



**Sweetgrass & Sage
Counselling and Therapeutic Services**

25 Wentworth St., Unit 102
Dartmouth NS B2Y 2S7
Phone: (902) 830-2254
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Email: sweetgrassage@eastlink.ca



Professional Development / Continuing Education Workshops

1 Day:

Domestic Violence and Children: Impact & Intervention

Motivating the Addicted Client: Using Motivational Interviewing in Addiction Recovery

Harm Reduction: A Proven Approach to Addiction Recovery

Dual Diagnosis: Substance Use and Mental Health

Addictions and Family Violence

When Helping Hurts: Workplace Stress, Trauma and Burnout

Anticipatory Grief: Preparing for the Death of a Loved One

*Cost: \$50 per person up to a maximum one day charge of \$500.00

2 Day:

Changing Expectations: Fetal Alcohol Spectrum Disorder

Helping Your Client Through Grief

Getting Past the Pain: Counselling Adult Survivors of Childhood Sexual Abuse

What a Waste: Impact of Substance Use and Abuse on the Brain
(Formerly Pharmacology of Addictions)

Transtheoretical Model of Change: Utilizing Stages of Change in Addiction Recovery

Posttraumatic Stress Disorder: Causes and Recovery

*Cost: \$100 per person up to a maximum two day charge of \$1000.00

Workshops can be presented at your location or our office

For further information, workshop descriptions, workshop agendas or to schedule a workshop please contact Tay at 830-2254 or sweetgrassage@eastlink.ca

*Maximum of 20 participants. If the number of participants is above 20 a co-facilitator will be required.