEMATICS</p>	<p>Mathematics (Worksheets related to the concepts) and Mathematics</p> <ol style="list-style-type: none"> 1) Exploring numbers: Developing visualization skills to assist in processing information, making connections, and solving problems. On large outlines of numbers glue the appropriate number of cotton balls, then count them and print the number. 2) Investigating 3D shapes: Demonstrate fluency with mental mathematics and estimation. Discussion about formation of cotton e.g., Using cotton balls and a die – roll the die and “build” the snowman with layers to match, then order the snowmen by size 3) Subitizing: Select and use technologies as tools for learning and for solving problems (innovation and learning). Exploring snowflake using magnifying glass. e.g., Cut-out snowflakes from templates and “freeform”, then count the flakes and match to printed numbers 4) Pattern formation: Developing visualization skills to assist in processing information, making connections, and solving problems. e.g., Match pictured snowmen with the correct printed number, then sequence them smallest to largest Sequence pictures of a snowman being built, then match pre-printed numbers to the pictures. 5) Structure formation: Connecting mathematical ideas to other concepts in mathematics, to everyday experiences and to other disciplines. e.g., Create structures from cotton balls, play dough, etc.
<p>14:35-15:00</p> <p>SOCIAL STUDIES AND CREATIVE EXPRESSION, ENGLISH LANGUAGE ARTS AND LITERATURE</p>	<p>(Creative Expression) (Include activities pertaining to Art, Craft, Music and Dance)</p> <ol style="list-style-type: none"> 1) Incorporating music and dance as a daily activity 2) Making dreamcatcher (Craft Activity) 3) Beads bracelets (Counting the beads and making the bracelet) (Making the name bracelets)(English Language Arts and Literature, Mathematics and Creative Expression)

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15:00-15:45 SCIENCE/ SOCIAL STUDIES AND ENGLISH LANGUAGE ARTS AND LITERATURE	Science/ Social Studies - Personal and Social Responsibility/ Social Studies - Citizenship and Identity (This could include lesson and seat work / experiments) (Follow up data interpretation etc.) 1) My Fingerprints are unique Activity (Social Studies - Citizenship and Identity) 2) Changing colours of leaves (Science) 3) Yes David/ No David Game for preferred choices and non preferred choices for a responsible citizen (Social Studies - Personal and Social Responsibility) (Social Studies - Citizenship and Identity)
15:45-16:15 CREATIVE EXPRESSION PHYSICAL EDUCATION AND WELLNESS	Creative Expression - Play Centres aligned with program Enhanced Learning Centres:(Set-up to reflect month's objective(s)/theme(s)): 1)Sensory Bin 2)Dry/Erase centres 3)Dramatic centre 4)Early reading and writing centres 5)Stamping /printing/painting centre 6)Playdough Centre, etc., 7)Integrated learning with Technology (ICT) 8)Subject Specific Centres for all the subjects 9) Art and Craft Centre
16:15-16:45 Non-Instructional Hours	Getting ready to go home and Dispersal time

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