



Supporting those who support their loved ones
toward recovery

SMART Aviation Family Meetings

Dedicated meetings for aviation families navigating
the challenges of a loved one's addiction.

What You Can Expect

- A safe, confidential space designed for aviation families.
- Practical, skills-based tools rooted in SMART Recovery principles.
- Connection with others who understand aviation culture and its unique demands.
- Guidance on supporting a loved one while maintaining your own balance

Who This Is For

- Spouses, partners, and family members of pilots or aviation professionals.
- Anyone impacted by a loved one's substance use or addictive behaviors.
- Those seeking a practical, skills-based alternative to traditional support programs.

Join Us: 1st & 3rd Wednesday of Each Month @ 7:30 p.m ET

ZOOM Meeting ID: 869 7437 9103
Passcode: Smart

For our International Friends:
23:30 UTC during daylight saving time - 00:30 UTC during standard time.

Learn more at aviationfamilynetwork.org/smart-aviation-family

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