



Supporting those who support their loved ones
toward recovery

SMART Aviation Family Meetings

Dedicated meetings for aviation families navigating the challenges of a loved one's addiction.

What You Can Expect

- A safe, confidential space designed for aviation families.
- Practical, skills-based tools rooted in SMART Recovery principles.
- Connection with others who understand aviation culture and its unique demands.
- Guidance on supporting a loved one while maintaining your own balance

Who This Is For

- Spouses, partners, and family members of pilots or aviation professionals.
- Anyone impacted by a loved one's substance use or addictive behaviors.
- Those seeking a practical, skills-based alternative to traditional support programs.

Get involved as we launch SMART Aviation Family Meetings beginning June 2026

Support rooted in SMART Recovery, CRAFT & **Invitation** to Change

Learn more at aviationfamilynetwork.org/smart-aviation-family

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