

நட்சத்திரா
NAKSHATRA
Private Health Sector Response to End TB

Private health sector response to end TB

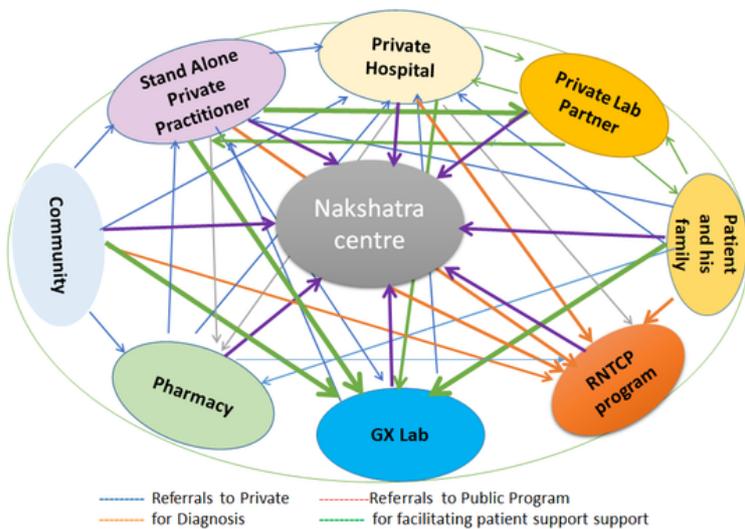
REACH is proud to be part of the TB Free Chennai Initiative

TB Free Chennai Initiative is a flagship program spearheaded by the Greater Chennai Corporation, supported by REACH and the National Institute for Research in Tuberculosis (NIRT) to make Chennai a TB free city. Under the initiative, REACH has scaled up its multi-pronged approach with a special focus on the urban slum population. REACH is engaging the entire spectrum of the private health sector through nodal centres (Nakshatra Centres) for TB care services. REACH has been involved right from the conceptualization stage of this initiative.

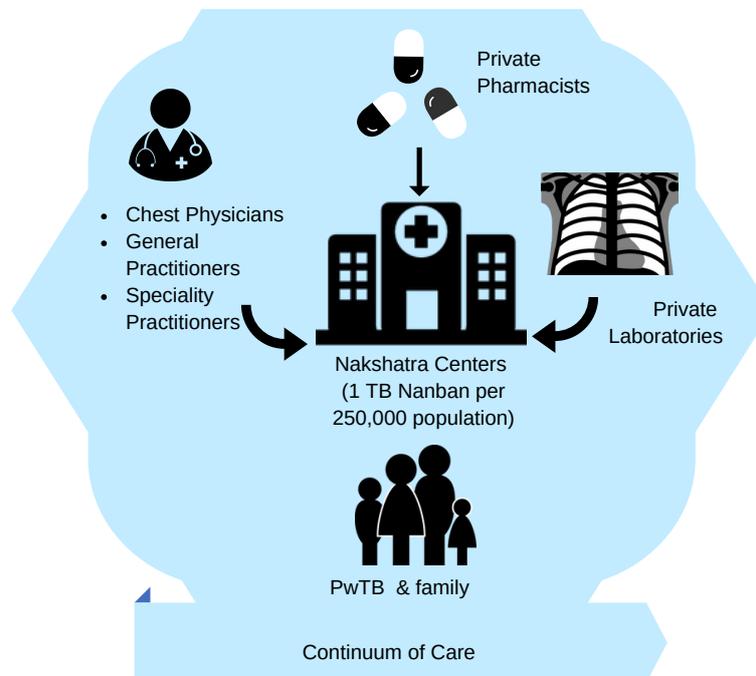
OUR OBJECTIVES

1. To improve and increase access for People with symptoms of TB to standardised diagnosis, treatment, counselling and nutritional support
2. To scale up the multi-pronged private health sector engagement strategy
3. To engage with all the different stakeholders in the private sector for TB Care and prevention in Chennai
4. To improve case notification rate in the private health sector in Chennai

NETWORK FOR TB CARE



PRIVATE SECTOR ENGAGEMENT



KEY INTERVENTIONS

For People with TB (PwTB)

- Free diagnosis for TB, counseling services
- Monitoring drug adherence, risk assessment
- Free drugs – daily regimen
- Contact screening
- Communication materials on TB
- Comorbidity screening

For Private Practitioners

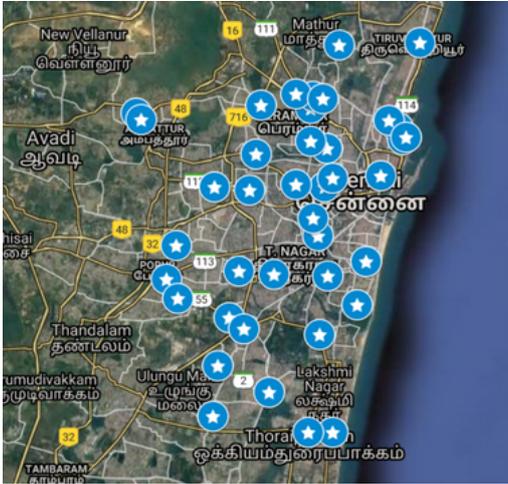
- Quality diagnostics for TB
- Daily regimen as per STCI
- Monitoring support for drug adherence
- Linkages for People with MDR-TB to tertiary hospital
- Support for notification
- Communication materials on TB

NTEP-Chennai Corporation

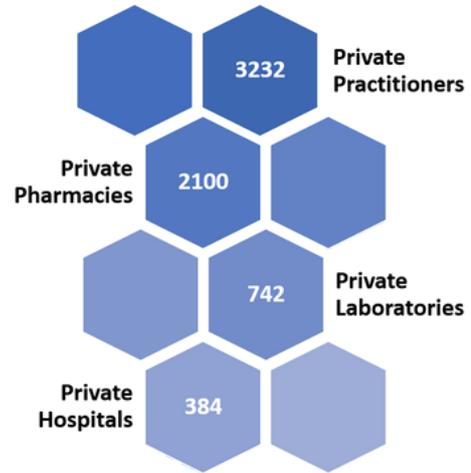
- Participation of the private sector
- Increased notification of People with TB
- Referrals for treatment
- Standard treatment for MDR-TB through government centers

KEY HIGHLIGHTS

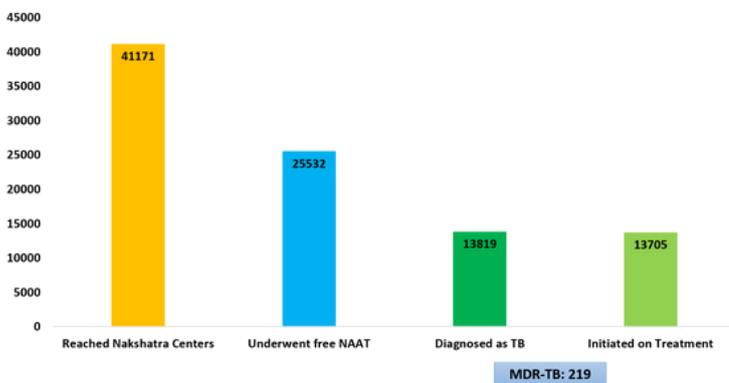
40 Nakshatra Centres across Chennai



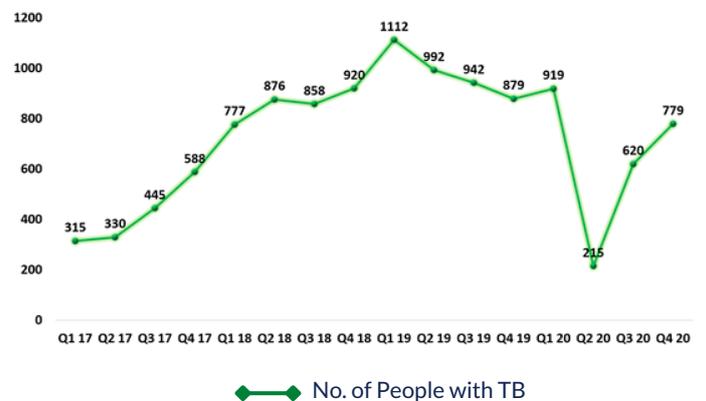
Private Health Sector Partners Mapped & Sensitized



Cascade of Care through Nakshatra Centers (Jan 2017 to Aug 2021)



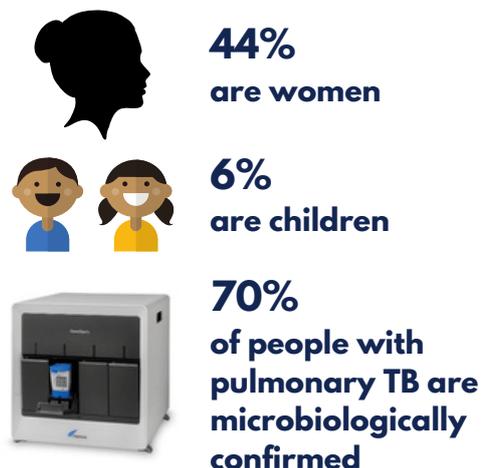
PwTB Diagnosed through Nakshatra Centres (Q1 2017 to Q4 2020)



Year-wise Private Nikshay Notifications in Chennai



Out of all PwTB seeking care with us:



KEY STRENGTHS OF THE NAKSHATRA MODEL

- NGO interface enabling private sector participation in a public health program
- End-to-end support for People with TB
- Model developed based on end user feedback
- One-to-one sensitization of PPs approach
- Private-Private partnership
- Non-incentive-based model
- Ownership by the private health sector through provision of free space for Nakshatra centers
- Holistic care and support centred around People with TB and their family



“
The care and follow up provided by the TB Nanban adds value in ensuring successful treatment completion”

“
Medicine alone will not cure TB. Thanks to efforts of TB Nanban, I also got emotional support which helped me complete my treatment.”

“
I had never stepped out of my home. Now I travel extensively for sputum collection and transportation. Today as a woman I feel empowered because I am contributing to controlling TB.”

“
I understood the dynamics of TB and my crucial role in TB control when I got TB myself. I am proud to be part of this initiative.”